

October 2024

# Milford

450 S. 700 W. | 1-801-372-4836



**BOYS & GIRLS CLUBS**  
OF BEAVER COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Being Proactive and Being Responsible

Happy Birthday



Amy 14th

## UPCOMING EVENTS

End of the 1st Quarter  
Fall Vacation 18-22

## CLUB CLOSED

Fall Vacation 18-22  
October 24



## Get To Know



**Becky likes to garden, bake and spend time in the mountains. She was born in Milford, Utah. She has four children and six grandchildren. Becky enjoys working at the BGC After School Program.**

## CONTACT INFORMATION

**Lorie Schow**  
**Site Coordinator**  
Phone: 1-801-372-4836  
Email: [lorie.schow@bgcutah.org](mailto:lorie.schow@bgcutah.org)

## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

The main focus of power hour will be to help members complete homework and school assignments  
Mon-Thurs 4:30-5:00

## STEM Labs

STEM stands for Science, Technology, Engineering, and Mathematics. It's an interdisciplinary approach to learning that encourages hands-on exploration, problem-solving, and real-world applications. STEM education focuses on integrating these four disciplines in order to promote critical thinking, innovation, and collaboration. By engaging in STEM activities, individuals develop skills that are essential for success.  
Tuesdays at 4:00

## Enrichment

Enrichment clubs are to further enrich and broaden our members' experience by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and fun activities  
Mon-Thurs 3:30-4:30

## Social Emotional Learning (Prevention & Behavior)

Leader In Me and SMART Moves curriculum focus on providing youth with important social-emotional skills. All Social Emotional Learning skills are taught through daily lessons and integrated throughout the rest of the program.  
Mon-Wed-Thurs at 4:00



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DEPARTMENT OF  
WORKFORCE  
SERVICES  
CHILD CARE

# Milford

## After school Program 2024-2025



**BOYS & GIRLS CLUBS  
OF BEAVER COUNTY**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	30	1 <b>STEM Power Hour</b>	2 <b>SMART Moves Power Hour</b>	3 <b>Leader In Me! Chris Waddell Power Hour</b>	4
	7 <b>Leader In Me! Outdoor Game Club Power Hour</b>	8 <b>Create Better Health Power Hour</b>	9 <b>SMART Moves Power Hour</b>	10 <b>Leader In Me! Power Hour</b>	11
	14 <b>Leader In Me! Rock Art Power Hour</b>	15 <b>STEM Power Hour</b>	16 <b>SMART Power Hour</b>	17 <b>Leader In Me! Halloween Cookies Decorating Power Hour</b>	18 <b>No School</b>
	21 <b>No School</b>	22 <b>No School</b>	23 <b>SMART Moves Power Hour</b>	24 <b>No Boys &amp; Girls Club</b>	25
	28 <b>Leader In Me! Theater Club Power Hour</b>	29 <b>STEM Power Hour</b>	30 <b>SMART Moves Power Hour</b>	31 <b>Leader In Me! Game with the End in Mind Power Hour</b>	1

### Daily Schedule

- 2:30 - Brain Break/Physical Activity
- 3:00 - Club Fun!
- 3:30 - Super Snack
- 4:00 - Social Emotional Learning - Leader In Me!/Social Emotional Learning - Smart Moves/STEM/HYLA/Reflection
- 4:30 - Power Hour (We do our best but homework may not always get completed. Please check your child's work and their progress!)
- 5:00 - Club Fun, Reflection and Clean Up
- 5:30 - End of Program

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 Phone: 1-801-372-4836  
 Program Address: 450 W 700 S Milford, Utah



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## October Club & Activity Details

### Message to Parents:

Our goal this month is working on being responsible for our actions and doing fun activities to reinforce our goal of showing respect for everyone in the club.

**Outdoor Game Club** - We'll be playing outdoor games like kickball, along with a variety of other activities, to enjoy the fresh air while practicing teamwork and good sportsmanship.

**STEM Club** - We'll be doing hands-on activities like launching pop rockets and exploring other STEM projects from the science kit. Members will work in small groups, learning how to collaborate effectively and apply key habits while engaging in these fun and educational experiences.

**Arts & Craft Club** - We're planning some fun and festive crafts to take home for the holiday! One of our activities will be a creative rock art project, where we'll arrange and glue together rocks on a canvas to form a unique collage. Using our artistic skills, we'll design something truly special. We'll also be decorating Halloween cookies with frosting, chocolate chips, candy corn, and other delicious treats—perfect for getting into the holiday spirit!

**Create Better Health Club** - Allie Bradshaw with our local USU Extension Office visits our programs monthly to offer the Create Better Health Club where the focus is to help participants establish healthy eating habits and a physically active lifestyle.

**Theater Club** - We'll be using the puppets to put on fun and engaging skits, bringing their characters to life in an imaginative and entertaining way!

**BGC Mission:** The mission of the Boys & Girls Clubs of Utah/Washington County is to inspire and enable all young people to realize their full potential as productive and responsible citizens and leaders.

**Our Core Promise:** To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives.

To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

**Our Guiding Principles:** Safety, Integrity/Accountability, Commitment to Excellence, Youth-Centric Approach, Respect, Compassion, Reliability/Consistency.

**Our Rules:** 1. Respect Club members, staff and property. 2. Keep hands, feet, and body to yourself. 3. Use appropriate language. 4. Follow directions of Club staff. 5. Have Fun!

As always, we appreciate partnering with you to provide a meaningful and fun learning experience for our club members. We look forward to getting started right away.

