## November 2024

# Milford

450 S. 700 W. |801-372-4836



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Creating Positive Relationships



Ivan 20th Amelia 29th Tadeo 30th

#### **UPCOMING EVENTS**

Veterans Day 11th MES Early Release at 12:00pm 20th Thanksgiving 28th

#### **CLUB CLOSED**

20th Early Release from MES 12:00 PM 27th, 28th Thanksgiving Break



#### **Get To Know**



Lori Carter was born and raised here in Milford. She has 2 kids, 7 grand-kids and 3 great grand-kids! She loves having her family around her. Lori spends a lot of time chasing kids in sports and babysitting the little greats! She loves to stay active, She does a lot of walking, hiking and working outside. Summer and Fall are her favorite seasons. Lori loves to travel and see new places and meet new people. This is her 3rd year with the Boys and Girls Club. She really enjoys working and playing with the kids here, they are all great kids!

#### **CONTACT INFORMATION**

Lorie Schow Site Coordinator

Phone: 801-372-4836 Email:lorie.schow@bgcut.org

#### PARENT RESOURCES

Parent Handbook
Membership Handbook

#### **Project Learn**

The main focus of power hour will be to help members complete homework and school assignments.

Mon-Thurs 4:30-5:00

#### **STEM Labs**

STEM we will be learning how to use the components and add the wire connectors and build using circuit boards.

Tuesdays 12th and 26th at 4:00

#### **Enrichment**

Enrichment clubs are to further enrich and broaden our members' experience by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and fun activities

Mon-Thurs 3:30-4:30

# Social Emotional Learning (Prevention & Behavior)

Leader In Me and SMART Moves curriculum focus on providing youth with important social-emotional skills. All Social Emotional Learning skills are taught through daily lessons and integrated throughout the rest of the program.

Mon-Wed-Thurs at 4:00









## Milford Afterschool Program 2024-2025





Social Emotional					
Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	28	29	30	31	1
	4 Leader In Me! (p) Theater Club FIRE DRILL	5 Create Better Health Club	6 Smart Moves Puzzle Masters Club	7 Leader In Me! (b) Game Explorers Club	8
	11 Leader In Me! (p) Game Explorers Club	12 STEM Circuit Boards and Energy	13 Smart Moves Puzzle Masters Club	14 Leader In Me! (b) Game Explorers Club	15
	18 Leader In Me! (p) Artful Explorers Club	19 Create Better Health Club	20 No Boys & Girls Club	21 Leader In Me! (b) Artful Explorers Club	22
	25 Leader In Me! (p) Game Explorers Club	26 STEM Circuit Boards and Energy	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL

#### **Daily Schedule**

- 2:30 Brain Break/Club Fun!
- 3:00 Super Snack
- 3:20 Social Emotional Learning Leader In Me/Social Emotional Learning Smart Moves/STEM/Clubs
- 4:30 Power Hour (We do our best but homework may not always get completed. Please check your child's work and their progress!)

Program Address: 450 S 700 W, Milford Utah

- 5:00 Club Fun, Reflection and Clean Up
- 5:30 End of Program

Contact Info
Lorie Schow
Site Coordinator
Email: lorie.schow@bgcutah.org
Phone: 801-372-4836

### Milford Afterschool Program 2024-2025



## **November Club & Activity Details**

#### Message to Parents:

Our goals are to support your child in achieving their academic potential, provide opportunities to develop leadership skills during club activities, and engage them with STEM activities to spark excitement about science. A major part of our mission is to offer a safe and enriching environment for all students.

**Theater Club -** Students will perform a play using puppets they created in September. The play will tie into the "Leader In Me" lesson, reinforcing the day's theme. Youth will have the opportunity to practice public speaking in front of their peers.

**Create Better Health Club –** Students will learn about healthy foods and exercise while participating in group games that promote teamwork and fitness.

**Puzzle Masters Club –** Members will work on assembling 3D puzzles, which they can take home afterward. They will take apart and reassemble puzzle pieces to build a house. There will also be contests to complete word searches and maze worksheets, encouraging focus and concentration.

**STEM Club** – Students will learn how to build circuit boards and explore the concept of energy. They will learn the names of different pieces in circuit kits and how to connect them to understand how they work. Games that improve active listening will help them follow instructions during STEM activities.

**Game Explorers Club** – Youth will participate in various group games that encourage teamwork and movement. Activities include "Pin the Feathers on the Turkey," relay races, "Eagle's Nest," and "Four Corners," all designed to get students moving and working together to achieve success as a team.

**Artful Explorers Club** – Students will create their own rock art designs by arranging rocks on a canvas and gluing them in place. They will develop skills in design and layout, and the final creations can be taken home. For a holiday project, students will create a Thanksgiving-themed craft while learning about different traditions people celebrate during the holiday.

**Resources for Families-**

Milford Food Bank 258 South Main Street 435-387-5398 Weatherization 435-586-0585

**HEAT Assistance 435-438-2935**