

October 2024

Boys & Girls Clubs Afterschool Program at Provost

629 S 1000 E, Provo, UT 84606 | (801) 857-8850



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.

Our Positive Action Focus this month is Making Healthy Choices.

Happy
Birthday



Logan
Adelaide
Hadley
Vivienne
Clark
Logan
Isabella
David
Joshua

Nolan
Bo
Xander
Mikeyla
Lydia

UPCOMING EVENTS

NA

CLUB CLOSED

October 17th,
October 21st - 22nd



Get To Know

Kinley Martinez



Kinley is the program manager at Provost. She currently teaches Music & Dance, Dance it Up, and ASL!

CONTACT INFORMATION

Alisha Laidlaw
Site Coordinator
Phone: 801-857-8850
Email: alisha.laidlaw@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

SMART Moves

Tuesdays, 3:30-4:00pm

This month we will be focusing on self-management.

Club Highlight

Math Hoops

Come learn about legendary basketball players like Michael Jordan and LeBron James in a basketball focused math board game. You'll discover how math is used in sports, like figuring out shooting percentages, analyzing player stats, and even creating your own winning strategies. It's the perfect slam dunk for making math fun and seeing how it's part of the game you love. Math Hoops is not a physical basketball game. It involves dice, teamwork, and good clean fun. So lace up your sneakers and get ready to make math your MVP!

Positive Action

Monday-Thursday, 3:30-4:00pm

This month we will be focusing on making choices for a healthy body and mind! We will learn how the choices we make affect how we feel.



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Provost

After school Program 2024-2025



BOYS & GIRLS CLUBS
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Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Practicing Positive Actions	30	1 Positive Action SMART Clubs: Make it! Intro to Theatre Order in the Court Dungeons and Dragons	2 Positive Action Clubs: Build it (LEGO) Dance it Up Legendary Heroes Sewing Math Hoops	3 Positive Action Clubs: Detective Older Theatre Line Dancing A is for Artists ASL	4
Making Positive Choices	7 Positive Action Clubs: Music and Dance Science Rules! Sewing Storytellers	8 Positive Action SMART Clubs: Make it! Intro to Theatre Order in the Court Dungeons and Dragons	9 Positive Action Clubs: Build it (LEGO) Dance it Up Legendary Heroes Sewing Math Hoops	10 Positive Action Clubs: Detective Older Theatre Line Dancing A is for Artists ASL	11
Physical Health	14 Positive Action Clubs: Music and Dance Science Rules! Sewing Storytellers	15 Positive Action SMART Clubs: Make it! Intro to Theatre Order in the Court Dungeons and Dragons	16 Positive Action Clubs: Build it (LEGO) Dance it Up Legendary Heroes Sewing Math Hoops	17 No Clubs	18
Protecting our Bodies	21 No Clubs	22 No Clubs	23 Positive Action Clubs: Build it (LEGO) Dance it Up Legendary Heroes Sewing Math Hoops	24 Positive Action Clubs: Detective Older Theatre Line Dancing A is for Artists ASL	25
Intellectual Health	28 Positive Action Clubs: Music and Dance Science Rules! Sewing Storytellers	29 Positive Action SMART Clubs: Make it! Intro to Theatre Order in the Court Dungeons and Dragons	30 Positive Action Clubs: Build it (LEGO) Dance it Up Legendary Heroes Sewing Math Hoops	31 Positive Action Clubs: Detective Older Theatre Line Dancing A is for Artists ASL	1

Daily Schedule	Contact Info
3:10-3:30 - Check-in, snack 3:30-4:00 - Positive Action 4:00-4:50 - Enrichment Clubs 4:50-5:00 - Clean up 5:00-5:15 - Positive Action Reflection 5:15-5:25 - Pickup	Alisha Laidlaw, <i>Site Coordinator</i> Email: provost@bgcutah.org Phone: (801) 857-8850



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October Club & Activity Details

Message to Parents:

This has been an amazing first month of clubs! Thank you all for all of your support for this program. We know sign ups were long and not very well advertised. With all the changes, we are also learning as we go, so we appreciate your kindness and patience as we do our best to navigate the new systems. Our goal is to ensure that we can keep our after school program for years to come. We love seeing how much your students are growing and learning every week. They are incredibly kind, respectful and fun to be around. Thank you for sharing them with us.

A couple of reminders:

If you have to pick up a student early, please let me know prior to that day. I have to make sure that we have enough staff available to walk your student outside to meet you.

If you know someone who did not hear about our clubs in time to register, please have them contact us. We might be able to find them a spot, or at least get them on the email list to let them know when we do our spring club signups.

Please, remind your student that coming to clubs is a privilege. We want everyone to be safe and have a good time. If one student in the club has a bad attitude or is not following the rules, it can be really hard for everyone else to have fun. If this ever happens, we will call or email you and discuss together what we can do to help your student be successful.

