

November 2024

Independence

636 Independence Ave Provo UT 84601 | 801-372-5839



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Self Awareness

Get To Know



Hi! My name is Brynn and I am the Site Director at Independence. I worked last year as part of the Sports program and as the

Volleyball coach for part of the season. I am so excited to be returning to Independence and continue working with the teens. I recently graduated from UVU and am looking forward to getting my masters in Social Work. I love to go to concerts and movies with my friends. I love playing volleyball and swimming. I am so grateful to be back and am hoping for an amazing year!

CONTACT INFORMATION

Brynn Bowers
Site Coordinator
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Sports Practice

Monday-Thursday 3:10-4:25

Thanks for an awesome Volleyball season! State is the 8th and 9th! We are starting basketball season! Come and practice!

Homework Help (Project Learn)

Monday - Thursday 3:00 - 4:30

Come get help with your classes! Math, English, Science! Tutoring Available

Enrichment Clubs

More information to come about Enrichment Clubs!

Enrichment clubs are organized programs designed to provide students with engaging, hands-on learning experiences that extend beyond the regular curriculum. These clubs focus on fostering creativity, critical thinking, and social skills through activities that cater to students' interests, such as arts, STEM, sports, and cultural exploration.

Social Emotional Learning (Prevention and Behavior)

Monday - Thursday 3:00 - 3:10

Positive Action & SMART Moves curriculum focus in sports focuses on helping athletes develop key skills such as self-awareness, emotional regulation, teamwork, and responsible decision-making.

Happy Birthday



2 - Yarian
13 - Skyler D
24 - Isaac
29 - Leilanna

UPCOMING EVENTS

11/8 - Volleyball State Tournament
11/9 - Volleyball State Tournament

CLUB CLOSED

11/27 - 11/29 Thanksgiving Break



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Utah State Board of Education



UTAH DEPARTMENT OF
WORKFORCE
SERVICES
CHILD CARE

Independence Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Self Awareness	28	29	30	31	1 No Programs
Self Awareness	4 Social Emotional Learning-P (Positive Action) Basketball Practice Homework Help (Project Learn)	5 Social Emotional Learning (SMART) Basketball Practice Homework Help (Project Learn) Fire Drill	6 Social Emotional Learning - B (Positive Action) Basketball Practice Homework Help (Project Learn)	7 Social Emotional Learning (SMART) Basketball Practice Homework Help (Project Learn)	8 Volleyball State Tournament
Self Awareness	11 Social Emotional Learning-P (Positive Action) Basketball Practice Homework Help (Project Learn)	12 Social Emotional Learning (SMART) Basketball Practice Homework Help (Project Learn)	13 Social Emotional Learning - B (Positive Action) Basketball Practice Homework Help (Project Learn)	14 Social Emotional Learning (SMART) Basketball Practice Homework Help (Project Learn)	15 No Programs
Self Awareness	18 Social Emotional Learning-P (Positive Action) Basketball Practice Homework Help (Project Learn)	19 Social Emotional Learning (SMART) Basketball Practice Homework Help (Project Learn)	20 Social Emotional Learning - B (Positive Action) Basketball Practice Homework Help (Project Learn)	21 Social Emotional Learning (SMART) Basketball Practice Homework Help (Project Learn)	22 No Programs
Self Awareness	25 Social Emotional Learning-P (Positive Action) Basketball Practice Homework Help (Project Learn)	26 Social Emotional Learning (SMART) Basketball Practice Homework Help (Project Learn)	27 Thanksgiving Break No Programs	28 Thanksgiving Break No Programs	29 Thanksgiving Break No Programs

Daily Schedule

Monday - Thursday
 3:00 School Ends
 3:05 Snack passed out/Social Emotional Learning
 3:10 Homework Help Begins
 3:15 Practice Begins in Gym
 4:30 All Programs End
 4:35 Vans Leave School

Contact Info



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Independence Afterschool Program 2024-2025

November Club & Activity Details

Message to Parents:

Welcome back! Thank you for supporting our volleyball teams! We are starting registration for Basketball, we are excited to have basketball teams! We are grateful for you and your teens who are part of our athletics program.

Volleyball - Thank you for an amazing season! We have loved having a successful volleyball team! State tournament is on Friday November 8th and Saturday November 9th! Come and support our teams! More information to come once we have game times.

Basketball - Season is starting in December! Practice is Monday-Thursday from 3:00-4:30 once volleyball season is over!

Homework Help (Project Learn) - The main focus of project learn is to help students reinforce the academic enrichment and school engagement during club time and provide tutoring or help as needed. Through homework help after school Monday-Thursday from 3:00 - 4:30 pm.

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Wednesday with new topics each week.

SMART Moves - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run Tuesday & Thursday with new topics each week.