# November 2024 Provo Peaks

#### 665 E Center St Provo UT, 84606 | (801) 717-0809



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



#### Our Social Emotional Learning Focus this month is Self-Management

Get To Know



Emily - November 1st Jacob - November 9th Caeleb - November 14th

### **UPCOMING EVENTS**

Thanksgiving - Nov. 28th

# CLUB CLOSED

November 27-29th





Hi! I'm Lexi Clayton. I just got married back in May and I am a junior at BYU. I'm studying communication disorders and love working with kids. My current obsession is vanilla milkshakes from in-n-out! I love to play pickleball, go to the gym, and spend time with family and friends.

### **CONTACT INFORMATION**

Sarah Christensen Site Coordinator Phone: (801) 717-0809 Email: provopeaks@bgcutah.org

PARENT RESOURCES

Parent Handbook Membership Handbook

# Project Learn

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities such as theme based clubs, homework help, and HYLA's (High Yield, Creative, Physical & STEM Learning Activity Rotations) and also participate in our reading program, homework help, HYLA activities, etc.

# STEM Labs

Friday

Youth learn all about the scientific and design processes through hands-on experiments.

Enrichment Daily

Enrichment Activities provide students with an opportunity to develop desired skills and increase their creativity.

# Social Emotional Learning

(Prevention & Behavior) Monday & Wednesday Gr 3-6 Tuesday & Thursday Gr K-2 Friday All Grades

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional learning skills. All Social Emotional Learning skills are taught through daily lessons and then integrated throughout the rest of programming.



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# Provo Peaks Afterschool Program 2024-2025

Social Emotional					
Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	28	29	30	31	1 FUN FRIDAY SMART Moves Project Learn: Enrichment Rotations (Creative, Physical & STEM)
Mid-Surveys	4 PowerHour Gr K-2 STEM Gr 3-6 Positive Action (P) Group 1: Creating Tomorrow Club Group 2: Exploration Club	5 PowerHour Gr K-2 Positive Action (P) Gr 3-6 STEM Group 1: Exploration Club Group 2: Creating Tomorrow Club	6 PowerHour Gr K-2 HYLA Rotations Gr 3-6 Positive Action (B) Group 1: Creating Tomorrow Club Group 2: Exploration Club	7 PowerHour Gr K-2 HYLA Rotations Gr 3-6 Positive Action (B) Group 1: Exploration Club Group 2: Creating Tomorrow Club	8 FUN FRIDAY SMART Moves Project Learn: Enrichment Rotations (Creative, Physical & STEM) FIRE DRILL
Practicing Self-Management	11 PowerHour Gr K-2 STEM Gr 3-6 Positive Action (P) Group 1: Creating Tomorrow Club Group 2: Exploration Club	12 PowerHour Gr K-2 Positive Action (P) Gr 3-6 STEM Group 1: Exploration Club Group 2: Creating Tomorrow Club	13 PowerHour Gr K-2 HYLA Rotations Gr 3-6 Positive Action (B) Group 1: Creating Tomorrow Club Group 2: Exploration Club	14 PowerHour Gr K-2 HYLA Rotations Gr 3-6 Positive Action (B) Group 1: Exploration Club Group 2: Creating Tomorrow Club	15 FUN FRIDAY SMART Moves Project Learn: Enrichment Rotations (Creative, Physical & STEM)
Practicing Positive Actions	18 PowerHour Gr K-2 STEM Gr 3-6 Positive Action (P) Group 1: Creating Tomorrow Club Group 2: Exploration Club	19 PowerHour Gr K-2 Positive Action (P) Gr 3-6 STEM Group 1: Exploration Club Group 2: Creating Tomorrow Club	20 PowerHour Gr K-2 HYLA Rotations Gr 3-6 Positive Action (B) Group 1: Creating Tomorrow Club Group 2: Exploration Club	21 PowerHour Gr K-2 HYLA Rotations Gr 3-6 Positive Action (B) Group 1: Exploration Club Group 2: Creating Tomorrow Club	22 FUN FRIDAY SMART Moves Project Learn: Enrichment Rotations (Creative, Physical & STEM)
Managing Ourselves With Positive Actions	25 PowerHour Gr K-2 STEM Gr 3-6 Positive Action (P) Group 1: Creating Tomorrow Club Group 2: Exploration Club	26 PowerHour Gr K-2 Positive Action (P) Gr 3-6 STEM Group 1: Exploration Club Group 2: Creating Tomorrow Club	27 Program Closed Thanksgiving Break	28 Thanksgiving	29 Program Closed Thanksgiving Break

### **Daily Schedule**

Tuesday & Thursday	Friday
3:20 - 3:45 Check in, Snack, Recess	1:20 - 1:45 Check in, snack, recess
3:55 - 4:00 Circle up	1:55 - 2:00 Circle up
4:00 - 4:20 Power Hour	2:10 - 2:40 Social Emotional Learning: SMART Moves
4:25 - 4:55 Social Emotional Learning: Positive Action	2:45 - 3:30 Project Learn Rotations
Gr K-3 / STEM & HYLA Rotations Gr 4-6	3:30pm Program Closes, Checkout
4:55 - 5:30 Enrichment Rotations	
5:30pm Program Closes, Checkout	
	3:20 - 3:45 Check in, Snack, Recess 3:55 - 4:00 Circle up 4:00 - 4:20 Power Hour 4:25 - 4:55 Social Emotional Learning: Positive Action Gr K-3 / STEM & HYLA Rotations Gr 4-6 4:55 - 5:30 Enrichment Rotations

Contact Info				
Sarah Christensen	Email: provopeaks@bgcutah.org			
Site Coordinator	Phone: (801) 717-0809			

Program Address: 665 E Center St Provo UT, 84606









# November Club & Activity Details

#### Message to Parents:

Every month, we will have an array of new activities lined up for the students where they will learn new skills and hobbies. Youth will also receive homework help during our Project Learn time known as PowerHour as well as academic enrichment. More information and details of each month will be given to you in our Newsletter and Calendar at the beginning of each month that will be attached to an email sent out to you by us. It is important to have your email updated so we can be sure you are all up to date with all of the information. We thank you all for giving up the opportunity to work with you and your children.

**Exploration Club** - Club members will have the opportunity to discover different parts of nature and the outdoors. They will participate in outdoor games, learn survival skills, and learn more about how the outdoors can help people in many different ways. While the weather is still nice we will be having our students enjoy the sunshine and learn lots of new and fun skills.

**Creating Tomorrow Club** - Creating tomorrow club will allow students to explore and dive deeper into their interests. We will provide activities and materials needed to develop the skills that they would like to learn in life. We will include activities such as building design, jewelry making, entrepreneurship and much more!