

December 2024

Gateway Middle

201 E Thoroughbred Way | 435-867-5558



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Self Management, Managing Our Actions, Managing Our Feelings

Happy Birthday



Gabriella 12/24
Cody 12/26

UPCOMING EVENTS

❄️ Winter Carnival: December 5 ❄️
Free Entry for BGC Members
Winter Break: December 20 - January 6

CLUB CLOSED

Winter Break: December 20 - January 6



CONTACT INFORMATION

Analyse Davis
Site Coordinator
Phone: 801-367-2844
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Get To Know: Ms. Sam!

Hi everyone! I'm Ms. Sam, the STEM specialist and PE Club teacher for the afterschool program. I'm studying engineering technology at Southern Utah University. I really enjoy bringing what I learn in class into the program to share with our students. After I graduate, I hope to work in research and development. I've always loved playing sports, and over the past few years, I've gotten really into ultimate frisbee and running.



Project Learn/Academic Support

Tuesday, Wednesday, Thursday 4:05-4:50 pm
Friday: 2:00-2:45 pm

Students will have the opportunity to work on homework, class projects, and assignments with support from afterschool staff. Students will have the opportunity to mentor younger grades and offer support to their peers.

AmeriCorps STEM Labs

Monday: 4:05-4:50 pm-3D Printing
Wednesday: 3:15-5:15 pm-Lego Robotics
4:05-4:50 pm-Robots & Drones
Thursday: 3:15-4:00 pm-Mathcounts

Students will experience hands-on, fun, age appropriate AmeriCorps STEM labs. This includes Science, Technology, Engineering, and Math.

Clubs & Enrichment

See detailed Club descriptions below

Monday

3:15-4:00 Mindfulness, PE,
or Art Club

4:05-4:50 Minecraft or Anime Club

Tuesday

3:15-4:00 Survivor, Recycled Crafts,
or Improv Club

4:05-4:50 Game Show, Digital Art,
or ASL Club

Wednesday

3:15-4:50 D & D

Thursday

3:15-4:00 Mystery Solvers,
or Afterschool Magazine Club

4:05-4:50 Music, Soccer,
or Digital Art Club

Friday

1:15- 2:00 PE or Anime Club

2:00-2:45 Reading Mentors

Or Afterschool Magazine Club

3:15-4:00 Minecraft club

3:15-4:50 D&D Club

4:15-5:00 Game Show Club

These clubs are age appropriate, skill based, and fun. They promote learning in a playful way that encourages students to try new things, and encourages team building along the way.

Social Emotional Learning (Prevention & Behavior)

Positive Action

Monday 3:15-4:00 pm (Positive Action)

Friday 1:15-2:00 (Positive Action)

This time will be centered around learning ways to develop our sense of self, how we can better ourselves and improve our relationships with those around us. We will focus on identifying emotions, learning healthy coping skills, and building healthy relationships with peers.



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Utah State Board of Education



Gateway Middle Afterschool Program 2024-2025



**BOYS & GIRLS CLUBS
OF SOUTHERN UTAH**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Self Management	2 Social Emotional Learning (P): Positive Action: Do I Need Stuff and More Stuff? Mindfulness Club Art Club PE Club STEM: 3D Printing Club Anime Club Minecraft Club	3 Improv Club Survivor Club Recycled Crafts Club ASL Club Digital Art Club Game Show Club Project Learn: Academic Support *Monthly Fire Drill*	4 STEM: Lego-Robotics Club D & D Club STEM: Robots and Drones Project Learn: Academic Support	5 STEM: MathCounts Club The Afterschool Magazine Club Project Learn: Academic Support Mystery Solvers Soccer Club Music Club Digital Art Club	6 Social Emotional Learning (B): Positive Action: Did You Ever Try Herding Cats? PE Club Anime Club The Afterschool Magazine Club Project Learn: Academic Support Reading Mentors Club D & D Club Minecraft Club Game Show club
Managing OUR Actions Smart Moves Survey	9 Social Emotional Learning (P): Positive Action: Does What We Do Matter? Mindfulness Club Art Club PE Club STEM: 3D Printing Club Anime Club Minecraft Club SmartMoves Survey	10 Improv Club Survivor Club Recycled Crafts Club ASL Club Digital Art Club Game Show Club Project Learn: Academic Support SmartMoves Survey	11 STEM: Lego-Robotics Club D & D Club STEM: Robots and Drones Project Learn: Academic Support SmartMoves Survey	12 STEM: MathCounts Club The Afterschool Magazine Club Project Learn: Academic Support Mystery Solvers Soccer Club Music Club Digital Art Club SmartMoves Survey	13 Social Emotional Learning (B): Positive Action: Just Do It PE Club Anime Club The Afterschool Magazine Club Project Learn: Academic Support Reading Mentors Club D & D Club Minecraft Club Game Show club
Managing our Feelings	16 Social Emotional Learning (P): Positive Action: Do My Feelings Matter? Mindfulness Club Art Club PE Club STEM: 3D Printing Club Anime Club Minecraft Club	17 Improv Club Survivor Club Recycled Crafts Club ASL Club Digital Art Club Game Show Club Project Learn: Academic Support	18 STEM: Lego-Robotics Club D & D Club STEM: Robots and Drones Project Learn: Academic Support	19 Social Emotional Learning (B): Positive Action: Help! I'm Having a Feeling STEM: MathCounts Club The Afterschool Magazine Club Project Learn: Academic Support Mystery Solvers Soccer Club Music Club Digital Art Club	20 No Afterschool
	23 Winter Break- No Afterschool	24 Winter Break- No Afterschool	25 Winter Break- No Afterschool	26 Winter Break- No Afterschool	27 Winter Break- No Afterschool
	30 Winter Break- No Afterschool	31 Winter Break- No Afterschool	1 Winter Break- No Afterschool	2 Winter Break- No Afterschool	3 Winter Break- No Afterschool



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Utah State Board of Education



UTAH DEPARTMENT OF
WORKFORCE
SERVICES
CHILD CARE



Daily Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
2:50-3:15 Check-in/Snack & Social 3:15-4:00 Social Emotional Learning: Positive Action 3:15-4:00 Mindfulness, Art, or PE Club 4:05-4:50 Americorps STEM: 3D Printing, Anime, or Minecraft Club 4:55-5:15 Snack/Getting to Know You 5:15-5:30 Clean up 5:30 Parent Pick-up	2:50-3:15 Check-in/Snack & Social 3:15-4:00 Improv, Survivor, Recycled Crafts Club 4:05-4:50 ASL, Digital Art, Game Show Club or Project Learn: Academic Support 4:55-5:15 Snack/Wordle 5:15-5:30 Clean up 5:30 Parent Pick-up	2:50-3:15 Check-in/Snack & Social 3:15-5:15 Lego Robotics 3:15-4:50 D & D Club 4:05-4:50 Project Learn: Academic Support 4:05-4:50 Americorps STEM: Robots and Drones 4:55-5:15 Snack/Community Builder 5:15-5:30 Clean up 5:30 Parent Pick-up	2:50-3:15 Check-in/Snack & Social 3:15-4:00 Americorps STEM: Math Counts, Mystery Solvers, or Afterschool Magazine Club 4:05-4:50 Music, Soccer, or Digital Art Club or Project Learn Academic Support 4:55-5:15 Snack/Board Games 5:15-5:30 Clean up 5:30 Pick-up	12:50-1:00 Check-in 1:15-2:00 Social Emotional Learning: Positive Action 1:15-2:00 PE or Anime Club 2:00-2:45 Project Learn: Academic Support, Afterschool Magazine, or Reading Mentor Club 2:45-3:10 Snack & Social 3:15-5:00 D & D Club 3:15-4:00 Minecraft Club 4:15-5:00 Game Show club 5:00-5:15 Snack/Trivia 5:15-5:30 Clean up 5:30 Parent Pick-up

Contact Info

Program Address: 201 E Thoroughbred Way

Annalyse Davis

Site Coordinator

Phone: 801-367-2844

Email: annalyse.davis@bgcutah.org





December Club & Activity Details

Message to Parents

Oh, how fast this year has gone! We want to take a moment and thank our Boys and Girls Club families for being a part of the magic we are creating here in afterschool! The friendships and personal growth we are watching happen with our afterschool students is quite inspiring. Our monthly focus in after school for December is kindness. We have put together a kindness tree for students to add paper ornaments to each time they choose to do a kind action for themselves or others. To bring this theme home, we invite our Boys and Girls Club parents and guardians to take a moment around the dinner table, on car rides, or at any other appropriate family time to ask about the kindness their students are spreading around this season.

Student of the Month

The student of the month for December is... Jeremy Fox! Speaking of spreading kindness, Jeremy always has one eye scanning the room, searching for opportunities to bring joy to those around him and to help out without ever being asked. Jeremy is quick with a joke, and even quicker with a kind word. He is a new member of Boys and Girls Club, and we are each a little better for knowing him.

December Clubs

Afterschool Magazine Club Thursday 4:05-4:50 & Friday 2:00-2:45

Our little writers and designers are ready to roll with the afterschool magazine club. Creating a monthly recording of the *haps* and funtimes, reporting news, taking pictures, and formatting it all into an aesthetic read, are just some of the things our students will accomplish in this exciting club.

Anime Club: Building Empathy Through Character Analysis Monday 4:05-4:50 & Friday 1:15-2:00

The goal for this club is to show kids how the animated shows we watch can teach us about and help us understand other people's perspectives.. We feel excitement for their triumphs, and sorrow for their struggles. Through stories, we can find common ground, empathy, and understanding. As an activity, we will be watching clips from our favorite animes and discussing the characters, the decisions they make, and how we can apply those lessons to our own lives.

Art Club Monday 3:15-4:00, Tuesday and Thursday 4:05-4:50

In afterschool art club, students will harness the flow of creativity and self expression. Students will develop skills with digital art, candle making, drawing, painting, linoleum carvings, collage, and much much more!

ASL Club Tuesday 4:05-5:00

By beginning at the basics like the alphabet, basic verbs, and simple communication, students will learn to communicate through American Sign Language. This non-verbal communication will be learned through repetition and muscle memory. An important part of this club is also deaf culture and history.

D&D Club Monday 4:05-4:50, Tuesday 3:15-4:00, Friday 1:15-2:00

Creating a character, crafting a world, and developing friendships are the building blocks of D&D club. Students will utilize their literary skills to write backstories and profiles for their characters. They will problem solve with their peers while learning how to solve issues while placed in an *out-of-this-world environment*.





December Clubs Continued

Game Show Club Tuesday & Friday 4:05-4:50,

By combining an array of game shows and literacy activities, game show club will provide a space for students to lead activities, giggle together, and learn about healthy competition.

Improv Club Tuesday 3:00-4:00

Improv will take students through the basics of improv. The skill of improv can help students learn how to be leaders and better public speakers. They will follow the four rules of improv from Commit fully, Yes And, Leave your ego at the door and Respect. These rules are great rules to live by. They will go through short form games that will help bolster confidence in the art form of improv and help them build towards the advanced class.

Lego Robotics Club Wednesday 3:15-5:15

In LEGO League, students engage in hands-on STEM experiences, building confidence, growing their knowledge and developing habits of learning. The program teaches six core values: discovery, innovation, impact, inclusion, teamwork, and fun.

Minecraft Club Monday 4:05-4:50 & Friday 3:15-4:00

Twice a week, a space is carved out for teamwork exercises within the educational version of minecraft. Students will world-build together, helping each other to finish a variety of adventure based objectives. Finally, the teams will all come together to fight the final dragon boss after creating a world they are proud of.

Music Club Thursday 4:05-4:50

The music club will dance down many avenues. Students will learn to make music with varied simple instruments like drums, harmonicas, and ukuleles. Emphasis will also be placed on an appreciation for music as well as exploring how music makes us feel by drawing, writing, or dancing out how we interpret different songs, etc.

Mystery Solvers Club Thursday 3:15-4:00

Utilizing team building skills, students will solve 2D and 3D puzzles, learning to observe, take in data, and solve problems while communicating with their peers. This club will work through activities such as escape rooms and mystery who-done-its to become mini Sherlock Holmes and Nancy Drews.

PE Club Monday 3:15-4:00 & Friday 1:15-2:00

Let's get moving! PE will focus on sections of sports from soccer to ultimate frisbee. While teaching sportsmanship, teamwork, and goal-setting, students will come together to get their wiggles out. The students will build stronger motor skills while building stronger relationships with their peers.

Recycled Crafts Club Tuesday 3:15-4:00

Focusing on making art out of recycled materials, students will learn how to transform everyday materials such as plastic bags, soda cans, and what would normally be deemed as "trash" into creative art projects. We will be making an assortment of take-home projects from rugs to air planes.

Robots and Drones Club Wednesday 3:15-4:00

We have robots! We have drones! In Robots club, students will learn not only how to work robots but how and why they work. This STEM focused club will teach students to appreciate engineering and technology in an entirely new way while getting to fly and steer drones and robots around the school themselves.

Soccer Club Thursday 4:05-4:50

From passing to scoring, and everywhere between, this club will break soccer down in order to practice each part. While teaching sportsmanship, teamwork, and goal-setting, students will come together to get their wiggles out. The students will build stronger motor skills while building stronger relationships with their peers.



Gateway Middle Afterschool Program 2024-2025



Lastly, we know this time of year can be especially challenging emotionally and financially, so we wanted to list a few extra resources that are available in our community this time of year and always—

***The Child Nutrition Team at the Boys & Girls Club** is excited to offer your family our free bi-weekly Grocery Box program, delivered directly to your doorstep for families who qualify for free or reduced school lunch. The nutrition team will deliver the boxes to the family's house every two weeks. The boxes contain shelf stable food that differs every time. For more information, please reach out!

Phone Number: 801-367-2844

Email: annalyse.davis@bgcutah.org

***Boys and Girls Club** can provide food, housing, and mental health resources. Please, please, please reach out to us for more info on these important services. We are here to help in any way we can!

Phone Number: 801-367-2844

Email: annalyse.davis@bgcutah.org

Food Pantries:

Iron County Care & Share Food Bank

Hours: Tuesday, Wednesday, Thursday 9am-12pm, 1pm-3pm

Address: 222 West 900 North Cedar City, UT 84720

Phone Number: (435) 586-4962

True Life Center

(The Food Pantry is open to everyone in the community and does not require income or household verification)

Hours: Wednesday 2:00 to 6:00 PM

Address: 2111 N. Main St. Cedar City, UT 84721

Phone Number: (435) 867-0405

Shelter Services:

Canyon Creek Services

Free, confidential, and comprehensive emergency housing and services to individuals and families who have been impacted by domestic violence and sexual assault

Address: 297 N Cove Drive, Cedar City, UT 84720

Phone Number: 435-867-9411

Monday - Friday, 9 AM - 5 PM

Hotline: 435-233-5732 (Available 24/7)

Iron County Care & Share Emergency Housing

Address: 244 West 900 North, Cedar City, UT, 84721

Phone Number: 435-586-5142



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