

December 2024

# Cascade Elementary

860 E 200 N St, Orem, UT | (801) 372-6113



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Learning Self-Awareness

Happy Birthday



Dec 8- Hadrian  
Dec 23- Elmer  
Dec 29- Natalia

### CLUB CLOSED

December 20th,  
2024 - January  
6th, 2025  
Winter Break



### Get To Know



#### Bri Kimball- AmeriCorp (staff)

Hi, I am Bri Kimball! I am from Salt Lake and I'm down here for school at UVU. I love art and dancing, especially with the kiddos.

### CONTACT INFORMATION

**Site Coordinator**  
Phone: 801-372-6113  
Email: [cascade@bgcutah.org](mailto:cascade@bgcutah.org)

### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

### Project Learn

Monday-Thursday K-6; 3:15 pm- 4:00 pm

The main focus of project learning hours will be to help members complete homework assignments, work on HYLEA activities.

### STEM Labs

Monday K-2; 4:05 pm- 4:35 pm  
Wednesday 3-6; 4:05 pm- 4:35 pm

During this club, everyone will learn about Science, Technology, Engineering and Math.

### Enrichment

Monday- Thursday K-6; 4:35 pm - 5:05 pm

Enrichment clubs are to further enrich and broaden our member's experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

### Social Emotional Learning Prevention & Behavior

**Positive Action:**  
Tuesday & Thursday  
K-6; 4:05 pm- 4:35 pm



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[www.instagram.com/bgcutah](https://www.instagram.com/bgcutah)



Utah State Board of Education





SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Learning Self-Awareness</b>	2 <b>FIRE DRILL</b> Circle Up Project Learn STEM CLUB Get Moving Club 3-6 Enrichment K-6	3 Circle Up Project Learn Social Emotional Learning (P) K-2:Managing Yourself Using Social / Emotional Positive Actions 3-6: "Using Our Talents" Enrichment K-6	4 Circle Up Project Learn STEM CLUB Get Moving Club K-2 Enrichment K-6	5 Circle Up Project Learn Social Emotional Learning (B) K-2:Managing Yourself Using Social / Emotional Positive Actions 3-6: "Thinking About What You Are Thinking About" Enrichment K-6	6 Project Learn STEM ROTATION
<b>Self-Awareness with Our Feelings</b>	9 Circle Up Project Learn STEM CLUB Get Moving Club 3-6 Enrichment K-6	10 Circle Up Project Learn Social Emotional Learning (P) K-2:Managing Yourself Using Social / Emotional Positive Actions 3-6: "Does What You Do Matter?" Enrichment K-6	11 Circle Up Project Learn STEM CLUB Get Moving Club K-2 Enrichment K-6	12 Circle Up Project Learn Social Emotional Learning (B) K-2:Managing Yourself Using Social / Emotional Positive Actions 3-6: "Your Big, Up Front Feelings" Enrichment K-6	13 Project Learn STEM ROTATION
<b>Paying attention to our Feelings</b>	16 Circle Up Project Learn STEM CLUB K-2 Get Moving Club 3-6 Enrichment K-6	17 Circle Up Project Learn Social Emotional Learning (P) K-2: "Managing Yourself Using Social / Emotional Positive Actions" 3-6: "Looking For Love, Finding It" Enrichment K-6	18 Circle Up Project Learn STEM CLUB 3-6 Get Moving Club K-2 Enrichment K-6	19 Circle Up Project Learn Social Emotional Learning (B) K-2: "Managing Yourself Using Social / Emotional Positive Actions" 3-6: "What Scares Me Now" Enrichment K-6	20 <b>Club Closed Winter Break</b>
	23 <b>Club Closed</b>	24 <b>Club Closed</b>	25 <b>Club Closed</b>	26 <b>Club Closed</b>	27 <b>Club Closed</b>
	<b>Club Closed</b>	31 <b>Club Closed</b>			

Monday & Wednesday Schedule	Tuesday & Thursday Schedule	Friday Daily Schedule
2:15 pm- 2:35 pm Check-in, Snack 2:35 pm- 3:05 pm Recess 3:10 pm -3:15 pm Circle Up 3:15 pm - 4:00 pm Project Learn 4:00 pm - 4:05 pm Transition 4:05 pm -4:35 pm STEM (Monday- K-2, Wednesday- 3-6) 4:35 pm -5:05 pm Enrichment 5:05 pm- 5:15 pm End of Day Cleanup 5:25 pm- 5:30 pm Red Light game 5:30 pm Program Closes	2:15 pm- 2:35 pm Check-in, Snack 2:35 pm- 3:05 pm Recess 3:10 pm -3:15 pm Circle Up 3:15 pm - 4:00 pm Project Learn 4:00 pm - 4:05 pm Transition 4:05 pm -4:35 pm Social Emotional Learning 4:35 pm -5:05 pm Enrichment 5:05 pm- 5:15 pm End of Day Cleanup 5:25 pm- 5:30 pm Red Light game 5:30 pm Program Closes	2:15 pm- 2:35 pm Check-in, Snack 2:35 pm- 3:05 pm Recess 3:10 pm -3:15 pm Circle Up 3:15 pm - 4:00 pm Project Learning 4:00 pm - 4:05 pm Transition 4:05 pm -4:35 pm STEM Rotation 3-6 (Recess for K-2) 4:35 pm -5:05 pm STEM Rotation K-2 (Recess for 3-6) 5:05 pm- 5:15 pm End of Day Cleanup 5:25 pm- 5:30 pm Red Light game 5:30 pm Program Closes



## December Club & Activity Details

### Message to Parents:

Our after-school programs and clubs are designed to provide your child with a safe and engaging environment where they can explore their interests, develop new skills, and build meaningful relationships with their peers. Our programs are tailored to foster academic, social, and emotional growth, and offer a range of activities that cater to diverse interests and abilities. This month, the theme will be “Countdown To Christmas” and below are the clubs and enrichments.

**Snowball Shooters** – In this club we will focus on interactive games used to reinforce concepts in a lighthearted and engaging way where youth have fun in classrooms or group settings.

**Mission Impossible Candy Cane Edition** – In this club we will focus on team building, it uses candy canes as part of the challenge, and it’s typically designed to engage kids in a cooperative, problem-solving, and physically active game and work together to complete a mission.

**Christmas Tree Toss** – In this club we will focus on fun and festivity which will involve tossing objects into a target, often designed to resemble a Christmas tree.

**Karaoke**- In this activity, we will focus on confidence-building and encourage participants to step out of their comfort zones and enjoy performing songs in front of other participants.

**Spa Day**- In this activity, we will have all youth participate and learn about self-care and well-being where they get to enjoy simple beauty and wellness treatment in a playful, relaxation and age-appropriate way.

**Indoor Bowling**- In this activity, we will stimulate the traditional sport of bowling but is designed to be played indoors. It helps participants practice hand-eye coordination, balance, and precision as they roll a ball towards a target.

**Human Knot**- In this club, we will encourage communication and cooperation among participants. The participants will work together in a group to untangle themselves from a “knot” without letting go of each other’s hands.

**Social Emotional Learning** - In this club, we will promote positive behavior, attitudes, and skills. It encourages social and emotional learning to help children develop habits and skills that lead to success in life.

**STEM Club** - In this club, we will focus on activities related to Science, Technology, Engineering, and Mathematics. This aims to foster interest, develop skills, and provide hands-on experiences in these critical areas.

**Project Learn** - In this club, we will focus on homework completion, academic support, and tutoring. It would help with the youth’s challenging assignments and new knowledge.

**Get Moving Club** - In this club, we will focus on movement which is allowing youth to take the time to exercise and move around their body.

