

November 2024

Washington

300 N 300 E Washington, UT 84770 | 801-372-5776



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is practicing self management and positive actions

Happy Birthday



Dominique Madden

UPCOMING EVENTS

Happy Thanksgiving!



CLUB CLOSED

Nov 27-29 Thanksgiving Break



Get To Know

Meet Our Site Coordinator



Hello there, my name is Anthony Truong. I escaped the brisk, cold weather of Salt Lake to the sunny, warmth of St. George in March. I have worked alongside the youth for about 5 years. What started out as a job has turned into a passion of empowering youth to reach their fullest potential. I love spending time with my family and rooting for my favorite teams on TV. I am looking forward to working alongside you and your wonderful students.

CONTACT INFORMATION

Anthony Truong
Site Coordinator
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday - Thursday 4:40 - 5:25

We will be assisting with assigned homework. In addition we will provide math sheets, books for reading and we will often do trivia to help reinforce learning.

STEM Labs

Fridays 1:15 - 1:45 & 3:20-5:00 rotations

This month our theme is "Winds and Wings: Fun with Air". We will build balloons, parachutes, cotton ball launchers, and planes. Then we will explore the winds at play.

Enrichment

Monday & Wednesday 4:10 - 4:40

We are offering a Flight School Club or Soccer Club this month. This gives everyone a chance to develop a talent, learn something new, and have fun with others.

Social Emotional Learning (Prevention & Behavior)

Tuesdays & Thursdays 4:10 - 4:40

We are teaching "Positive Action" and "Self-Awareness" curriculum which enables Club Members to learn about their emotions and how to cope with difficult feelings.



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Utah State Board of Education



Washington Afterschool Program 2024-2025



**BOYS & GIRLS CLUBS
OF SOUTHERN UTAH**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	28	29	30	31	1 SMART Moves Fun Friday STEM Club (x2) Creative Club Physical Club Group Game
Mid-Surveys	4 Power Hour Flight School Club Soccer Club Group Game	5 Power Hour Social Emotional Learning Social Emotional Learning:(P): Mid-Surveys Group Game *Fire Drill	6 Power Hour Flight School Club Soccer Club Group Game	7 Power Hour Social Emotional Learning Social Emotional Learning:(B): Mid-Surveys Group Game	8 SMART Moves Fun Friday STEM Club (x2) Creative Club Physical Club Group Game
Practicing Self-Management	11 Power Hour Flight School Club Soccer Club Group Game	12 Power Hour Social Emotional Learning Social Emotional Learning:(P): Grade 5 Manual: Lesson 41 "On Track and on Time" Grade 2 Manual: Lesson 44 "Managing Yourself Using Social / Emotional Positive Actions" Group Game	13 Power Hour Flight School Club Soccer Club Group Game	14 Power Hour Social Emotional Learning Social Emotional Learning:(B): Grade 5 Manual: Lesson 44 "Do What You Need To Do When You Need To Do It" Grade 2 Manual: Lesson 45 "Managing Yourself Using Social / Emotional Positive Actions" Group Game	15 SMART Moves Fun Friday STEM Club (x2) Creative Club Physical Club Group Game
Practicing Positive Action	18 Power Hour Flight School Club Soccer Club Group Game	19 Power Hour Social Emotional Learning Social Emotional Learning:(P): Grade 5 Manual: Lesson 45 "Time Off for Good Behavior" Grade 2 Manual: Lesson 46 "Managing Yourself Using Social / Emotional Positive Actions" Group Game	20 Power Hour Flight School Club Soccer Club Group Game	21 Power Hour Social Emotional Learning Social Emotional Learning:(B): Grade 5 Manual: Lesson 46 "Gearing Up!" Grade 2 Manual: Lesson 48 "Managing Yourself Using Social / Emotional Positive Actions" Group Game	22 SMART Moves Fun Friday STEM Club (x2) Creative Club Physical Club Group Game
Managing Ourselves with Positive Action	25 Power Hour Flight School Club Soccer Club Group Game	26 Power Hour Social Emotional Learning Social Emotional Learning:(P): Grade 5 Manual: Lesson 49 "A Positive Relationship with Money" Grade 2 Manual: Lesson 51 "Managing Yourself Using Social / Emotional Positive Actions" Group Game	27 No Club Thanksgiving Break	28 No Club Thanksgiving Break	29 No Club Thanksgiving Break

Daily Schedule	Monday - Thursday	Friday
	3:30 - 3:50 Check-in, Snack, Feelings check-in, Pulse Checks 3:50 - 4:10 Energy Boost 4:10 - 4:40 Social Emotional Learning (Positive Action) or Enrichment Clubs 4:40 - 5:25 Power Hour (Homework Help/Academic Enrichment) 5:25 - 5:30 Group game 5:30 - 5:40 Pass out PM Snack/Parent Pick-up	12:00 - 12:15 Check-in 12:15 - 1:00 Energy Boost 1:00 - 1:45 Social Emotional Learning (Smart Moves) 1:45 - 2:05 Super Snack/Feelings check-in 2:05 - 2:50 STEM Club 2:50 - 3:20 Fun Friday 3:20 - 5:10 Creative/Physical/STEM Club Rotations 5:10 - 5:30 Gratitude/Group Game/ Pass out PM Snack 5:30 - 5:40 Parent Pick-up

Contact Info
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Program Address: 300 N 300 E, Washington, UT 84770

November Club & Activity Details

Message to Parents:

The cold air is approaching us! As it gets cooler, please make sure your students have a sweater and collect anything they forgot on Fridays. We love the time we get to spend with your children after school. Please reach out to us if you have any questions or concerns on the club phone or our area directors email. Also when picking up your child please call or text us when you are here and we will bring your child out to you. Thank you for allowing us to work alongside your child and promote a fun, engaging place of play and learning!

Soccer Club - Youth in the monthly club will learn and understand the rules of soccer, and gain skills in properly kicking and passing the ball, passing, defending, and teamwork. Youth will have an opportunity on the last day of clubs to participate in a soccer game, where they can showcase the skills and knowledge that they gained over the month.

Flight School Club - Youth in our monthly club will be introduced to multiple different types of aircrafts such as rockets, airplanes, hot air balloons and more! We will be teaching the technology and science behind what makes these machines fly or hover in the air. We will also be introducing how air and wind speeds are measured, and how everyone could fly!

STEM Club - Air, Air Everywhere! This month, the youth will explore the joys of STEM through learning about air. The theme for this month is "Winds and Wings: Fun with Air". The youth will have a chance to build balloons, parachutes, and even a cotton ball launcher!

Social Emotional Learning (Positive Action/SMART Moves) - Curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. This month we are focusing on physical and intellectual health. SMART Moves is another curriculum we use to help club members past their social awkwardness and allow them to express themselves in larger groups.

Project Learn: This is dedicated time to cover school related topics, homework or read. Even if the kids don't have homework, we take this opportunity to strengthen their reading skills by reading to their buddy or to a staff member. We are also starting a read aloud group on Fridays, where a staff member will read to the youth, and we will watch the movie/show that correlates to the book on the last Friday of the month. We often work with the teachers to make sure that we are meeting the needs of students as a class and as individuals.

Fun Friday: This provides structured, free time with Club Members where they can choose what station they want to be at. We generally have a game table, a play-doh and slime station, craft table, painting or water-colors table, and sometimes we break out the cornhole and make an obstacle course for the adventurous ones! It's a good time to have "down-time" while still exercising their skills in working together, challenging themselves, as well as building sportsmanship and camaraderie with their peers. We will also be doing a read aloud time where the Club Members could wind down, relax and listen to a staff member read "The Wild Robot". Upon completion of the book, we would watch the film together as a group.

Creative, Physical, STEM Clubs: These are our rotations where we split Club Members up into smaller groups so that they can experience doing some of our fun activities. Creative Club usually will be an activity where the students have contributed to a creative jar with ideas like friendship bracelets, boondoggle keychains, rock painting, suncatchers, slime.etc. Physical Club is where we go do something outside! If the weather permits we can go on nature walks, play basketball or treasure hunt. STEM Clubs on Fridays are generally the most fun because that's where we make a lot of the messy stuff! Our staff spends a little time each week visualizing what it was like to be between the ages of 6-12 and try to remember our curiosities and what we wanted to learn about, then we do it! And of course we solicit our Club Members about what interests them almost constantly to ensure we are meeting their curiosity needs as well.

