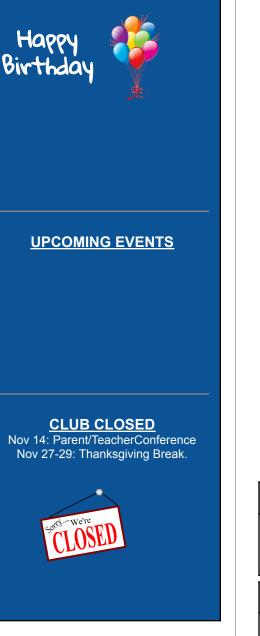
# Movember 2024 Mt. Nebo Middle

### 851 W 450 S, Payson, UT 84651 | 801-633-4104



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.





# Our Social Emotional Learning Focus this month is Hope Get To Know



#### Tiffini Abbott Dungeons & Dragons Board and Card Strategy Games

I am Tiffini Abbott. My children (now at Payson Jr High and High school) enjoyed the Boys and Girls after school clubs when they were in Middle School. When the opportunity to lead a club became available I jumped on it! I am over the club of Dungeons & Dragons role playing, board and card strategy games. This is my second year.

## **CONTACT INFORMATION**

Leticia Jessen- Site Coordinator Phone: 801-633-4104 Email: mtnebo@bgcutah.org

#### PARENT RESOURCES

Parent Handbook Membership Handbook

#### **Project Learn**

Project Learn is a period of time during our clubs where we provide students with Homework Help and an opportunity to increase literacy skills.

#### STEM Labs

*Fridays 2:45 - 4:30* We have a variety of clubs building skills in science, technology, engineering, and math. Students will learn a variety of STEM skills and related activities.

#### Enrichment

Tuesdays - Friday 2:45 - 5:30

Students are given the opportunity to explore and learn different skills and a variety of different activities.

#### Social Emotional Learning (Prevention & Behavior)

Tuesdays and Thursdays 4:00 - 4:30

Positive Action is used to teach students social emotional learning skills. They will learn communication skills and social skills that they can use their entire lives. We strive to help youth be their best in all situations.

Everyday we will discuss different Social Emotional Topics using Kid-Grit curricula!

#### **English Registration Link:**

https://forms.gle/PNPCAvYiqbpqn ZUh9

## Link registración en Español:

https://forms.gle/UtxBz18YMZmD CFSk8









# Mt Nebo Middle Afterschool Program 2024-2025

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Creative Problem Solving	28	29	30	31	1 Computers Coding Duolingo (Baguley) Rm 221 3D Printing/Maker Space (Lai) Library Dungeons & Dragons Board and Card Strategy Games (Abbott) Rm TBA Audition Workshop
					Drama/Musical (Schofield)
Mid- Surveys	4	5 Social Emotional Learning (P) Sewing (Baguley) Rm 221 3D Printing/Maker Space (Lai) Library (see notes below) Underwater Robotics (Bufton) STEM Lab Project Learn/Tutoring 4:40-5:30 Academic support and Project	6 Crafts/Quilting (Baguley) Rm 221 Social Emotional Learning (P) 3D Printing/Maker Space (Lai) Library (see notes below) Underwater Robotics (Bufton) STEM Lab Audition Workshop Drama/Musical	7 Social Emotional Learning (B) Project Learn/Tutoring 4:40-5:30 Academic support and Project Learn (Library) Dungeons & Dragons Board and Card Strategy Games (Abbott) Rm TBA Audition Workshop Drama/Musical	8 Computers Coding Duolingo (Baguley) Rm 221 3D Printing/Maker Space Canceled for today Dungeons & Dragons Board and Card Strategy Games (Abbott) Rm TBA Audition Drama/Musical (Schofield))
		Learn (Library)	(Schofield)	(Schofield)	SMART Moves
Owning Your Actions	11	12 Social Emotional Learning (P) Sewing (Baguley) Rm 221 3D Printing/Maker Space (Lai) Library (see notes below) Underwater Robotics (Bufton) STEM Lab Project Learn/Tutoring 4:40-5:30 Academic support and Project Learn (Library)	Fire Drill 13 Crafts/Quilting (Baguley) Rm 221 Social Emotional Learning (P) 3D Printing/Maker Space Canceled for today Underwater Robotics (Bufton) STEM Lab Audition Drama/Musical (Schofield)	14 No Clubs Parent/Teacher Conference	15 Computers Coding Duolingo (Baguley) Rm 221 3D Printing/Maker Space (Lai) Library Dungeons & Dragons Board and Card Strategy Games (Abbott) Rm TBA Audition Drama/Musical (Schofield) SMART Moves





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		Audition Drama/Musical (Schofield)			
Managing Energy	18	19 Social Emotional Learning (P) Sewing (Baguley) Rm 221 3D Printing/Maker Space Canceled for today 4:40-5:30 Academic support and Project Learn (Library) Underwater Robotics (Bufton) STEM Lab	20 Crafts/Quilting (Baguley) Rm 221 Social Emotional Learning (P) <del>3D Printing/Maker Space</del> Canceled for today Underwater Robotics (Bufton) STEM La Drama/Musical Callbacks (Schofield)	21 Social Emotional Learning (B) Project Learn/Tutoring 4:40-5:30 Academic support and Project Learn (Library) Dungeons & Dragons Board and Card Strategy Games (Abbott) Rm TBA Drama/Musical Callbacks (Schofield)	22 Computers Coding Duolingo (Baguley) Rm 221 3D Printing/Maker Space (Lai) Library Dungeons & Dragons Board and Card Strategy Games (Abbott) Rm TBA
Manage ment Skills in Life	25	26 Social Emotional Learning (P) Sewing (Baguley) Rm 221 3D Printing/Maker Space (Lai) Library (see notes below) Underwater Robotics (Bufton) STEM La Project Learn/Tutoring 4:40-5:30 Academic support and Project Learn (Library)	27 No Clubs Thanksgiving Break	28 No Clubs Thanksgiving Break	29 No Clubs Thanksgiving Break

# **Daily Schedule**

2:40 pm - 2:45 pm: School is Released. Students head to cafeteria to check-in

2:45 pm - 3:00 pm: Check-in and snacks

3:00 pm: Clubs Begin

4:00 pm - 4:30 pm: Social Emotional Learning Positive Action Lesson - Friday SMART Moves 3:30pm - 4:30pm

4:30 pm -Afternoon Snack

4:45 pm- Bus Departure from School

5:00 pm - 5:25 pm Academic Support/Project Learn

5:30 pm: Clubs Close

### **Contact Info**

Leticia Jessen
Site Coordinator
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Phone: 801-633-4104
Program Address: 851 West 450 South
Payson, Utah 84651









# November Club & Activity Details

#### **Message to Parents:**

We are thrilled to have your children return to our afterschool program, where we are dedicated to providing a safe, engaging, and enriching environment for all participants. Our team has been working diligently to plan a variety of activities and programs designed to foster personal growth, academic achievement, and social development. We believe that every child has the potential to succeed, and we are committed to supporting them on their journey. Thank you for entrusting us with your child's after school experience. We look forward to a fantastic year filled with learning, laughter, and unforgettable memories!

#### Morning Club:

There will be no morning clubs this year due to lack of funding.

#### Afternoon Clubs:

**Project Learn** - Tuesdays through Friday. Participating in tutoring can enhance kids' critical thinking, problem-solving, logical reasoning, collaboration, and numerical proficiency, fostering a deeper understanding and appreciation for mathematics in a fun and interactive setting. Students will also be able to work on homework or get academic help if they need it.

**Sewing** - Tuesdays after school with Mrs. Baguley (Rm 221). Participating in a sewing club can empower kids to hone fine motor skills, enhance creativity, cultivate patience, and develop practical problem-solving abilities, while also fostering a sense of accomplishment through the creation of handmade projects.

**Crafts**- Wednesdays after school with Mrs. Baguley (Rm. 221). Participating in a crafts club can nurture kids' creativity, fine motor skills, patience, attention to detail, and teamwork as they explore various artistic techniques and materials to express their imagination through handmade projects.

**3D Printing** - Tuesdays, Wednesdays, and Fridays after school with Mr. Lai in the Library. Participating in a 3D printing club can equip kids with skills in digital design, problem-solving, spatial reasoning, technology literacy, and teamwork, fostering their creativity and understanding of additive manufacturing processes.

**Coding**- Fridays after school with Mrs. Baguley (Rm. 221). Participating in a coding club can equip kids with problem-solving, logical reasoning, creativity, collaboration, and computer programming skills, empowering them to navigate the digital world and potentially pursue future careers in technology

**Strategy Card/Board Games Dungeons and Dragons** - Thursdays and Fridays after school with Tiffini in Room 301. Participating in a card games club can enable kids to enhance critical thinking, strategic planning, arithmetic proficiency, social interaction, and sportsmanship, while enjoying a diverse array of engaging and intellectually stimulating card games.









**Drama**: Tuesdays through Fridays Welcome to the Drama Competition Club! If you love acting, storytelling, or just want to boost your confidence, this is the perfect place for you! In our club, we'll explore different aspects of theater, from acting and improvisation to scriptwriting and stagecraft.We'll prepare for various drama competitions, where you can showcase your talents in front of an audience. You'll learn valuable skills like teamwork, communication, and creativity while working on exciting plays and performances. Whether you're a seasoned performer or new to drama, everyone is welcome! Join us for fun rehearsals, workshops, and the chance to shine on stage. Let's bring stories to life together!

**School Musical Club:** Hey there, future stars! Join the Musical Theatre Club and get ready to shine! If you love to sing, dance, or act (or just want to have fun), this is the place for you. We'll be working together to put on an awesome school musical where you can show off your talents on stage! In the club, you'll learn cool things like how to audition, perform, and even create fun dance routines. We'll have lots of games and activities to help you build confidence and make new friends. Whether you want to be in the spotlight or help with costumes and set design, everyone is welcome! Come join us for a year filled with creativity, teamwork, and unforgettable moments as we bring an amazing story to life together!

**Underwater Robotics:** Tuesdays and Wednesdays Welcome to the Underwater Robotics Club! In this exciting club, you'll get to build and explore robots designed to work underwater. We'll learn about how these robots, called AUVs (Autonomous Underwater Vehicles) and ROVs (Remotely Operated Vehicles), help scientists study the ocean, find shipwrecks, and even inspect underwater pipelines! Throughout the year, we'll engage in hands-on activities like designing our own mini underwater robots, coding them to perform tasks, and using sensors and cameras to gather data. You'll get to work as a team, solve problems, discover the amazing world of underwater technology, and participate in statewide competition in April. No prior experience is needed—just bring your curiosity and a love for exploration! Join us and dive into the future of robotics!

#### **Social Emotional Learning:**

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Wednesday with new topics each week.

<u>SMART Moves</u> - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run Fridays with new topics each week.





