

November 2024

Walden Elementary

4230 N University Ave, Provo, UT 84604



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Hope

Get To Know



Charlotte Tidwell is new to The Boys and Girls Club, but not to Walden. She has been a Walden parent for eleven years and is happy to get to work with your students after school. She is a writer and Social Work student. Charlotte's goal is to get your students excited about trying new things and finding hidden interests and talents!

CONTACT INFORMATION

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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Art Clubs

Walden students are known for being creative and finding ways to express themselves through art. We have introduced multiple art projects already, and so far animation, drawing, and origami have been big hits! We will continue to offer these, and add sculpting with clay, friendship bracelets, and watercolor throughout the month.

Social Emotional Learning Prevention & Education

Positive Action is designed to equip students with a positive sense of self, and an understanding of the way their thoughts, feelings and actions create meaningful changes in their lives and impact relationships. Our goal is to support youth in becoming their best selves in all situations.

We will explore a variety of social and emotional topics using the SMART curriculum, fostering meaningful discussions and personal growth.

STEM Labs

Our club members love to build! For STEM Labs, we have been focusing on building structures, learning to reinforce materials to make them stronger, and more stable. This month we will be introducing different building materials and some simple inventions.

Happy
Birthday



UPCOMING EVENTS

CLUB CLOSED

Nov 27-29 for Thanksgiving Break



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Utah State Board of Education



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
					1 Outdoor Club Social Emotional Learning - SMART Moves (K-2) Rain Sticks Relaxation (3-5) Calming Bottles Power Hour
Managing Me	4 Eco Warriors Math Wizards STEM Power Hour	5 Animation Studio Social Emotional Learning - Positive Action (P): Lesson 34 "Make It New Again"	6 Sports Club Building STEM Power Hour Fire Drill	7 Illustration/Storytelling Social Emotional Learning - Positive Action (B): "When It Absolutely Counts"	8 Outdoor Club Meditation Activity Social Emotional Learning - SMART Moves (K-2) "I Can" Plan (3-5) "I Can" Plan Power Hour
Mid-Surveys	11 Eco Warriors Math Wizards STEM Power Hour	12 Animation Studio Social Emotional Learning - Positive Action Mid-Survey 1	13 Sports Club Building STEM Power Hour	14 Illustration/Storytelling Social Emotional Learning - Positive Action (B): Mid-Survey 1	15 Outdoor Club Meditation Activity Social Emotional Learning - SMART Moves (K-2) Coping Strategies Game (3-5) Coping Blocks Power Hour
Managing Me	18 Eco Warriors Math Wizards STEM Power Hour	19 Animation Studio Social Emotional Learning - Positive Action (P): "Time Off for Good Behavior"	20 Sports Club Building STEM Power Hour	21 Illustration/Storytelling Social Emotional Learning - Positive Action (B): "Gearing Up!"	22 Outdoor Club Meditation Activity Social Emotional Learning - SMART Moves (K-2) Coping Strategies Gallery (3-5) Coping Strategies Carnival! Power Hour
Managing Me	25 Eco Warriors Math Wizards STEM Power Hour	26 Animation Studio Social Emotional Learning - Positive Action (P): "A Positive Relationship with Money"	27 Thanksgiving Break No Clubs	28 Thanksgiving Break No Clubs	29 Thanksgiving Break No Clubs

Daily Schedule

Monday & Wednesday

- 3:15-3:30 – Check In & Snack
- 3:30-4:00 - Recess (M, W)
- 4:00-4:30 - Enrichment Club
- 4:30-5:00 – Power Hour
- 5:00-5:30 – Recess
- 5:30 - Head home

Tuesday & Thursday

- 3:15-3:30 – Check In & Snack
- 3:30-4:00 - Positive Action SEL (T, Th)
- 4:00-4:30 - Enrichment Club
- 4:30-5:00 – Power Hour
- 5:00-5:30 – Recess
- 5:30 - Head home

Friday

- 1:15-1:30 - Check In
- 1:30-2:15 - SEL: Smart Moves
- 2:15-2:45 - Recess
- 2:45-3:00 - Snack
- 3:00-4:00 - Enrichment Club
- 4:00-4:30 - Meditation
- 4:30-5:00- Power Hour
- 5:00-5:30 - Fun Friday Rotations
- 5:30 - Head home

Contact Info

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November Club & Activity Details

Message to Parents:

One month into the school year, and our clubs are off to a great start! We have seen such an amazing turnout, and are actively working to expand our staff to accommodate even more club members. From arts and crafts, to engineering and bugs, we are delighted to share our interests with your children and help them find their passions, build friendships, and encourage their emotional development.

Eco Warriors Club - The Eco Warriors Club empowers kids to become environmental stewards through engaging, hands-on projects focused on sustainability and conservation. Participants work on activities like upcycling crafts, recycling challenges, and nature conservation projects to learn about and protect the environment. The club fosters a sense of responsibility and creativity as kids explore ways to make a positive impact on their surroundings.

Animation Studio - The Animation Studio Club is a dynamic afterschool program where kids dive into the world of animation, learning to bring their creative ideas to life. Participants start by exploring the basics of animation, including various techniques like stop-motion and digital animation. They brainstorm and sketch their ideas, create storyboards, and then use materials such as paper, clay, or digital tools to produce their animations. Through hands-on projects, kids develop storytelling, problem-solving, and technical skills.

Storytelling and Writing - The Storytelling and Writing Club encourages kids to explore their imaginations through creative writing and storytelling. Participants craft their own stories, create comics, and engage in fun writing exercises to develop their narrative skills. The club also provides opportunities for sharing their work with peers, fostering a love for storytelling and boosting confidence.

Sports Club - The Sports Club offers kids a chance to stay active and have fun by participating in a variety of sports and games. Through organized activities and friendly competition, they build teamwork, coordination, and physical fitness. The club promotes a positive, inclusive environment where kids can develop their athletic skills and enjoy the benefits of regular exercise.

Fine Arts Club - Joining a fine arts club helps teens build essential skills. Through various art forms like painting and sculpture, they enhance creativity, fine motor skills, and problem-solving. The club encourages patience, collaboration, and confidence, as teens refine their talents, work on group projects, and gain feedback on their artwork.

Positive Action- Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

SMART - A social-emotional curriculum for teens helps them build essential skills like self-awareness, emotional regulation, and strong relationships. Through interactive activities and discussions, teens learn to manage stress, navigate complex emotions, and resolve conflicts effectively. The curriculum also promotes empathy, resilience, and confidence, equipping teens with the emotional intelligence and social skills needed to thrive in both personal and academic settings.

STEM - STEM (Science, Technology, Engineering, and Math) programs offer teens a wide range of benefits that extend beyond the classroom. By engaging in hands-on projects, teens develop critical thinking, problem-solving, and analytical skills that are essential for tackling real-world challenges.

