

December 2024

Belknap

650 E. 510 N. Beaver Utah



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Prioritization

Happy Birthday



Aubrey -22nd
Joel -26th
Rainlynn 11th

UPCOMING EVENTS

Create Better Health -5th

CLUB CLOSED

No program Dec. 23rd- January 2nd



Get To Know Codi Yardley



Codi is a volunteer at our club, she loves spending time with the kids and doing activities with them! Codi works at our local Long Term Care Center and she enjoys camping, reading, spending time with her family, Dr Pepper and she loves her dog Benji! Our students love Ms. Codi! Codi is our volunteer at the program and we want to send her a huge THANK YOU!!!

CONTACT INFORMATION

Site Coordinator: Chloe Wood
Email: chloe.wood@bgcutah.org
801-372-4887
chloe.wood@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

The main focus of power hour will be to help members complete homework and school assignments
M-TH 4:30-5:00

STEM Labs

During enrichment clubs, members will have the opportunity to participate in STEM activities that are engaging and enjoyable for all
Wednesday 3:30-4:30

Enrichment

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and active activities
M-TH 3:30-4:30

Social Emotional Learning (Prevention & Behavior)

Leader In Me and SMART Moves curriculum focus on providing youth with important social-emotional skills. All Social Emotional Learning skills are taught through daily lessons and integrated throughout the rest of the program.
M-TH 3:30-4:30



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Belknap Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Discipline	1 Power Hour Leader in me (p) Santa's Workshop Club 🎁	3 Power Hour The Crafty Elf 🧝	4 Power Hour STEM Club! 🧪	5 Power Hour Leader in me (b) Create Better Health 🥗 Fire drill	6
Adaptability	9 Power Hour Leader in me (p) Santa's Workshop Club 🎁	10 Power Hour The Crafty Elf 🧝	11 Power Hour STEM Club! 🧪	12 Power Hour Leader in me (b) The Crafty Elf 🧝	13
Learning & Practicing Something New	16 Power Hour Leader in me (p) Santa's Workshop Club 🎁	17 Power Hour The Crafty Elf 🧝	18 Power Hour STEM Club! 🧪	19 Power Hour Leader in me (b) Christmas Celebration!	20
	23 Christmas Break No School	24 Christmas Break No School	25 Christmas Break No School	26 Christmas Break No School	27
	30 Christmas Break No School	31 Christmas Break No School	1 Christmas Break No School	2 No Program	3

Daily Schedule

- 2:30 - Super Snack
- 3:00 - Brain Break/Club Fun!
- 3:30 - Social Emotional Learning - Leader In Me/Social Emotional Learning - Smart Moves/STEM Club
- 4:30 - Power Hour (We do our best but homework may not always get completed. Please check your child's work and their progress!)
- 5:00 - Club Fun, Reflection and Clean Up
- 5:30 - End of Program

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December Club & Activity Details

Message to Parent

We are so excited for the fun activities we have planned for December! We look forward to continuing to build relationships with the youth, teach them new skills that can help them in the future, and watch them grow into future leaders!

Our Core Promise

To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives. To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

Social Emotional Learning:

Leader In Me- Social Emotional Learning Curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program – an environment that encourages students to do their best and be their best. This program is run Monday through Thursday

Academic Support:

Power Hour: The main focus of power hour will be to help youth complete homework assignments, work on HYLEA activities and their book in a bag. Our goal is to help youth reduce missing assignments by aligning with school teachers, and working on daily assignments at programs to allow family time at home. If you know what homework your student should be working on, please let us know and we will do our best to assist them! We do power hour Monday-Thursday.

STEM Club- Provide hands-on learning experiences in Science, Technology, Engineering, and Mathematics. Students engage in projects like building simple circuits, constructing bridges, coding with beginner-friendly software, and conducting science experiments. These activities are designed to be interactive and fun, helping kids develop problem-solving skills, creativity, and a strong foundation in STEM concepts while encouraging teamwork and curiosity about the world around them.

Santa's Workshop Club- Is fun and hands-on where students get into the holiday spirit by creating unique gifts, cards, and decorations. This club emphasizes the joy of giving by encouraging students to make personalized creations that can be donated to local charities or shared with family and friends. Through engaging activities like crafting gifts, wrapping presents, and creating festive cards, students not only express their creativity but also learn the true meaning of the holiday season—spreading kindness and joy to others.

Create Better Health Club- Allie Bradshaw from our local USU Extension Office will be joining us multiple times this month to lead the Create Better Health Club. This program is designed to help participants develop healthier eating habits and adopt an active lifestyle, with a particular focus on the benefits of dairy and protein. Dairy products are rich in essential nutrients like calcium and vitamin D, which are key for strong bones, while protein plays an important role in muscle repair, tissue building, and helping you feel full longer. Throughout the program, participants will receive guidance on choosing a variety of high-quality dairy and protein options, enabling them to make well-informed decisions about their diet.

The Crafty Elf- join us for a unique blend of festive cheer and exciting learning! The Crafty Elf Club is all about exploring the wonders of the season through hands-on activities and interactive lessons. From the science behind winter weather to the history of holiday traditions, we'll discover the hidden stories and fun facts that make Christmas special. Whether you're crafting, experimenting, or solving holiday-themed challenges, you'll leave with new skills—and a little extra holiday spirit!

