

November 2024

Paradise Canyon

1795 W 1230 N, St George UT 84770 | (435) 673-8978



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Practicing Self-Management with Positive Actions.

Happy Birthday



Dylan M
Luna H
Romeo A

UPCOMING EVENTS

No upcoming events

CLUB CLOSED

Nov 27 - No School/No Club
Nov 28-29 - Happy Thanksgiving
(Dec 2 - closed also)



Get To Know

Ms Addie

Please give a warm welcome to our newest teacher to BGC at Paradise Canyon, Ms Addie! This is her first year here at Boys and Girls Club and she is super excited to get to know you all.

She is passionate about making connections with the youth and being a helping hand to all our students here at Paradise Canyon!



CONTACT INFORMATION

Brittney Thliveris
Site Coordinator

Phone: (801) 372-2507

Email: brittney.thliveris@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday - Thursday 4:00 - 4:30

The main focus of power hour will be to help members complete homework assignments, work on HYLE activities and also have the opportunity to work with program staff on assignments given throughout the week.

STEM Labs

Monday & Wednesday

K-3 3:30 - 4:00/4-5 4:00-4:30

Our STEM program offers students a variety of opportunities to engage in lessons that educate them on the scientific method and explore their creativity.

Students will get the opportunity to participate in STEM activities various days of the week!

Enrichment

Monday - Thursday 4:40 - 5:10

Each month students will get the chance to choose between different physical and creative activities! This month we are offering a soccer club and an art theory club!

Social Emotional Learning (Prevention & Behavior)

Tuesday & Thursday

Grades K-3 3:30-4:00, Grades 4-5 4:00-4:30

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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Utah State Board of Education



Paradise Canyon After School Program 2024-2025



**BOYS & GIRLS CLUBS
OF SOUTHERN UTAH**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	28	29	30	31	1 Smart Moves Creative Club Physical Club Fire Drill
Social Emotional Learning Surveys	4 Project Learn STEM Soccer Club	5 Project Learn Surveys Art Theory Club	6 Project Learn STEM Soccer Club	7 Project Learn Surveys Art Theory Club	8 Smart Moves Creative Club Physical Club
Practicing Self-Management	11 Project Learn STEM Soccer Club	12 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 41 "On Track and on Time" Grade 2 Manual: Lesson 44 "Managing Yourself Using Social / Emotional Positive Actions" Art Theory Club	13 Project Learn STEM Soccer Club	14 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 44 "Do What You Need To Do When You Need To Do It" Grade 2 Manual: Lesson 45 "Managing Yourself Using Social / Emotional Positive Actions" Art Theory Club	15 Smart Moves Creative Club Physical Club
Practicing Positive Actions	18 Project Learn STEM Soccer Club	19 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 45 "Time Off for Good Behavior" Grade 2 Manual: Lesson 46 "Managing Yourself Using Social / Emotional Positive Actions" Art Theory Club	20 Project Learn STEM Soccer Club	21 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 46 "Gearing Up!" Grade 2 Manual: Lesson 48 "Managing Yourself Using Social / Emotional Positive Actions" Art Theory Club	22 Smart Moves Creative Club Physical Club
Managing Ourselves With Positive Actions	25 Project Learn STEM Soccer Club	26 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 49 "A Positive Relationship with Money" Grade 2 Manual: Lesson 51 "Managing Yourself Using Social / Emotional Positive Actions" Art Theory Club	27 No Club	28 No Club	29 No Club

Daily	Schedule
<p>Monday-Thursday</p> <p>2:35 - 2:55 Check-in, Super Snack, Feeling check in 3:00 - 3:25 Energy Boost 3:25 - 4:10 K-3 (Social Emotional Learning or STEM Labs), 4-5 (Power Hour) 4:10 - 4:40 4-5 (Social Emotional Learning or STEM Labs), K-3 (Power Hour) Each get 45 minutes Power Hour and 30 minutes Positive Action, alternating 4:40 - 5:10 Enrichment Clubs 5:15 - 5:25 Group game 5:30 Snack/Check-out</p>	<p>Friday</p> <p>1:00 - 1:15 Check-in, Feelings check in 1:20 - 1:35 Energy Boost 1:40 - 2:10 Smart Moves 2:15 - 2:35 Super Snack 2:40 - 3:15 Fun Friday 3:20 - 3:50 Rotation 1 (Creative) 3:55 - 4:25 Rotation 2 (Physical) 4:30 - 5:00 Rotation 3 5:05 - 5:20 Group game 5:20 - 5:30 Gratitude/PM Snack/check-out</p>

Contact Info
<p><i>Brittney Thliveris</i> <i>Site Coordinator</i> Email: brittney.thliveris@bgcutah.org Phone: (801) 372-2507</p>
<p>Program Address: 1795 W 1230 N, St George UT 84770</p>

November Club & Activity Details

Message to Parents:

Our mission with clubs and activities is to give your child more opportunities for learning and interactive activities with their peers. The goal is to provide an environment that gives your child the opportunity of choice and integrate into new activities each month. There will be a new set of clubs and activities each month that will be posted on the calendar. For monthly clubs, it is the goal to build on each activity weekly, giving your child the opportunity to learn new skills every week! Every day except Fridays we spend time with students doing power hour for academic support. Your child has time during clubs to work on homework that they have been given during the school day and they receive assistance from all Boys and Girls Club staff. On Mondays and Wednesdays students are able to participate in a staff led activity for the purpose of social and emotional learning. This time is allotted for students to become more educated on life skills and emotional intelligence! I appreciate all of you entrusting us members of BGC to give your child the most enriching experience here at Paradise Canyon Boys and Girls Club.

If you have any questions or concerns please feel free to reach out to me!

~ *Brittney Thliveris* ~

Paradise Canyon Site Coordinator

Creative Club: This is our opportunity to enjoy activities that allow students to show their creative side and understand new hobbies that they might enjoy.

Physical Club: This club is a time where we can vote and agree on a game or physical activity that will be fun for club members. It often leads to basketball games, kickball, four square or tag.

Smart Moves: This a Social Emotional Learning curriculum that utilizes actions and activities to identify club members emotions and feelings, and gives them choices to express them appropriately.

Fun Friday: This is a time for club members to challenge one another in games, races, drawing contests, or to spend time engaging in their favorite crafts. Free time helps us become better at choosing what we like.

BGC Mission: The mission of the Boys & Girls Clubs of Utah/Washington County is to inspire and enable all young people to realize their full potential as productive and responsible citizens and leaders.

Our Core Promise: To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives. To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

Our Guiding Principles: Safety, Integrity/Accountability, Commitment to Excellence, Youth-Centric Approach, Respect, Compassion, Reliability/Consistency.

Our Rules: 1. Respect Club members, staff and property. 2. Keep hands, feet, and body to yourself. 3. Use appropriate language. 4. Follow directions of Club staff. 5. Have Fun!