

November 2024

Legacy

280 E 100 S Saint George, Utah 84770 | 801-372-3284



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Practicing Self-Management with Positive Actions.

Happy
Birthday



Hazel!

UPCOMING EVENTS

No upcoming events

CLUB CLOSED

Nov 27-29: Club & School closed for Thanksgiving break



Get To Know Our Staff!

Adeline Tiffany
Site Coordinator



Meet our site coordinator Adeline! Adeline (Ms. Addie) is a student at Utah Tech University and is hoping to become a full time teacher after she graduates. She has a passion for art, history, and being around her family. She is excited for the new year and looks forward to this next adventure!

CONTACT INFORMATION

Adeline Tiffany
Site Coordinator
Phone: 801-372-3284
Email: legacy@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday - Thursday: 5:00 - 5:30

We work diligently to provide the best assistance for club members to work on their homework and math/reading skills.

STEM Labs

Monday 4:30 - 5:00

Members will have the opportunity to participate in STEM labs. They will learn how science, technology, engineering and math can be used in everyday life

Enrichment

Monday - Thursday: 4:00 - 4:30

Enrichment clubs are offering our members opportunities to participate in a variety of activities. Our clubs will continue to change and develop as the year progresses.

Social Emotional Learning (Prevention & Behavior)

Monday - Friday

Positive Action, Kid-Grit, & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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Legacy Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	28	29	30	31	1 Fun Friday! STEM Club Creative & Physical Club SMART Moves Fire Drill
Mid-Surveys #1	4 STEM Club Project Learn	5 Project Learn Social Emotional Learning Surveys	6 Game Club & Kickball Club Project Learn	7 Project Learn Social Emotional Learning Surveys	8 Fun Friday! STEM Club Creative & Physical Club SMART Moves
Practicing Self-Management	11 STEM Club Project Learn	12 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 41 "On Track and on Time" Grade 2 Manual: Lesson 44 "Managing Yourself Using Social / Emotional Positive Actions"	13 Game Club & Kickball Club Project Learn	14 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 44 "Do What You Need To Do When You Need To Do It" Grade 2 Manual: Lesson 45 "Managing Yourself Using Social / Emotional Positive Actions"	15 Fun Friday! STEM Club Creative & Physical Club SMART Moves
Practicing Positive Actions	18 STEM Club Project Learn	19 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 45 "Time Off for Good Behavior" Grade 2 Manual: Lesson 46 "Managing Yourself Using Social / Emotional Positive Actions"	20 Game Club & Kickball Club Project Learn	21 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 46 "Gearing Up!" Grade 2 Manual: Lesson 48 "Managing Yourself Using Social / Emotional Positive Actions"	22 Fun Friday! STEM Club Creative & Physical Club SMART Moves
Managing Ourselves With Positive Actions	25 STEM Club Project Learn	26 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 49 "A Positive Relationship with Money" Grade 2 Manual: Lesson 51 "Managing Yourself Using Social / Emotional Positive Actions"	27 No Club	28 No Club	29 No Club

Daily Schedule

Monday-Thursday

3:30 - 3:35 pm - Welcome Check-in/Wash hands
 3:35 - 3:50 pm - Super Snack/Feelings Check-in
 3:50 - 4:15 pm - Energy Boost/Wash hands
 4:15 - 4:45 pm - Social Emotional Learning/ STEM / Clubs
 4:45 - 5:25 pm - Project Learn (Academic Support)
 5:25 - 5:30 pm - Pass out PM Snack & Check-out

Fridays

12:00 - 12:30 pm - Welcome Check-in/Wash hands
 12:30 - 12:50 pm - Energy Break/Wash hands
 12:50 - 1:10 pm - Super Snack Time
 1:10 - 2:10 pm - Fun Friday!
 2:10 - 2:30 pm - Positivity Circle/Feelings Check-in
 2:30 - 3:00 pm - STEM Club (Club Rotation)
 3:00 - 3:45 pm - Physical Club & Creative Club (Club Rotation)
 3:45 - 4:00 pm - Energy Break/Wash hands
 4:00 - 4:25 pm - PM Snack Time
 4:25 - 5:25 pm - SMART Moves
 5:25 - 5:30 pm - Clean up/Check-out

Contact Info

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November Club & Activity Details

Message to Parents: We are super excited for all the fun this month is going to bring and we can't wait! A couple things to remember is that we will not have program during Thanksgiving Break. Make sure to mark your calendars for those days. Thank you so much for everything you do!

Social Emotional Learning: Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week.

Power Hour: This is dedicated time to cover school related topics, homework or reading. Even if the kids don't have homework, we take this opportunity to strengthen their reading skills by reading to their buddy or to a staff member. We often work with the teachers to make sure that we are meeting the needs of students as a class and as individuals.

Fun Friday: This provides structured, free time with Club Members where they can choose what station they want to be at. We generally have a game table, a play-doh station, craft table, and sometimes we break out the basketballs! It's a good time to have "down-time" while still exercising their skills in working together, challenging themselves, as well as building sportsmanship and camaraderie with their peers.

Creative, Physical, STEM Clubs: These are our rotations where we split Club Members up into smaller groups so that they can experience doing some of our fun activities. Creative Club usually has a variety of different creative outlets to choose from. Typically we will draw, color, and make crafts. Physical Club is where we go do something outside! If the weather permits we can go on nature walks, play basketball or have races. STEM Clubs on Mondays and Fridays are generally the most fun because that's where we make a lot of the messy stuff! Our staff spends a little time each week to plan out what the kids would really enjoy doing during this time! And of course we solicit our Club Members about what interests them almost constantly to ensure we are meeting their curiosity needs as well.

Game Club: This club is centered around learning how to play various different board games and card games. Each student will work with each other and will get to challenge themselves. This club will spark the kids' competitive sides and will help them socialize with fellow club members. We can't wait to see how they complete each game!

Kickball Club: This club is centered around kickball. We will be going outside and enjoying the warm weather as we get our hearts pumping! Students will engage with their fellow peers as we learn how to play kickball. This club allows the kids to venture outside of their comfort zone (if they choose to do so) and interact with other club members. We are excited to teach the kids this fun game!