

November 2024

# Westmore Elementary

1150 S. Main St. Orem, UT 84058 | 801-372-5618



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Practicing our Positive Actions.

Happy  
Birthday



Darius, Gavin,  
Michael, Sara, Jasmin, Nahara

## UPCOMING EVENTS

Nov. 27th-29th  
Thanksgiving Break



## CLUB CLOSED

November 27th-29th:  
Thanksgiving Break



## Get to know one of our Youth Development Professionals:



Hi! I'm Alyssa Gale. I'm from Utah and I'm currently going to school at BYU majoring in Elementary Education. When I have free time, I love to go hiking with my husband, play the piano, and bake cookies. I'm happy to be working at the Boys & Girls Club!

## CONTACT INFORMATION

**Mikilani Willing**  
Site Director  
Phone: 801-372-5618  
Email: [westmorel@bgcutah.org](mailto:westmorel@bgcutah.org)

## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

*Daily*

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities.

We will be working on Math Facts and story re-telling this month.

## STEM Labs

Monday & Wednesday Gr 3-6

Tuesday & Thursday Gr K-2

Friday choice rotation all grades

We will be having fun interactive STEM activities that will focus on this Fall season.

## Enrichment

*Daily*

Enrichment clubs are to further enrich and broaden our members' experiences by offering Physical and Creative club activities. This month we are focusing on being grateful and the Thanksgiving holiday.

## Social Emotional Learning (Prevention & Behavior)

*Monday-Thursday*

This month we will be talking about thinking outside the box, practicing self management, and practicing positive actions.



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# Westmore Elementary Afterschool Program 2024-2025



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Thinking Outside the Box	28	29	30	31	1 Social Emotional Learning: Smart Moves  Fun Friday: STEM, Physical & Creative Club
Mid-Surveys	4 Social Emotional Learning: (P) K-2 Mid Surveys STEM: Gr. 3-6 Life of a Pumpkin Clubs: Create a product & Tommy Tucker Land	5 Social Emotional Learning: (B) 3-6 Mid Surveys Enrichment: Playdoh Inspo STEM: Gr. K-2 Life of a Pumpkin HYLA: Creative & Sneak Attack	<b>FIRE DRILL</b> 6 Social Emotional Learning: (P) K-2 Mid Surveys STEM: Gr.3-6 What is Fall? Clubs: Create a product, Tommy Tucker Land, Scrabble Scramble	7 Social Emotional Learning: (P) 3-6 Mid Surveys STEM: 3-6 What is Fall? Enrichment: Playdoh Inspo & Sneak Attack	8 Social Emotional Learning: Smart Moves  Fun Friday: STEM, Creative, & Physical
Practicing Self Management	11 Social Emotional Learning: (B) K-2 STEM: 3-6 Build your own pumpkin! Clubs: Bracelet making, Creating a photo frame, Kickball	12 Social Emotional Learning: (B) 3-6 Enrichment: Silent Ball STEM: K-2 Build your own pumpkin! HYLA: Creative Thankful ABC, Freeze tag	13 Social Emotional Learning: (P) K-2 STEM: 3-6 Make your own turkey Clubs: Bracelet making, Creating a photo frame, Kickball	14 Social Emotional Learning: (P) 3-6 STEM: 3-6 Make your own turkey Enrichment: Creative Thankful ABC, Freeze tag, Math Bingo	15 Social Emotional Learning: Smart Moves  Fun Friday: STEM, Physical & Creative Club
Practicing Positive Actions	18 Social Emotional Learning: (B) K-2 STEM: 3-6 Thanksgiving Fun Clubs: Make your own photo frame, Thanksgiving craft, "Turkey, Turkey Dinner"	19 Social Emotional Learning: (B) 3-6 Enrichment: Thanksgiving Fun HYLA: Playdoh Inspo, Gobble, Gobble Tag	20 Social Emotional Learning: (P) K-2 STEM: 3-6 Make your own Mayflower Clubs: Make your own photo frame, Thanksgiving craft, "Turkey, Turkey Dinner"	21 Social Emotional Learning: (P) 3-6 STEM: 3-6 Make your own Mayflower Enrichment: Playdoh Inspo, Gobble Gobble Tag, Alphabet Soup	22 Social Emotional Learning: Smart Moves  Fun Friday: STEM, Physical & Creative Club
Managing Ourselves with Positive Management	25 Social Emotional Learning: (B) K-2 STEM: 3-6 Clubs: Kickball, Turkey Hat	26 Social Emotional Learning: (B) 3-6 Enrichment: Thanksgiving Coloring STEM: K-2 HYLA: Freeze Tag	27 <b>CLOSED</b> <b>THANKSGIVING BREAK</b>	28 <b>CLOSED</b> <b>THANKSGIVING BREAK</b>	29 <b>CLOSED</b> <b>THANKSGIVING BREAK</b>

Daily Schedule		
Monday & Wednesday	Tuesday & Thursday	Friday
3:30 - 3:45 Check in, Snack	3:30 - 3:45 Check in, Snack	3:30 - 3:45 Check in, Snack
3:45 - 3:55 Circle Up	3:45 - 3:55 Circle Up	3:45 - 3:55 Circle Up
4:00 - 4:30 Social Emotional Learning Gr K-2 STEM Gr 3-6	4:00 - 4:30 Social Emotional Learning Gr 3-6	4:00 - 4:30 SMART Moves - all ages
4:35 - 5:25 Clubs: Creative & Physical	STEM Gr K-2	4:35 - 5:25 Rotations - Creative - Physical - STEM
5:15 - 5:30 Clean Up & Dismissal	4:35 - 5:25 Project Learn - HYLAs/Power Hour - Enrichment Centers	5:15 - 5:30 Clean Up & Dismissal
	5:15 - 5:30 Clean Up & Dismissal	

Contact Info
Mikilani Willing <i>Site Director</i> Email: westmore@bgcutah.org Phone: 801-372-5618
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## November Club & Activity Details

### **Message to Parents:**

Hi Parents and Guardians! We are excited for another month of fun Fall activities and enriching lessons. November is a great month to remember what we are grateful for. We will be incorporating that into our lessons and activities in November. We hope to see your children this month!

### **Social Emotional Learning:**

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

**SMART Moves** - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

**Power Hour** - The main focus of power hour will be to help youth complete homework assignments and work on reading and math skills. We are aligning with Westmore Elementary's goals and hope to help our students meet or surpass these goals.

**STEM:** Youth will have the opportunity to participate in a new experiment every Tuesday, Thursday and Friday! Youth will focus on learning about observation, hypothesis, and the scientific process in these experiments.

**Physical Club** - We will be moving our bodies with fun Fall sports and activities.

**Creative Club** - We are creating lots of things this month. We will be working on bracelets, picture frames, bookmarks, and other Fall crafts.

**STEM Club** - We have some great activities and experiments planned for this month in STEM Club. Some of them include building pumpkins, and making their own turkeys and Mayflower.