

December 2024

Cherry Hill

250 E 1650 S Orem, UT 84058 | 801-717-5035



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Learning Self-Awareness

Get To Know



Mr. Conner
YDP

Hi! My name is Conner and I am from Mesa, Arizona. I have been working at the Boys and Girls Club for a little bit over a year and I love it! I'm currently a student at BYU and I'm studying statistics. In my free time I like to spend time with my friends, cook, and play soccer.

CONTACT INFORMATION

Zayred Villarreal-Sol
Site Coordinator
Phone: 801-717-5035
Email: cherryhill@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday-Thursday

The main focus of power hour will be to help members complete homework assignments, work on HYLAs (High Yielding Learning Activities) and also participate in our reading program.

STEM Labs

Wednesday-Friday

Youth will have the opportunity to participate in a new experiment every Tuesday, Thursday and Friday! Youth will focus on learning about observation, hypothesis, and the scientific process in these experiments.

Enrichment

Everyday

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis. This month, we will be doing Getting to Know You clubs for each age group. This will encourage kids to get to know their new classmates better and help create friendships!

Social Emotional Learning (Prevention & Behavior)

Monday-Tuesday

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming

Happy Birthday



- Nathan- 12/01
- Daniel- 12/13
- Samuel- 12/13
- Tui- 12/19
- Makali'i-12/22
- Inoue-12/23
- David R.- 12/30

UPCOMING EVENTS

- Fire Drill- December 4th
- Winter Break- Dec. 20th- Jan.3rd

CLUB CLOSED

Dec. 20th-Jan. 3rd- Winter Break



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Utah State Board of Education



Cherry Hill Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Learning Self-Awareness	2 Power Hour SEL-Positive Action (P): K-2: Managing Yourself Using Social/Emotional Positive Actions” 3-6: Using Our Talents Clubs Group 1: Christmas Around the World Club Group 2: Winter Olympic Sports Club Group 3: Frosty Fun Club Group 4: Winter Wonderland Club	3 Power Hour SEL-Positive Action (B): K-2: Managing Yourself Using Social/Emotional Positive Actions 3-6: Thinking About What You Are Thinking About Clubs Group 1: Christmas Around the World Club Group 2: Winter Olympic Sports Club Group 3: Frosty Fun Club Group 4: Winter Wonderland Club	4 Power Hour STEM Labs- Science Clubs Group 1: Christmas Around the World Club Group 2: Winter Olympic Sports Club Group 3: Frosty Fun Club Group 4: Winter Wonderland Club -FIRE DRILL-	5 Power Hour STEM Labs- Science Clubs Group 1: Christmas Around the World Club Group 2: Winter Olympic Sports Club Group 3: Frosty Fun Club Group 4: Winter Wonderland Club	6 FUN FRIDAY SEL, Physical, Creative, & STEM Rotations Gratitude
Self-Awareness with our Feelings	9 Power Hour SEL-Positive Action (P): K-2: Managing Yourself Using Social/Emotional Positive Actions 3-6: Does What You Do Matter? Clubs Group 1: Winter Wonderland Club Group 2: Christmas Around the World Club Group 3: Winter Olympic Sports Club Group 4: Frosty Fun Club	10 Power Hour SEL-Positive Action (B): K-2: Managing Yourself Using Social/Emotional Positive Actions 3-6: Your Big, Up Front Feelings Clubs Group 1: Winter Wonderland Club Group 2: Christmas Around the World Club Group 3: Winter Olympic Sports Club Group 4: Frosty Fun Club	11 Power Hour STEM Labs- Science Clubs Group 1: Winter Wonderland Club Group 2: Christmas Around the World Club Group 3: Winter Olympic Sports Club Group 4: Frosty Fun Club	12 Power Hour STEM Labs- Science Clubs Group 1: Winter Wonderland Club Group 2: Christmas Around the World Club Group 3: Winter Olympic Sports Club Group 4: Frosty Fun Club	13 FUN FRIDAY SEL, Physical, Creative, & STEM Rotations Gratitude
Paying Attention to our Feelings	16 Power Hour SEL-Positive Action (P): K-2: Managing Yourself Using Social/Emotional Positive Actions 3-6: Looking For Love, Finding It Clubs Group 1: Frosty Fun Club Group 2: Winter Wonderland Club Group 3: Christmas Around the World Club Group 4: Winter Olympic Sports Club	17 Power Hour SEL-Positive Action (B): K-2: Managing Yourself Using Social/Emotional Positive Actions 3-6: What Scares Me Now Clubs Group 1: Frosty Fun Club Group 2: Winter Wonderland Club Group 3: Christmas Around the World Club Group 4: Winter Olympic Sports Club	18 Power Hour STEM Labs- Science Clubs Group 1: Frosty Fun Club Group 2: Winter Wonderland Club Group 3: Christmas Around the World Club Group 4: Winter Olympic Sports Club	19 Power Hour STEM Labs- Science Clubs Group 1: Frosty Fun Club Group 2: Winter Wonderland Club Group 3: Christmas Around the World Club Group 4: Winter Olympic Sports Club	20 CLOSED- WINTER BREAK
	23 CLOSED- WINTER BREAK	24 CLOSED- WINTER BREAK	25 CLOSED- WINTER BREAK	26 CLOSED- WINTER BREAK	27 CLOSED- WINTER BREAK
	30 CLOSED- WINTER BREAK	31 CLOSED- WINTER BREAK	1 CLOSED- WINTER BREAK	2 CLOSED- WINTER BREAK	3 CLOSED- WINTER BREAK

Daily Schedule	
Monday-Thursday	Friday
2:15-2:30 Check-in, Snack 2:30-2:45 Structured Recess 2:45-2:50 Transition 2:50- 3:10 Circle-up 3:10-3:15 Transition 3:15-3:45 K-2 (Social Emotional Learning-Positive Action or STEM Labs), 3-6 (Power Hour) 3:45-3:50 Transition 3:50-4:20 3-6 (Social Emotional Learning-Positive Action or STEM Labs), K-2 (Power Hour) 4:20-4:25 Transition 4:25-5:25 Enrichment Clubs 5:25-5:30 Transition 5:30 Snack, Check-out	2:15-2:30 Check-in, Snack 2:30-2:45 Structured Recess 2:45-2:50 Transition 2:50- 3:10 Circle-up 3:10-3:15 Transition 3:15-4:00 Social Emotional Learning Activity 4:00-4:05 Transition 4:05-4:25 Rotation 1 (Creative) 4:25-4:30 Transition 4:30-4:50 Rotation 2 (Physical) 4:50-4:55 Transition 4:55-5:15 Rotation 3 (STEM) 5:15-5:20 Transition 5:20-5:30 Gratitude 5:30 Snack, Check-out

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December Club & Activity Details

Message to Parents:

We can't believe we are in the last month of the year! We are so grateful for all of you. Spending this year with your children and getting to know your families has been so special to us. Thank you for allowing us to be part of your year. We wish you all happy holidays and a happy new year! <3

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment

throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

Power Hour - The main focus of power hour will be to help youth complete homework assignments, work on HYLE activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

STEM Labs:

Science - Youth will have the opportunity to participate in a new experiment every Tuesday, Thursday and Friday! Youth will focus on learning about observation, hypothesis, and the scientific process in these experiments.

Enrichment Clubs:

Winter Wonderland Club- In this club, the students will do an array of winter crafts that are winter wonderland themed. They will even have the opportunity to make a special craft, perfect to gift to someone these holiday seasons.

Christmas Around the World Club- In this club, our awesome staff members will teach our students the amazing holiday traditions that are celebrated around the world. She will teach traditional games, crafts and practices that bring joy all around the world.

Winter Olympic Sports Club- In this club, we will keep up the Olympic celebrations by practicing winter Olympic sports that are accommodated to our indoor spaces. There will be minute-to-win-it games, teamwork sports, and cool activities!

Frosty Fun Club- "The best way to share christmas cheer is singing loud for all to hear."- Elf. In this club, students will do a mixture of physical activities and musical special activities like caroling, karaoke and other activities to spread holiday cheer.

Note: Children will switch between each club every week. Each child will have a new club every week.

