

November 2024

Panorama

301 N 2200 E, St George, UT 84790 | 801-372-4767



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Practicing Self-Management with Positive Actions.

Happy
Birthday



Matias
Ezra
Brightyn
Mathis
Violet
Lydia
Audrey

UPCOMING EVENTS

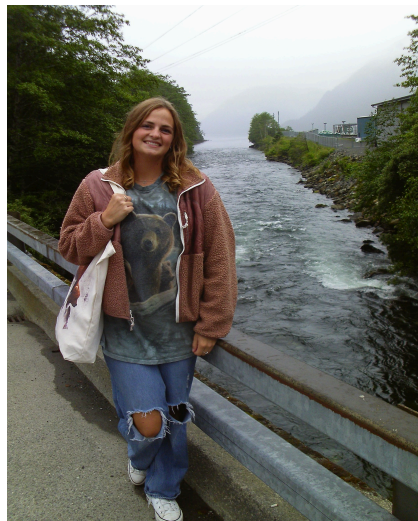
No upcoming events

CLUB CLOSED

Nov 27 - No School/No Club
Nov 28-29 - Happy Thanksgiving
(Dec 2 - closed also)



Get To Know



Halle Smart is our returning YDP. She is currently in her final term at Utah Tech and will graduate with her Bachelors of Integrated Studies this fall. She enjoys trips with her family, loves spending time outside and with her baby nephew.

CONTACT INFORMATION

Bob Kendall, Site Coordinator
Phone: 801-372-4767
Email: panorama@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Grades 4-5 3:30-4:00
Grades K-3 4:00-4:30

We will be assisting with assigned homework. In addition we will provide math sheets, books for reading and we will often do trivia to help reinforce learning.

STEM Labs

Monday & Wednesday
K-3 3:30 - 4:00/4-5 4:00-4:30
Fridays - varies between 3:20-5:00

We will be making rescue shuttles, working on our design and engineering skills.

Enrichment

Monday - Thursday 4:30 - 5:10

We will be offering the following clubs for November: Fun Club, Lego Club, Pilates/Yoga Club, and Duct Tape Club.

Social Emotional Learning (Prevention & Behavior)

Tuesday & Thursday/Grades K-3
3:30-4:00/Grades 4-5 4:00-4:30

Social Emotional Learning will be focusing on teaching and practicing self-management and positive actions. SMART Moves will teach about relaxation, planning and strategies to help cope with difficult situations.



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Panorama Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	28	29	30	31	Fun Friday 1 Creative Club Physical Club STEM Club Group Game Gratitude Club <i>Fire Drill*</i>
Social Emotional Learning Surveys	Project Learn 4 STEM Fun Club or Duct Tape Club	Project Learn 5 Social Emotional Learning Surveys Legos Club or Pilates/Yoga Club	Project Learn 6 STEM Fun Club or Duct Tape Club	Project Learn 7 Social Emotional Learning Surveys Legos Club or Pilates/Yoga Club	Fun Friday 8 Creative Club Physical Club STEM Club Group Game Gratitude Club
Practicing Self-Management	Project Learn 11 STEM Fun Club or Duct Tape Club	Project Learn 12 Social Emotional Learning (P): Grade 5 Manual: Lesson 41 "On Track and on Time" Grade 2 Manual: Lesson 44 "Managing Yourself Using Social / Emotional Positive Actions" Legos Club or Pilates/Yoga Club	Project Learn 13 STEM Fun Club or Duct Tape Club	Project Learn 14 Social Emotional Learning (B): Grade 5 Manual: Lesson 44 "Do What You Need To Do When You Need To Do It" Grade 2 Manual: Lesson 45 "Managing Yourself Using Social / Emotional Positive Actions" Legos Club or Pilates/Yoga Club	Fun Friday 15 Creative Club Physical Club STEM Club Group Game Gratitude Club
Practicing Positive Actions	Project Learn 18 STEM Fun Club or Duct Tape Club	Project Learn 19 Social Emotional Learning (P): Grade 5 Manual: Lesson 45 "Time Off for Good Behavior" Grade 2 Manual: Lesson 46 "Managing Yourself Using Social / Emotional Positive Actions" Legos Club or Pilates/Yoga Club	Project Learn 20 STEM Fun Club or Duct Tape Club	Project Learn 21 Social Emotional Learning (B): Grade 5 Manual: Lesson 46 "Gearing Up!" Grade 2 Manual: Lesson 48 "Managing Yourself Using Social / Emotional Positive Actions" Legos Club or Pilates/Yoga Club	Fun Friday 22 Creative Club Physical Club STEM Club Group Game Gratitude Club
Managing Ourselves With Positive Actions	Project Learn 25 STEM Fun Club or Duct Tape Club	Project Learn 26 Social Emotional Learning (P): Grade 5 Manual: Lesson 49 "A Positive Relationship with Money" Grade 2 Manual: Lesson 51 "Managing Yourself Using Social / Emotional Positive Actions" Legos Club or Pilates/Yoga Club	27 No Club	28 No Club	29 No Club

Daily Schedule

Monday-Thursday	Fridays
2:35 - 2:55 Check-in, Super Snack, Feeling check in	1:00 - 1:15 Check-in, Feelings check in
3:00 - 3:25 Energy Boost	1:20 - 1:35 Energy Boost
3:30 - 4:00 K-3 Social Emotional Learning - Positive Action or STEM Labs, 4-5 Project Learn	1:40 - 2:10 Social Emotional Learning -Smart Moves
4:00 - 4:30 4-5 Social Emotional Learning - Positive Action or STEM Labs, K-3 Project Learn	2:15 - 2:35 Super Snack
4:30 - 5:10 Enrichment Clubs	2:40 - 3:15 Fun Friday
5:15 - 5:25 Group game	3:20 - 3:50 Rotation 1 (Creative) (4-5, K-1, 2-3)
5:30 Snack/Check-out	3:55 - 4:25 Rotation 2 (Physical) (2-3, 4-5, K-1)
	4:30 - 5:00 Rotation 3 (STEM) (K-1, 2-3, 4-5)
	5:05 - 5:20 Group game
	5:20 - 5:30 Gratitude/PM Snack/check-out

Contact Info

Bob Kendall, Site Coordinator
 Email: [Panorama Elementary](mailto:PanoramaElementary)
 Phone: 801-372-4767
 Program Address: 301 N 2200 E, St George, UT 84790



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November Club & Activity Details

Message to Parents: We have had a lot of fun so far this year. We have presented many activities that our club members may have otherwise not been exposed to. We look forward to November to be able to tap into club members tremendous brain power and utilize it to do activities that stretch their imaginations and learning beyond where it currently is. Being a kid can be really amazing and we look forward to expanding their way of thinking in order to develop new and innovative thought processes for them.

Fun Club - This is a club “for the kids” and “by the kids”. Club members will brainstorm ideas about what fun activities they can do and then they will work together to be able to do them. This is much like a “choose your own adventure” type club. This gives club members the chance to come up with their own activities, as a group, which will improve their group work skills. This club will encourage free thought, absolute participation from all members, as well as encouraging and improving creativity and teamwork.

Lego Club - Lego’s are a great way to “play” while designing and using our engineering skills all at the same time. Club members will have the opportunity to re-create designs and try to be exact while simultaneously working to make their own creation. This club will assist with focus, following directions, re-creation, creativity and teamwork.

Pilates/Yoga Club - Club members will learn the importance of exercising and utilizing their muscles, as well as the difference between Pilates and Yoga. This gives them the opportunity to strengthen their muscles while getting a good stretch. This club will help club members to learn focus, balance, physical fitness, stretching and will help to improve self-image.

Duct Tape Club - Our club loves to create things, especially making something out of nothing. Well, this month we will be using duct tape. Club members will make several projects throughout the month and bring objects home to talk about and use. This will teach club members to follow directions, follow steps properly, use their creativity and thought process to include thinking through to the end.

STEM Club: We have had some pretty amazing and fun experiments with our STEM so far this year. As we come to November, we will focus on engineering and design processes. We will design rescue shuttles and find the best way to construct them. The skills they learn from this can vary from engineering, construction, attention to detail, creativity, focus and expanding their current knowledge and thought base.

Social Emotional Learning (Positive Action/SMART Moves) - Curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. This month we are focusing on Self-Management and using Positive Actions in everyday life. This is a great time for us to role play and really help our club members understand the weight of their decisions and how they affect others. SMART Moves is another curriculum we use to help club members get past their social awkwardness and allow them to express themselves in larger groups. We are just about to end this curriculum for the year. We have found great participation from Club Members in these activities and they have truly flourished in their learning.

Project Learn: This is dedicated time to cover school related topics, homework or read. Even if the kids don’t have homework, we take this opportunity to strengthen their reading skills by reading to their buddy or to a staff member. Panorama Elementary has a reading competition that they run for the year and we work with teachers to ensure we are recording reading times for each student and turning it in to be recorded. We often work with the teachers to make sure that we are meeting the needs of students

as a class and as individuals. We are finding that because of this program Club Members are wanting to spend more time reading and ask less and less to draw or do other activities. It's working!!!

Fun Friday: This provides structured, free time with Club Members where they can choose what station they want to be at. We generally have a game table, a play-doh and slime station, craft table, painting or water-colors table, and sometimes we break out the cornhole and make an obstacle course for the adventurous ones! It's a good time to have "down-time" while still exercising their skills in working together, challenging themselves, as well as building sportsmanship and camaraderie with their peers.

Creative, Physical, STEM Clubs: These are our rotations where we split Club Members up into smaller groups so that they can experience doing some of our fun activities. Creative Club usually goes to the computer lab to play school-approved games which they love. Physical Club is where we go do something outside! If the weather permits we can go on nature walks, play basketball or treasure hunt. STEM Clubs on Fridays are generally the most fun because that's where we make a lot of the messy stuff! Our staff spends a little time each week visualizing what it was like to be between the ages of 6-12 and try to remember our curiosities and what we wanted to learn about, then we do it! And of course we solicit our Club Members about what interests them almost constantly to ensure we are meeting their curiosity needs as well.