

November 2024

Heber Valley

[730 S 6th W, Heber City, UT 84032] | [801-857-4793]



BOYS & GIRLS CLUBS
OF WASATCH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Thinking Outside The Box, Practicing Self-Management, Practicing Positive Actions



Happy Birthday

Rylie 11/6
Lucas 11/19

CLUB CLOSED

Thanksgiving Break 11/27 - 11/29



Did You Know....

The birthstone for November is topaz.

November's flower is the chrysanthemum.

Every year in November, an amusing fundraising event takes place in different parts of the world such as Australia, the US, and England, called Movember!

November marks the official month for banana pudding enthusiasts!

November is celebrated in the US as National Novel Writing Month, National Pomegranate Month, National Adoption Month, and many more occasions.

CONTACT INFORMATION

Kellie Barrus, LCSW
Site Coordinator
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Tuesday and Thursday - 4:30-5:15pm

Wednesday and Friday - 4:05-4:50pm

We provide High Yield Learning Activities (HYLA), homework support, literacy support, math building activities, and more.

STEM Labs

Wednesday and Friday - 4:55-5:25pm

Enrichment

Arts & Crafts Club: Monday - 4:35-6:00pm

Get Moving Club: Tuesday and Thursday - 5:20-6:00pm

Social Emotional Learning (Prevention & Behavior)

SMART Moves:
Monday 3:30pm - 4:30pm

Positive Action:
Tuesday & Thursday 3:55pm - 4:25pm



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Utah State Board of Education



UTAH DEPARTMENT OF
WORKFORCE
SERVICES
CHILD CARE

Heber Valley Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	28	29	30	31	1 Project Learn STEM Club
Thinking Outside The Box	4 Social Emotional Learning - Smart Moves K - 2: "I Can" Plan 3-5: "I Can" Plan Arts & Crafts Club	5 Social Emotional Learning (P) K - 2: Managing Yourself Using Social/Emotional Positive Actions 3 - 5: Make It New Again Project Learn Get Moving Club	6 Project Learn STEM Club	7 Social Emotional Learning (B) K - 2: Managing Yourself Using Social/Emotional Positive Actions 3 - 5: When It Absolutely Counts Project Learn Get Moving Club	8 Project Learn STEM Club
Mid-Surveys	11 Social Emotional Learning - Smart Moves K - 2: Coping Strategies Game 3-5: Coping Blocks Arts & Crafts Club	12 Social Emotional Learning (P) Mid-Surveys Project Learn Get Moving Club	13 Project Learn STEM Club	14 Social Emotional Learning (B) Mid-Surveys Project Learn Get Moving Club	15 Project Learn STEM Club
Practicing Self-Management	18 Social Emotional Learning - Smart Moves K - 2: Coping Strategies Gallery 3-5: Coping Strategies Carnival! Arts & Crafts Club	19 Social Emotional Learning (P) K - 2: Managing Yourself Using Social/Emotional Positive Actions 3 - 5: On Track and On Time Project Learn Get Moving Club	20 Project Learn STEM Club	21 Social Emotional Learning (B) K - 2: Managing Yourself Using Social/Emotional Positive Actions 3 - 5: Do What You Need To Do When You Need To Do It Project Learn Get Moving Club	22 Project Learn STEM Club
	25 Fire Drill Arts & Crafts Club	26 Social Emotional Learning (P) K - 2: Managing Yourself Using Social / Emotional Positive Actions 3 - 5: Gearing Up Project Learn Get Moving Club	27 CLUB CLOSED Thanksgiving Break	28 CLUB CLOSED Thanksgiving Break	29 CLUB CLOSED Thanksgiving Break

Daily Schedule		
Monday 2:20pm - 3:25pm Arrive/Snack/Recess 3:30pm - 4:30pm Social Emotional Learning - Smart Moves 4:35pm - 6:00pm Arts & Crafts Club/Clean up/Check out	Tuesday, Thursday 3:20pm - 3:50pm Arrive/Snack/Recess 3:55pm - 4:25pm Social Emotional Learning - Positive Action 4:30pm - 5:15pm Project Learn 5:20pm - 6:00pm Get Moving Club/Clean up/Check out	Wednesday & Friday 3:20pm - 4:00pm Arrive/Snack/Recess 4:05pm - 4:50pm Project Learn 4:55pm - 5:25pm STEM Club 5:30pm - 6:00pm Clean up/Check out

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Program Address: 730 S 6th W, Heber City, UT 84032

November Club & Activity Details

Message to Parents:

Welcome to November! This month is unique as it is the last month we will be running our SMART Moves program. This is a short term program that only runs for a few months and we will be wrapping it up at the end of the month. We will continue to run our Positive Action program for the remainder of the year.

Social Emotional Learning- Positive Action & SMART Moves - This month will focus on understanding our choices and consequences, physical health/positive actions, taking care of and protecting our bodies, and improving our intellectual health. Our members will also learn about relaxation, calming our bodies, and their superhero self.

Project Learn - Members will be guided and supported in completing any homework assignments. They will also be engaged in age/grade appropriate activities when they don't have any class assignments or homework to complete.

Clubs:

STEM Club - Members will learn to use science, technology, engineering, and math in a fun and creative way! Rocket building, volcano eruptions, and more. Students will be making homemade slime, learning the life cycle of plants and growing some, and building catapults.

Get Moving Club - Members really enjoy this club, getting to learn new games, practice teamwork, and developing gross motor skills! This month we are continuing to learn and play new sports. Our students are spending as much time outside before the weather gets too cold!

Arts & Crafts Club - Members get to express their creativity in this club using a plethora of mediums! This month students will spend time learning about and creating stained glass.