

November 2024

# Provo Clubhouse

750 W 200 N, Provo, UT 84601 | (801) 717-6214



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Practicing Positive Actions

## Get To Know

Meet Olivia! Olivia is coming from Boys and Girls Club in Northern Utah and is one of our new YDPs. Olivia got married to her now husband just a few months ago who she was friends with all growing up. We love having Olivia here at Boys and Girls Club and the kids adore her.



## CONTACT INFORMATION

**Site Coordinator: Bianca Salazar**  
**Phone: (801) 717-6214 Email: bianca.salazar@bgcutah.org**

## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

Daily

4:00 pm

*Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities such as theme based clubs, homework help, and HYLEA's (High Creative, Physical & STEM Rotations Learning Activities) and also participate in our reading program.*

## STEM Labs

Monday, Wednesday, & Friday

5:00 pm

*Youth learn all about the scientific and design processes through hands-on experiments.*

## Social Emotional Learning (Prevention and Behavior)

Tuesday & Thursday

5:00 pm

*Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.*

Happy Birthday



Sage - 28th  
Pippa - 3rd

## UPCOMING EVENTS

Election Day 5th  
Veterans day 11th  
Thanksgiving Day 28th  
Thanksgiving Break 27-29th

## CLUB CLOSED

Thanksgiving Break 27-29th



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Utah State Board of Education



# Provo Clubhouse Afterschool Program 2024-2025



**BOYS & GIRLS CLUBS  
OF UTAH COUNTY**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	28	29	30	31	1 <b>FUN FRIDAY</b> Smart Moves STEM: Engineering Design Process Jungle Exercise for Kids Service Minded
Social Emotional Learning Surveys	4 STEM: Flow Serve Power Hour <b>FIRE DRILL</b>	5 <b>Election Day</b> Power Hour Social Emotional Learning: (P) Positive Action	6 Power Hour STEM: What's the Problem? We are going on a Bear Hunt! Yoga Service Minded	7 Power Hour Social Emotional Learning: (B) Positive Action	8 <b>FUN FRIDAY</b> Smart Moves STEM: Rescue Shuttles Kids Beginner Exercise For Good Health Service Minded
Practicing Self Management	11 <b>Veteran's Day</b> STEM: Flow Serve Power Hour	12 Power Hour Social Emotional Learning: (P) Positive Action	13 Power Hour STEM: Rescue Shuttles Just Dance Service Minded	14 Power Hour Social Emotional Learning: (B) Positive Action	15 <b>FUN FRIDAY</b> Smart Moves STEM: Waterproof Bag "Marv The Metal Detective" Yoga Service Minded
Practicing Positive Actions	18 STEM: Flow Serve Power Hour	19 Power Hour Social Emotional Learning: (P) Positive Action	20 Power Hour STEM: Glider Climbing Up (Meditation) Service Minded	21 Power Hour Social Emotional Learning: (B) Positive Action	22 <b>FUN FRIDAY</b> Smart Moves STEM: Career Connection Just Dance Service Minded
Managing Ourselves with Positive Actions	25 STEM: Flow Serve Power Hour	26 Power Hour Social Emotional Learning: (P) Positive Action	27 <b>THANKSGIVING BREAK</b>	28 <b>THANKSGIVING BREAK</b>	29 <b>THANKSGIVING BREAK</b>

## Daily Schedule

Monday & Wednesday	Tuesday & Thursday	Friday
3:00 - 3:45 Club Opens; Snack & Activities 3:50 - 4:50 Project Learn: Power Hour 4:50 - 5:00 Circle-Up 5:00 - 5:50 Club/STEM Rotations 5:50 - 6:00 Final Clean Up 6:00 Snack & Check Out	3:00 - 3:45 Club Opens; Snack & Activities 3:50 - 4:50 Project Learn: Power Hour 4:50 - 5:00 Circle-Up 5:00 - 5:50 Social Emotional Learning 5:50 - 6:00 Final Clean Up 6:00 Snack & Check Out	1:00 - 2:00 Drop off & Snack; Activities 2:05 - 2:15 Circle Up - Age Groups 2:15 - 3:15 SMART Moves 3:15 - 3:45 Structured Outdoor Time 3:45 - 5:30 Club/STEM Rotations 5:30 - 6:00 Deep Clean 6:00 Snack & Check Out

## Contact Info

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Utah State Board of Education



UTAH DEPARTMENT OF  
WORKFORCE  
SERVICES  
CHILD CARE

## November Club & Activity Details

### Message to Parents:

November is a fun month! We are looking forward to the fun clubs and activities that we have planned for your kids at Boys and Girls Club and hope your kids are just as excited as we are! Please note the dates on the calendar that we are closed - especially over Thanksgiving Break.

### Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The September theme is getting along with others, a great way to start off the new year!

**SMART Moves** - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week. We will be spending Fridays getting out in the field doing a variety of activities including: foot races, soccer, hop scotch, and other activities that we can do outside. When the weather doesn't allow, we will do some other creative activities to get our bodies moving.

### Project Learn:

Project Learn is a "catch all" term for our enrichment and academic support programs. Below are explanations of the two primary programs that are included in Project Learn.

**Power Hour** - PowerHour is a daily academic enrichment and support time where youth are provided help with homework assignments, engage in skill building HYLEA activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

### Enrichment Clubs -

**Service Minded (Service)** - We are thrilled to be starting a club that will allow the kids to do some service in the community. They will have opportunities to write letters and draw pictures for people in the hospital and nursing homes as well as doing some other activities to help the kids show gratitude and express love to those in the community.

**Let's Get Moving (Physical):** The kids have been so excited as we have talked about bringing on a yoga club. With this club the kids will be able to do yoga and other fun activities to stay active. Moving our bodies helps us focus and be healthy! During this club time we will learn about the benefits of stretching and working our bodies so that we can live long and healthy lives.

### STEM Labs:

**Science** - Youth will have the opportunity to participate in STEM labs twice per week and engage in an extra activity on Friday's. On Mondays our friends from FlowServe will be doing different STEM activities with the club kids and on Wednesdays and Fridays our new STEM staff, Aaron, will be teaching the kids some fun engineering skills where they will even learn how to create rescue shuttles!