November 2024

Red Mountain

263 E 200 S Ivins, UT 84738 (801) 372-3555



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Self Management.



Lloyd

Mason

Anthony

Isabelle

Matteo

Mia

Grace

Jaxon

<u>UPCOMING EVENTS</u>

Happy Thanksgiving!

CLUB CLOSED

November 27-29th: Thanksgiving Break



Get To Know



Ainsley is one of our amazing Youth Development Professionals. She is originally from Connecticut, and just moved to Southern Utah over the summer. She enjoys playing sports (especially soccer & volleyball), hiking, and running. She is also a teaching assistant specializing in math.

CONTACT INFORMATION

Natalie Fetzer Site Coordinator

Phone: (801) 372-3555

Email: natalie.fetzer@bgcutah.org

PARENT RESOURCES

Parent Handbook
Membership Handbook

Project Learn

Tuesday & Thursday 4:40 - 5:25

During Power Hour we provide assistance with homework and work on academic skills. Please contact us if you have specific areas that you'd like us to focus on with your child!

STEM Labs

Friday 1:15 - 1:45

This month's focus will be on circuits! We will do some fun experimenting and group projects with electricity

Enrichment

Monday & Wednesday 4:10 - 4:40

We are excited to be offering two new clubs this month for the students to choose from: Origami Club and Game Club!

Social Emotional Learning (Prevention & Behavior)

Tuesdays & Thursdays 4:10 - 4:40

We will continue our Positive Actions curriculum this month to learn new social emotional learning skills. This month's focus will be on self awareness and self management skills.









Red Mountain Afterschool Program 2024-2025





Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	28	29	30	31	SMART Moves Fun Friday Creative Club Physical Club STEM Club Group Game Fire Drill
Mid- surveys	Project Learn Game Club/Origami Club	Project Learn Mid-Survey 1	Project Learn Game Club/Origami Club	Project Learn Mid-Survey 1	SMART Moves Fun Friday Creative Club Physical Club STEM Club Group Game
Practicing Self Management	Project Learn Game Club/Origami Club	Project Learn Social Emotional Learning Positive Action (P): Grade 5 Manual: Lesson 41 "On Track and on Time" Grade 2 Manual: Lesson 44 "Managing Yourself Using Social / Emotional Positive Actions"	Project Learn Game Club/Origami Club	Project Learn Social Emotional Learning: Positive Action (B) Grade 5 Manual: Lesson 44 "Do What You Need To Do When You Need To Do It" Grade 2 Manual: Lesson 45 "Managing Yourself Using Social / Emotional Positive Actions"	SMART Moves Fun Friday Creative Club Physical Club STEM Club Group Game
Managing ourselves with positive actions	Project Learn Game Club/Origami Club	Project Learn Social Emotional Learning: Positive Action (P) Grade 5 Manual: Lesson 46 "Gearing Up!" Grade 2 Manual: Lesson 48 "Managing Yourself Using Social / Emotional Positive Actions"	Project Learn Game Club/Origami Club	Project Learn Social Emotional Learning: Positive Action (B) Grade 5 Manual: Lesson 49 "A Positive Relationship with Money" Grade 2 Manual: Lesson 51 "Managing Yourself Using Social / Emotional Positive Actions"	SMART Moves Fun Friday Creative Club Physical Club STEM Club Group Game
Practicing positive actions	Project Learn Game Club/Origami Club	Project Learn Social Emotional Learning: Positive Action (P) Grade 5 Manual: Lesson 45 "Time Off for Good Behavior" Grade 2 Manual: Lesson 46 "Managing Yourself Using Social / Emotional Positive Actions"	27 Club Closed Thanksgiving Break	28 Club Closed Thanksgiving Break	29 Club Closed Thanksgiving Break
Mandan Thomas	Daily Sched	ule	Fuller		

Daily Schedule		
Monday-Thursday	Friday	
3:30 - 3:50 Check-in, Snack, Feelings check-in	12:00 - 12:15 Check-in, Energy Boost	
3:50 - 4:10 Energy Boost	12:15 - 1:15 Smart Moves	
4:10 - 4:40 Social Emotional Learning or Enrichment Clubs	1:15 - 1:45 STEM Club	
4:40 - 5:25 Project Learn	1:45 - 2:05 Super Snack/Feelings check-in	
5:25 - 5:30 Group game	2:05 - 2:30 Energy Boost	
5:30 - Pass out PM Snack/Parent Pick-up	2:35 - 3:15 Fun Friday	
	3:20 - 3:50 Creative Club (computers)	
	3:55 - 4:25 Physical Club (sport)	
	4:30 - 5:00 STEM Club	
	5:05 - 5:20 Group Game	
	5:20 - 5:30 Gratitude/Pass out PM snack	
	5:30 - Parent Pick-up	

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Program Address: 263 E 200 S Ivins, UT 84738









Red Mountain Afterschool Program 2024-2025



November Club & Activity Details

Message to Parents:

Happy November! We are so thankful to get to spend another month with our amazing Boys and Girls Club members! We have made some fun memories in our Club so far this year and we look forward to another exciting month. Thanks to those who were able to join us at our October Parent Night! It was wonderful to get to know some of you better. Please take a moment to read about some of the exciting new clubs and activities that we have planned for this month. As always, thank you for your continued support and feel free to reach out with any questions!

Origami Club - The students will transform a square sheet of paper into finished sculptures through folding and sculpting techniques while learning all about the art of origami. They will start at a beginner level and learn how to fold several different origami shapes throughout the month.

Game Club- Our game club will expose the students to some fun new board, card, and group games and give them opportunities to practice teamwork, problem solving, social skills, and good sportsmanship.

Smart Moves: This a Social Emotional Learning curriculum that utilizes actions and activities to identify club members emotions and feelings, and gives them choices to express them appropriately.

Fun Friday: This is a time for club members to challenge one another in games, races, drawing contests, or to spend time engaging in their favorite crafts. Free time helps us become better at choosing what we like.

BGC Mission: The mission of the Boys & Girls Clubs of Utah/Washington County is to inspire and enable all young people to realize their full potential as productive and responsible citizens and leaders.

Our Core Promise: To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives. To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

Our Guiding Principles: Safety, Integrity/Accountability, Commitment to Excellence, Youth-Centric Approach, Respect, Compassion, Reliability/Consistency.

Our Rules: 1. Respect Club members, staff and property. 2. Keep hands, feet, and body to yourself. 3. Use appropriate language. 4. Follow directions of Club staff. 5. Have Fun!

As always, we appreciate partnering with you to provide a meaningful and fun learning experience for our club members. We look forward to getting started right away. Our first Parent Night is tentatively scheduled for October 30, 2024 for your planning purposes.