# **NOVEMBER 2024**

## **Walden High School**

4266 N University Ave, Provo, UT 84604



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people to realize their full potential as productive and responsible citizens and leaders.



Our Positive Action focus this month is "Who Am I Physically & Intellectually?" and "Who Am I as a Manager of Myself?"

# Happy Birthday!

Scarlett - 11/1 Emilia - 11/4 Emma - 11/5

Hudson - 11/11 Amelia - 11/25



### **UPCOMING EVENTS**

Fri. Nov 1st — Student Internships

### **CLUB CLOSED**

Fri. Nov 1st — Student Internships

Tues. Nov 26th — Early Release Day

Wed. Nov 27th - Fri. Nov 29th — Thanksgiving Break!



#### CONTACT INFORMATION

#### **Rachel Ferons**

Site Coordinator
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#### PARENT RESOURCES

Parent Handbook
Membership Handbook

## **CLUB OFFERINGS**

#### **Project Learn**

Project Learn or "Power Hour/Homework Help" is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

## STEM Labs

We offer a variety of clubs focused on building skills in Science, Technology, Engineering, and Math (STEM). Through these clubs, students will engage in diverse STEM activities, learning essential skills that foster innovation, critical thinking, and problem-solving. These hands-on experiences not only enhance their understanding of STEM concepts but

also inspire a lifelong passion for learning and discovery.

#### **Enrichment**

Students are given the opportunity to explore and learn a diverse range of skills through various engaging activities. These activities are carefully designed to foster creativity, critical thinking, and collaboration, ensuring that each student can discover and develop their unique talents. From hands-on projects and interactive workshops to team-building exercises and individual challenges, our program offers a comprehensive approach to learning that goes beyond traditional classroom experiences. This holistic approach helps students gain confidence, enhance their problem-solving abilities, and build essential life skills that will serve them well in the future.

## Social Emotional Learning Prevention & Education

Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

Every week, we will explore a variety of social and emotional topics using the SMART Moves curriculum, fostering meaningful discussions and personal growth.











## **NOVEMBER 2024**

Walden High School Boys & Girls Club 2024-2025

Positive Action Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Expanding our Capacity to Learn	28	29	30	31	NO CLUBS: STUDENT INTERNSHIPS
Creative Problem Solving	Dungeons&Dragons <sup>12</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	Dungeons&Dragons <sup>12</sup> Social Emotional Learning - Positive Action (P): What? Me Create? <sup>2</sup> Power Hour <sup>2</sup>	6 Social Emotional Learning - SMART Moves: Session 8 <sup>2</sup> Strategy Enrichment <sup>2</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup> Fire Drill	Multicultural Club <sup>12</sup> MTG Club <sup>2</sup> Social Emotional Learning - Positive Action (B): Is There a Problem Here? <sup>2</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	Dungeons&Dragons <sup>12</sup> Basketball Club <sup>12</sup> Power Hour <sup>2</sup>
Mid-Surveys	Dungeons&Dragons <sup>12</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	Dungeons&Dragons <sup>12</sup> Social Emotional Learning - Positive Action (P): Mid-Survey 1 <sup>2</sup> Power Hour <sup>2</sup>	Social Emotional Learning - SMART Moves: Session 9 <sup>2</sup> Strategy Enrichment <sup>2</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	Multicultural Club <sup>12</sup> MTG Club <sup>2</sup> Social Emotional Learning - Positive Action (B): Mid-Survey 1 <sup>2</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	Dungeons&Dragons <sup>12</sup> Basketball Club <sup>12</sup> Power Hour <sup>2</sup>
Owning Your Actions	Dungeons&Dragons <sup>12</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	Dungeons&Dragons <sup>12</sup> Social Emotional Learning - Positive Action (P): Who's in Charge Here? <sup>2</sup> Power Hour <sup>2</sup>	Social Emotional Learning - SMART Moves: Session 10 <sup>2</sup> Strategy Enrichment <sup>2</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	Multicultural Club <sup>12</sup> MTG Club <sup>2</sup> Social Emotional Learning - Positive Action (B): Taking Charge of Your Time <sup>2</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	Dungeons&Dragons <sup>12</sup> Basketball Club <sup>12</sup> Power Hour <sup>2</sup>
Managing Energy	Dungeons&Dragons <sup>12</sup> Social Emotional Learning - Positive Action (B): How Does Energy Matter? <sup>2</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	NO CLUBS: EARLY SCHOOL DAY RELEASE	NO CLUBS: THANKSGIVING BREAK	NO CLUBS: THANKSGIVING BREAK	NO CLUBS: THANKSGIVING BREAK

## Daily Schedule

Math Lab/STEM Monday-Thursday Programming

M/W/Th 3:15pm-5:30pm Transition Time/Check In/Snack 3:00pm-3:15pm

Social Emotional Learning - SMART Moves (W) 3:15pm-4:15pm Social Emotional Learning - Positive Action (T/TH) 3:15pm-3:45pm

Power Hour 3:15pm-5:30pm

Enrichment Clubs (M/T/TH) 3:15pm-5:30pm Enrichment Clubs (W) 4:15pm-5:30pm

Check Out 5:30pm

### Friday Programming

Transition Time/Check In/Snack 12:45pm-1:00pm Power Hour 1:00pm-5:30pm

Enrichment Clubs 1:00pm-5:30 pm

Check Out 5:30pm

#### **RACHEL FERONS**

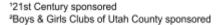
Site Coordinator

Email: waldenhigh@bgcutah.org

Phone: (801) 247-5774

Program Address:

4266 N University Ave Provo, UT 84604









# **November Club & Activity Details**

### **Message to Parents:**

Hello from The Boys & Girls Club at Walden High! We're beyond excited to have you in our afterschool program, where every day is an adventure in learning and discovery. This year, prepare for a whirlwind of fresh activities, creative projects, and enriching experiences designed to spark curiosity and foster growth. Our dedicated team is ready to guide your child through a year filled with fun, exploration, and achievement. Thank you for your ongoing support and enthusiasm—together, we'll make this year unforgettable!

**Project Learn/Homework Help:** Project Learn is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

**Social Emotional Learning - Positive Action and SMART Moves**: Positive Action and SMART Moves are designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

**STEM Enrichment - Math Lab:** Come join us every Monday, Wednesday, and Thursday in Math Lab! Students are welcome to attend for free math and STEM tutoring sessions, where they can receive support with their math homework, enhance their problem-solving skills, and explore fun STEM topics. Whether they need help with specific assignments or want to delve into exciting new math challenges, the Math Lab offers a supportive environment for learning and growth. Students of all skill levels are encouraged to participate and make the most of this valuable resource!

Sports Enrichment - \*NEW\* Basketball Club: Join our new afterschool Basketball Club, starting up every Friday! This co-ed club offers a fun way to develop your basketball skills, make new friends, and stay active. We are thrilled to announce that our club will participate in the Boys & Girls Clubs of Utah County Co-Ed Basketball League, where you'll have the chance to compete with other local teams. Whether you're a beginner or an experienced player, this is a great opportunity to improve your game and enjoy some friendly competition. Don't miss out on the excitement—sign up today and be part of the team!

**Strategy Enrichment - MTG Club:** Do you enjoy the strategic excitement of tabletop games like Vast, Risk, or Catan but find the complex rules overwhelming? Join us and immerse yourself in the world of tabletop gaming in a supportive and educational environment. Or, if you enjoy the complex thrill of fantasy-based card games, **Magic: The Gathering (MTG)** is just for you. Within the next few weeks, we will bring to life our very own Magic: The Gathering Club so look out for more announcements to come! Overall, our strategy enrichment clubs provide clear guidance on game mechanics, helping you develop critical thinking, strategic planning, and problem-solving skills. Whether you're a seasoned player or an eager novice, these clubs offer a collaborative space to enjoy intellectually stimulating games and enhance your understanding of game dynamics.

**Dungeons & Dragons Club:** Dungeons & Dragons offers numerous educational benefits, including enhancing critical thinking, creativity, and problem-solving skills. It fosters teamwork and collaboration, improves communication and literacy, and reinforces numeracy skills. The game also helps develop social skills and empathy, builds persistence and resilience, and provides leadership and decision-making opportunities, especially for student Dungeon Masters. Overall, D&D is a powerful tool for holistic learning and personal development.

**Multicultural Club:** Are you an avid fan of the Japanese language, film, literature, etiquette, and more? Or even just a curious beginner? Come join Multicultural club! Through group study, we bring Japanese culture immersion to life, highlighting various culture subsets weekly. It's a blast you don't want to miss!



