

December 2024

Heber Valley

[730 S 6th W, Heber City, UT 84032] | [801-857-4793]



BOYS & GIRLS CLUBS
OF WASATCH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is managing ourselves with positive action, learning self-awareness, and self-awareness with our feelings



Happy Birthday

Ember	12/1
Lillianna	12/7
Kodah	12/20
Kash	12/22
Koda	12/28

CLUB CLOSED

12/23 - 1/3/25 Winter Break
Have a very Happy Holidays, we will see you back on 1/6/25!



Continuing our fun facts of the month

* December 4th is National Cookie Day

* Jingle Bells was originally a Thanksgiving song. Turns out, we first started dashing through the snow for an entirely different holiday.

* Nine days before Christmas in 1965, astronauts Wally Schirra and Tom Stafford aboard the Gemini 6 told Mission Control that they saw an "unidentified flying object" about to enter Earth's atmosphere, traveling in the polar orbit from north to south. Just as things got tense, they interrupted the broadcast with "Jingle Bells"!!

CONTACT INFORMATION

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Site Coordinator
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Email: hebervalley@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Tuesday and Thursday - 4:30-5:15pm

Wednesday and Friday - 4:05-4:50pm

We provide High Yield Learning Activities (HYLA), homework support, literacy support, math building activities, and more.

STEM Labs

Wednesday and Friday - 4:55-5:25pm

Enrichment

Arts & Crafts Club: Monday - 4:35-6:00pm

Get Moving Club: Tuesday and Thursday - 5:20-6:00pm

Social Emotional Learning (Prevention & Behavior)

Positive Action:
Tuesday & Thursday 3:55pm - 4:25pm



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Utah State Board of Education



Heber Valley Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Ourselves with positive actions	2 Project Learn Arts & Crafts Club	3 Social Emotional Learning (P) K - 2: Managing Yourself Using Social/Emotional Positive Actions 3 - 5: Gearing Up! Project Learn Get Moving Club	4 Project Learn STEM Club	5 Social Emotional Learning (B) K - 2: Managing Yourself Using Social/Emotional Positive Actions 3 - 5: A Positive Relationship with Money Get Moving Club	6 Project Learn STEM Club
Learning Self-Awareness	9 Project Learn Arts & Crafts Club FIRE DRILL	10 Social Emotional Learning (P) K - 2: Managing Yourself Using Social/Emotional Positive Actions 3 - 5: Using Our Talents Project Learn Get Moving Club	11 Project Learn STEM Club	12 Social Emotional Learning (B) K - 2: Managing Yourself Using Social/Emotional Positive Actions 3 - 5: Thinking About What You Are Thinking About Project Learn Get Moving Club	13 Project Learn STEM Club
Self-Awareness with Our Feelings	16 Project Learn Arts & Crafts Club	17 Social Emotional Learning (P) K - 2: Managing Yourself Using Social/Emotional Positive Actions 3 - 5: Does What You Do Matter? Project Learn Get Moving Club	18 Project Learn STEM Club	19 Social Emotional Learning (B) K - 2: Managing Yourself Using Social/Emotional Positive Actions 3 - 5: Your Big, Upfront Feelings Project Learn Get Moving Club	20 Project Learn STEM Club
	23 Club Closed Winter Break	24 Club Closed Winter Break	25 Club Closed Winter Break	26 Club Closed Winter Break	27 Club Closed Winter Break
	30 Club Closed Winter Break	31 Club Closed Winter Break			

Daily Schedule		
Monday 2:20pm - 3:25pm Arrive/Snack/Recess 3:30pm - 4:30pm Project Learn 4:35pm - 6:00pm Arts & Crafts Club/Clean up/Check out	Tuesday, Thursday 3:20pm - 3:50pm Arrive/Snack/Recess 3:55pm - 4:25pm Social Emotional Learning - Positive Action 4:30pm - 5:15pm Project Learn 5:20pm - 6:00pm Get Moving Club/Clean up/Check out	Wednesday & Friday 3:20pm - 4:00pm Arrive/Snack/Recess 4:05pm - 4:50pm Project Learn 4:55pm - 5:25pm STEM Club 5:30pm - 6:00pm Clean up/Check out

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December Club & Activity Details

Message to Parents:

Happy December friends and family! We are excited for the end of the 2nd term of school and hope you are too! Two big changes this month! First, we have ended our Smart Moves Social Emotional Learning program that we have been running on Mondays. We are continuing our Positive Action program as scheduled. With that, our second change is we will focus more on homework and learning support. We encourage your students to bring their homework, or any school assignment, with them to Club every day and we will be able to help them complete it!

Social Emotional Learning- Positive Action - This month will focus on learning how to identify and manage our emotions using positive actions, learning what self-awareness is and how it relates to our actions, and how we can use positive actions and self-awareness when managing our emotions. Our older students will learn how to identify their talents by being self-aware and how to build a positive relationship with money.

Project Learn - Members will be guided and supported in completing any homework assignments. They will also be engaged in age/grade appropriate activities when they don't have any class assignments or homework to complete.

Clubs:

STEM Club - Members will learn to use science, technology, engineering, and math in a fun and creative way! Rocket building, volcano eruptions, and more. Students will be learning about clay and what they can build with it. They will also learn what Magic Milk is and get to build some balloon rockets.

Get Moving Club - Members really enjoy this club, getting to learn new games, practice teamwork, and developing gross motor skills! This month we are continuing to learn and play new sports. Our students are spending as much time outside before the weather gets too cold!

Arts & Crafts Club - Members get to express their creativity in this club using a plethora of mediums! This month students will continue spending time learning about and creating stained glass.

