

November 2024

Orem Jr. High

650 West Jaguar Ave, Orem, UT 84057 | (801) 592-6312



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is

Happy Birthday



Cody, Alexis, Jude, Jade, Olin, Isaac, Miles, and Genesis!

UPCOMING EVENTS

November 27th - Happy Thanksgiving!



CLUB CLOSED

November 27th-29th - Thanksgiving Break!



Meet our Program Manager!



My name is April! This is my 3rd year with the Boys and Girls club at Orem Jr and I love getting to know all of the youth here. I am very thrifty and I love all things crafts, especially sewing. I am graduating from BYU this December with a degree in Economics. I love trying & learning new things and love that I have the opportunity to introduce the youth to new activities and experiences.

CONTACT INFORMATION

Kennedy Anderson
Site Coordinator
Phone: (801) 592-6312
Email: Kennedy.anderson@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Daily 4:30pm-5:30pm

Power Hour is a designated time where youth can work on their homework or read. Staff will help youth complete assignments and provide tutoring as needed.

STEM Labs

Monday, Tuesday, Thursday, and Friday
3:30pm-4:20pm

Mr. Byrom opens up his classroom and provides students with the opportunity to build and code robots. He has extensive knowledge in this subject and is happy to teach those who want to learn!

Enrichment Clubs

Monday-Friday 3:30-4:20pm

In November we are offering crocheting, sewing, soccer, Wii, entrepreneurship, D&D, Magic the Gathering, cosmetology, open art, and psychology.

Social Emotional Learning (Prevention & Behavior)

Mondays, Wednesday, and Fridays
3:00pm-3:30pm

Our Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All social emotional learning skills are taught through daily lessons and then integrated throughout the rest of programming.



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Orem Jr. High Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	28	29	30	31	1 Social Emotional Learning Clubs: Entrepreneurship Soccer Open Art Project Learn
	4 Social Emotional Learning Clubs: D&D Crocheting Robotics Project Learn	5 Clubs: Magic the Gathering Robotics Open Art Project Learn	6 Smart Moves Clubs: Wii Quilting Weight Training Project Learn	7 Clubs: Robotics Cosmetology Psychology Project Learn	8 Social Emotional Learning Clubs: Entrepreneurship Soccer Open Art Project Learn Fire Drill
	11 Social Emotional Learning Clubs: D&D Crocheting Robotics Project Learn	12 Clubs: Magic the Gathering Robotics Open Art Project Learn	13 Smart Moves Clubs: Wii Quilting Weight Training Project Learn	14 Clubs: Robotics Cosmetology Psychology Project Learn	15 Social Emotional Learning Clubs: Entrepreneurship Soccer Open Art Project Learn
	18 Social Emotional Learning Clubs: D&D Crocheting Robotics Project Learn	19 Clubs: Magic the Gathering Robotics Open Art Project Learn	20 Smart Moves Clubs: Wii Quilting Weight Training Project Learn	21 Clubs: Robotics Cosmetology Psychology Project Learn	22 Social Emotional Learning Clubs: Entrepreneurship Soccer Open Art Project Learn
	25 Social Emotional Learning Clubs: D&D Crocheting Robotics Project Learn	26 Clubs: Magic the Gathering Robotics Open Art Project Learn	27 No Clubs — Thanksgiving Break	28 No Clubs — Thanksgiving Break	29 No Clubs — Thanksgiving Break

Daily Schedule

Monday, Tuesday, Thursday, Friday

2:45 - 3:00 Check in & Snack
3:00 - 3:30 Social Emotional Learning Positive Action (M & F)
3:30 - 4:20 Enrichment Clubs
4:20 - 4:30 Late bus dismissal; Snack
4:30 - 5:30 Project Learn
5:30 Dismissal

Wednesday

1:45 - 2:00 Check in & Snack
2:00 - 2:30 Social Emotional Learning: Smart Moves
2:30 - 4:00 Enrichment Clubs
4:00 - 4:20 Late bus dismissal; Snack
4:30 - 5:30 Project Learn
5:30 Dismissal

Contact Info

Site Coordinator: Kennedy Anderson Program Manager: April Greenwood

Email: Oremjr@bgcutah.org

Phone: (801) 592-6312

Program Address: 650 West Jaguar Ave, Orem, UT 84057



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November Club & Activity Details

Message to Parents:

Happy November! We are looking forward to another fun month at the Boys & Girls club. We have a lot of fun enrichment clubs this month and we're excited to continue providing your youth with new experiences.

A few reminders: Youth must be registered and accepted into the club to attend. If your child is allowed to walk home, you must fill it out on the registration form. If you forgot to do this or have any other questions, please email our Site Coordinator at Kennedy.anderson@bgcutah.org.

Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program – an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run on Mondays & Fridays with new topics each week. The January theme is getting along with others, a great way to start off the new year!

SMART Moves - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Wednesdays with new topics each week.

Project Learn:

A daily academic enrichment and support time where youth are provided help with homework assignments and are given time to read. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

Enrichment Clubs:

D&D - Club members will use their imagination and creative skills to play this tabletop role-playing game (RPG) where players work together to create an imaginary adventure.

Crocheting - In October, our club members learned the basics of Crocheting. This month they will be using their new skills to start creating their own pieces. Club members will be learning how to crochet their own chickens.

Magic the Gathering - Club members can explore strategy, creativity, and community in an exciting and supportive environment! They will have the opportunity to build their own Magic decks from a vast selection of donated cards, learning valuable skills like critical thinking, problem-solving, and good sportsmanship along the way. Best of all, they'll get to take their custom decks home, empowering them to continue their magical journey outside of the club. It's more than just a game—it's a place to grow, make friends, and be part of something truly special.

Open Art - Our very own art teachers, Ms. Lamb and Ms. Barney, will open up their classrooms and provide our club members with the opportunity to work on their artistic skills.

Robotics - Mr. Byrom opens up his classroom and provides students with the opportunity to build and code robots. He has extensive knowledge in this subject and is happy to teach those who want to learn!

Wii Club - Club members will learn the history of the Wii and be given the opportunity to learn the history of and play games that are up to 18 years old.

Sewing - Club members will be making sleeves for their chromebooks! Those who have not learned the basics will be given the opportunity to do so.

Weight Training - Club members will be given the opportunity to use the weight room. They will learn how to avoid injury while exercising different muscle groups.

Cosmetology - Club members will be learning different hairstyles while exploring the profession.

Psychology - Club members who enjoy our social emotional learning lessons will be given an opportunity to dive deeper into stress management, building relationships, and understanding their emotions.

Entrepreneurship - Club members will be preparing and creating products for our very own club market where students will get the opportunity to spend 'behavior bucks' on each other's products and other items we provide.

Soccer - Club members will get to learn skills and play this sport that improves muscle tone, builds strength, flexibility and endurance.