# November 2024 SHORELINE

#### 1201 W 890 S, Provo, UT 84601 (385) 505-2308



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



#### Our Social Emotional Learning Focus this month is Hope



Renato - 11/18 Reynold - 11/30 Veronica - 11/23

#### **CONTACT INFORMATION**

Genesis Collins- Site Coordinator Phone: (385) 505-2308 Email: genesis.collins@bgcutah.org

#### PARENT RESOURCES

Parent Handbook Membership Handbook

#### **UPCOMING EVENTS**

10/27-10/28 (Thanksgiving Break)

#### CLUB CLOSED

10/27-10/28 (Thanksgiving Break)





#### Owen Larson: Sports Coach

Owen is an enthusiastic sports coach who thrives on fostering teamwork and sportsmanship among his athletes. With a passion for various sports, he brings a wealth of experience and energy to the club.

#### Project Learn Mon-Fri (3:00-3:40 pm)

Project Learn or "Power Hour" is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

#### **STEM Labs**

Monday & Wednesday (4:00-4:40 pm) We offer a variety of clubs focused on building skills in science, technology, engineering, and math (STEM). Through these clubs, students will engage in diverse STEM activities, learning essential skills that foster innovation, critical thinking, and problem-solving.

#### Enrichment

From hands-on projects and interactive workshops to team-building exercises and individual challenges, our program offers a comprehensive approach to learning that goes beyond traditional classroom experiences.

#### Social Emotional Learning (Prevention & Behavior)

Every day, we will explore a variety of social and emotional topics using the SMART curriculum, fostering meaningful discussions and personal growth.







## SHORELINE Afterschool Program 2024-2025



Social Emotional					
Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	30 STEM Art Club Sports Club	29 Positive Action (P) Lesson 38: What? Me Create? Art Club Sports Club	30 STEM Art Club Sports Club	31 Positive Action (B) Lesson 40: Is There a Problem Here? Art Club Sports Club	1 SMART Moves:(6-8) Teaching Others Art Club Sports Club
	4 STEM Art Club Sports Club	5 Positive Action (P) Mid-Survey 1 Art Club Sports Club	6 STEM Art Club Sports Club	7 Positive Action (B) Mid-Survey 1 Art Club Sports Club Fire Drill	8 SMART Moves: Art Club Sports Club
	11 STEM Art Club Sports Club	12 Positive Action (P) Lesson 43: Who's in Charge Here? Art Club Sports Club	13 STEM Art Club Sports Club	14 Positive Action (B) Lesson 44:Taking Charge of Your Time Art Club Sports Club	15 SMART Moves: Art Club Sports Club
	18 STEM Art Club Sports Club	19 Positive Action (P) Lesson 46:How Does Energy Matter? Art Club Sports Club	20 STEM Art Club Sports Club	21 Positive Action (B) Lesson 50: Discovering Your Talents Art Club Sports Club	22 SMART Moves: Art Club Sports Club
	25 STEM Art Club Sports Club	26 Positive Action (P) Lesson 52: Your Money or Your Life? Art Club Sports Club	27 NO CLUBS	28 NO CLUBS	29 NO CLUBS

#### **Daily Schedule**

#### Monday-Thursday Programming

Check in/Snack 3:15 pm - 3:30 pm Power Hour 3:30 pm - 4:00 pm Positive Action (Social Emotional Learning) 4:00 pm - 4:30 pm Enrichment Clubs/STEM 4:30 pm - 5:25 pm Clean up/Check Out 5:30pm Friday Programming Check in/Snack 1:00 pm- 1:20 pm Power Hour 1:20 pm - 2:00 pm SMART Moves (Social Emotional Learning) 2:00 pm - 3:00 pm Enrichment Clubs 3:00 pm - 4:00 pm Enrichment Clubs 4:00 pm - 5:00 pm Reflection Activity 5:00 pm - 5:25 pm

#### **Contact Info**

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Program Address: 1201 W 890 S, Provo, UT 84601









### SHORELINE After School Program 2024-2025

### **November Club & Activity Details**

#### Message to Parents:

We are thrilled to welcome you and your child to The Boys & Girls Club at Shoreline! At our afterschool program, we're dedicated to creating a safe, engaging, and enriching environment where your child can explore new interests, build friendships, and have fun after school. Our program offers a variety of exciting activities, from creative arts and sports to academic support, all designed to foster growth and discovery. We're looking forward to partnering with you to make this an unforgettable experience for your child. Welcome to The Boys & Girls Club at Shoreline family!

**Soccer League** - Participating in a soccer league helps children build a wide range of valuable skills. Through teamwork and communication, players learn to collaborate, strategize, and work toward a common goal. Soccer also promotes physical fitness, enhancing cardiovascular health, agility, coordination, and strength. Regular practices and games teach discipline and time management, while players develop problem-solving and decision-making skills as they adapt to changing situations on the field. Leadership and sportsmanship are fostered, as children learn to lead by example and handle both victories and losses with grace. Additionally, overcoming challenges on the field builds confidence and resilience, helping players grow both physically and mentally.

**Fine Arts Club** - Joining a fine arts club helps teens build essential skills. Through various art forms like painting and sculpture, they enhance creativity, fine motor skills, and problem-solving. The club encourages patience, collaboration, and confidence, as teens refine their talents, work on group projects, and gain feedback on their artwork.

**Positive Action**- Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

**SMART** - A social-emotional curriculum for teens helps them build essential skills like self-awareness, emotional regulation, and strong relationships. Through interactive activities and discussions, teens learn to manage stress, navigate complex emotions, and resolve conflicts effectively. The curriculum also promotes empathy, resilience, and confidence, equipping teens with the emotional intelligence and social skills needed to thrive in both personal and academic settings.

**STEM** - STEM (Science, Technology, Engineering, and Math) programs offer teens a wide range of benefits that extend beyond the classroom. By engaging in hands-on projects, teens develop critical thinking, problem-solving, and analytical skills that are essential for tackling real-world challenges. STEM activities also encourage creativity and innovation, allowing teens to explore new ideas and experiment with solutions. Additionally, these programs expose teens to potential career paths in high-demand fields, boosting their confidence and preparing them for future opportunities. STEM education fosters curiosity, collaboration, and perseverance, empowering teens to excel in both their academic and personal lives.