

October 2024

Westmore Elementary

1150 S. Main St. Orem, UT 84058 (801) 610-8123



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is being aware of our bodies and minds.

Happy Birthday



Andreius, Austin, Juan, Kingi, Maximiliano, Zaya, & Zoey!

UPCOMING EVENTS

See below

CLUB CLOSED

October 4, 2024-Teacher Work Day
October 17 & 18, 2024-Fall Break
October 21, 2024-Prof. Development Day
October 25, 2024 Staff Training Day



Get to know one of our Youth Development Professionals:



My name is Maddie Bellott. I'm from Murray, UT. I'm going to school at Utah Valley University. Something fun about me is that I just got married in August! I love to bake, go to the mountains, & spend time with family and friends.

CONTACT INFORMATION

Mikilani Willing
Site Director
Phone: 801-372-5618
Email: westmore@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Daily

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities.

We will be working on Math Facts and story re-telling this month.

STEM Labs

Monday & Wednesday Gr 3-6
Tuesday & Thursday Gr K-2
Friday choice rotation all grades

We will be conducting fun experiments this month and having fun Fall activities with leaves.

Enrichment

Daily

We will be playing fun Fall-themed games and making Fall-themed crafts.

Social Emotional Learning (Prevention & Behavior)

Monday-Thursday

This month we will be talking about what our bodies need to thrive and how to protect our bodies.



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After school Program

2024-2025



BOYS & GIRLS CLUBS
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Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Physical Health Positive Actions	30	1 Social Emotional Learning: (B) 3-6 Feeling good about mind & body Enrichment: Freeze tag & Capture the flag STEM: Gr. K-2 HYLA: Writers & Runners	2 Social Emotional Learning: (P) K-2 What your bodies need to thrive STEM 3-6 Wacky Potions Club: Storytelling Art, Partner Tag	3 Social Emotional Learning: (P) 3-6 What your bodies need to thrive STEM K-2 Wacky Potions Enrichment: Gr. K-2 Freeze Tag & Capture the Flag	4 NO CLUB TEACHER WORK DAY
Taking Care of our Bodies	7 Social Emotional Learning: (B) K-2 What to eat STEM: Gr. 3-6 Spooky Shadows Clubs: Homemade Bird Feeders; Run & Creative	8 Social Emotional Learning: (B) 3-6 What to eat Enrichment: Scarecrow Craft STEM: Gr. K-2 Spooky Shadows HYLA: Writers & Runners	9 Social Emotional Learning: (P) K-2 The power to move and groove STEM: Gr.3-6 Spooky Slime Run Club: Homemade Bird Feeders & Physical	10 Social Emotional Learning: (P) 3-6 The power to move and groove STEM: 3-6 Spooky Slime Run Enrichment: Scarecrow Craft	11 Social Emotional Learning: Smart Moves: My Superhero Self Fun Friday: STEM Launching Spooky Ghosts Physical & Creative Club
Protecting our Bodies	14 Social Emotional Learning: (B) K-2 Beware of the Burn STEM: 3-6 Invisible Handprints Club: Continent Game & Creative	15 Social Emotional Learning: (B) 3-6 Beware of the Burn Enrichment: Silent Ball STEM: K-2 Invisible Handprints HYLA: This Land is Your Land	16 Social Emotional Learning: (P) K-2 Taking care of home STEM: 3-6 Witches Crystals Club: Storytelling Art & Continent Game	17 NO CLUB FALL BREAK	18 NO CLUB FALL BREAK
Improving our Intellectual Health	21 NO CLUB PROFESSIONAL DEVELOPMENT DAY	22 Social Emotional Learning: (B) 3-6 Thinking Big Enrichment: Partner Tag STEM: K-2 Wind Chimes HYLA: Autobiography Poem	23 Social Emotional Learning: (P) K-2 Remember This STEM: 3-6 Pumpkin Volcanoes Club: Topics Game & Creative	24 Social Emotional Learning: (P) 3-6 Remember This STEM: K-2 Pumpkin Volcanoes Enrichment: Partner Tag & Creative HYLA	25 NO CLUB STAFF TRAINING
Thinking Outside of the Box	28 Social Emotional Learning: (B) K-2 Make it new again STEM: 3-6 Shapes in Environment Club: Pumpkin Relay Race & Creative	29 Social Emotional Learning: (B) 3-6 Make it new again Enrichment: Witch Broom Limbo STEM: K-2 Shapes in Environment HYLA: Fun with Funnies	30 Social Emotional Learning: (P) K-2 When it absolutely counts STEM: 3-6 Pizza Fractions Club: Physical & Creative	31 Social Emotional Learning: (P) When it absolutely counts STEM: K-2 Pizza Fractions Enrichment: Witch Broom Limbo	1

Daily Schedule					
Monday & Wednesday		Tuesday & Thursday		Friday	
3:30 - 3:45	Check in, Snack	3:30 - 3:45	Check in, Snack	3:30 - 3:45	Check in, Snack
3:45 - 3:55	Circle Up	3:45 - 3:55	Circle Up	3:45 - 3:55	Circle Up
4:00 - 4:30	Social Emotional Learning Gr K-2 STEM Gr 3-6	4:00 - 4:30	Social Emotional Learning Gr 3-6 STEM Gr K-2	4:00 - 4:30	SMART Moves - all ages
4:35 - 5:25	Clubs: Creative & Physical	4:35 - 5:25	Project Learn	4:35 - 5:25	Rotations
5:15 - 5:30	Clean Up & Dismissal		- HYLAs/Power Hour - Enrichment Centers		- Creative - Physical - STEM
		5:15 - 5:30	Clean Up & Dismissal	5:15 - 5:30	Clean Up & Dismissal

Contact Info
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October Club & Activity Details

Message to Parents:

Hi Parents and Guardians! We are excited for another month of fun Fall activities and enriching lessons. We hope to see your children this month! We have lots of fun activities all around this spooky fall season!

Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

SMART Moves - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

Physical Club - We will be moving our bodies in fun ways preparing us for the Fall season. For example: Spooky Minute to Win it Games, Witch Broom Limbo, and Capture the Flag.

Creative Club - This month we have planned some Fall themed crafts and art lessons. We're excited to see the creative crafts and art the students will come up with.

STEM Club - We will be making magic potions and spooky slime. We will also be launching some spooky ghosts. We're excited for the engaging lessons and activities that the STEM Club has to offer this month.

