

December 2024

# Milford

450 S. 700 W. | (801) 372-4836



**BOYS & GIRLS CLUBS**  
OF BEAVER COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Relationship Building!

Happy Birthday



Wyatt - 2nd  
Linkin - 10th  
Valentina - 16th  
Jheovani - 27th

### UPCOMING EVENTS

- MES Candy Grams - 2nd
- MES Christmas Play - 16th
- End of 2nd Quarter - 20th
- MES resumes - January 2, 2025
- Milford Boys & Girls Club resumes January 6th!

### CLUB CLOSED

Winter Holiday  
December 23 - January 2, 2025

### CLUB RE-OPEN

January 6th



### Get To Know!



Emma Stewart is our Americorp STEM specialist at Milford Boys & Girls Club. She is a senior at Milford High School and a college student at SUU. She has been part of the BGC team since 2022, helping with the nutrition program. She enjoys coming up with fun and engaging activities that the youth enjoy.

### CONTACT INFORMATION

**Nikole Mitchell**  
Site Coordinator  
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### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

### Project Learn

The main focus of power hour will be to help members complete homework and school assignments  
Mon-Thurs 4:30-5:00

### STEM Labs

STEM stands for Science, Technology, Engineering, and Mathematics. It's an interdisciplinary approach to learning that encourages hands-on exploration, problem-solving, and real-world applications. STEM education focuses on integrating these four disciplines to promote critical thinking, innovation, and collaboration. By engaging in STEM activities, individuals develop skills that are essential for success.

Tuesdays at 4:00

### Enrichment

Enrichment clubs are to further enrich and broaden our members' experience by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and fun activities

Mon-Thurs 3:30-4:30

### Social Emotional Learning (Prevention & Behavior)

Leader In Me and SMART Moves curriculum focus on providing youth with important social-emotional skills. All Social Emotional Learning skills are taught through daily lessons and integrated throughout the rest of the program.

Mon-Wed-Thurs at 4:00



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DEPARTMENT OF  
WORKFORCE  
SERVICES  
CHILD CARE

# Milford Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	2 Leader in Me! (P) Theater Club 🎭 Power Hour Fire Drill	3 STEM Club 💡 (Energy Club) Power Hour	4 SMART Moves Olympic Winter Game Club 🏒 Power Hour	5 Leader in Me! (B) Holiday Family Traditions Club 🎁 Power Hour	6
	9 Leader in Me! (P) Theater Club 🎭 Power Hour	10 STEM Club 💡 (Energy Club) Power Hour	11 Olympic Winter Game Club 🏒 Power Hour	12 Leader in Me! (B) Nature Craft Club 🌲 Power Hour	13
	16 Leader in Me! (P) Puppet Show Club 🎭 Power Hour	17 STEM Club 💡 (Energy Club) Power Hour	18 Olympic Winter Game Club 🏒 Power Hour	19 Leader in Me! (B) Around the World Traditions Club 🌍 Power Hour	20 Last Day of School in December End of 2nd Quarter
	23 Winter Holiday 🧑‍🎄 NO SCHOOL	24 Winter Holiday 🧑‍🎄 NO SCHOOL	25 MERRY CHRISTMAS! 🌲 🧑‍🎄	26 Winter Holiday 🧑‍🎄 NO SCHOOL	27 Winter Holiday 🧑‍🎄 NO SCHOOL
	30 Winter Holiday 🧑‍🎄 NO SCHOOL	31 Winter Holiday 🧑‍🎄 NO SCHOOL	1	2	3

### Daily Schedule

- 2:30 - Brain Break/Club Fun!
- 3:00 - Super Snack
- 3:20 - Social Emotional Learning - Leader In Me/Social Emotional Learning - Smart Moves/STEM/Clubs
- 4:30 - Power Hour (We do our best but homework may not always get completed. Please check your child's work and their progress!)
- 5:00 - Club Fun, Reflection and Clean Up
- 5:30 - End of Program

### Contact Info

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## December Club & Activity Details

**Message to Parents:** I have enjoyed being the Site Coordinator of our club and getting to know the youth and parents. Nikole Mitchell will be our new Site Coordinator, starting in December, and we are excited to have her join the Milford BGC. I will continue to be a part of the club as the new Program Manager. We are learning about relationship building this month in our *Leader In Me* lessons. I wish you all a fun and safe holiday. Merry Christmas and Happy New Year!

**Theater Club** 🎭 - In this creative and fun-filled club, students will bring the *Leader In Me* habits to life by acting them out for their peers. Through exciting activities like skits, role-playing, and storytelling, members will explore how these habits apply to everyday situations. Whether it's "Being Proactive" in a classroom setting, "Putting First Things First" at home, or "Synergizing" with friends, students will use their imaginations to craft engaging performances that inspire and teach others. The Theater Club is a place for students to build confidence, collaborate, and express themselves.

**STEM Club (Energy Club)** 💡 - The Energy Club teaches youth about energy, sustainability, and renewable resources through fun, hands-on activities. Participants will build projects like windmills to explore how energy is harnessed and transferred. They'll learn about renewable energy sources, like wind and solar, while discovering how energy impacts daily life and the environment.

**Olympic Winter Games Club** 🏒 - The Olympic Winter Games Club lets students experience curling, an exciting Olympic sport. They'll prepare the game by setting up stones and testing if they can glide on a tarp. Students will play together, aiming for the target while learning teamwork and strategy, with fun alternatives to keep everyone involved.

**Holiday Family Traditions Club** 🎁 - Youth will make paper chains for a Christmas countdown while learning about each other's family traditions. They will also get hands-on by making no-bake cookie bars. This activity not only teaches cooking skills but also reinforces reading and math as they follow recipes and measure ingredients to create delicious treats.

**Puppet Show Club** 🎭 - In the Puppet Show Club, youth will bring their handmade puppets to life in a performance centered around the theme of kindness. They'll have the chance to write, direct, and act in their own puppet show, exploring important messages of empathy and kindness through creative storytelling and puppet interactions.

**Nature Craft Club** 🌲 - In the Nature Craft Club, youth will get creative by painting a rock and decorating it with pine cones to make a festive Christmas tree. This hands-on project will result in a beautiful winter scene that they can proudly display at home for the holiday season.

**Around the World Traditions Club** 🌍 - In the Around the World Traditions Club, youth will explore global holiday customs. They'll create German-inspired Christmas ornaments using festive paper, watch a video about Christmas traditions from different cultures, and try Mexican cocoa. Additionally, they'll learn and play traditional Navajo string games, gaining a fun and educational experience of diverse holiday traditions.

