

November 2024

Bonneville

1245 N 800 W Orem, Utah 84057 | 801-372-5461



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Anti-Bullying, Positive Action, and SMART Moves!

Happy Birthday



11/10-Emily
11/11-Geraldine
11/12-Lyriq
11/26-Gustavo

UPCOMING EVENTS

November 15, 2024 6pm-8pm: School Led Clothing Swap @ Orem Jr.

CLUB CLOSED

November 27-29: Thanksgiving Break
Have a great Thanksgiving!



Get To Know Matthew!

"I'm Matthew Ryan, a Youth Developmental Professional at Bonneville Elementary. I have a passion for working with kids, which started when I taught piano during high school and volunteered at Primary Children's Hospital. Outside of work, I enjoy rock climbing and hiking around Provo Canyon. Currently, I'm studying engineering at UVU, and I'm always happy to help any students with their math homework!"
We love having Mr. Matthew on our team!

CONTACT INFORMATION

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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

3:35-4:20pm (K-2), 2:50-3:35pm (3-6)
Monday-Thursday

Time to work on homework, practice math, read, or do other academically enriching activities (HYLAs).

STEM Labs

3:05-3:35pm (K-2), 3:50-4:20pm (3-6)
Monday & Wednesday
3:15-5:15 Friday

Activities involving science, technology, engineering, mathematics, and related topics. Kids will learn a variety of STEM related skills and participate in many hands-on activities. This month's focus is Environmental/Earth Science!

Enrichment

4:20-5:20 (Monday-Thursday)
3:15-5:15 (Friday)

Clubs are provided Monday-Thursday that are designed to introduce new activities, new passions, and new ideas to the children. This month's clubs are Service Club and LEGO Club!

We offer a rotation of activities on Friday where kids can participate in a new physical, creative, or STEM activity each week.

Social Emotional Learning (Prevention & Behavior)

Positive Action 3:05-3:35pm (K-2), 3:50-4:20pm (3-6)
Tuesday & Thursday
SMART Moves 3:15-4:15pm (K-2), 4:20-5:20pm (3-6)
Friday

SMART Moves: Rain Stick Relaxation, Calming Bottles, I Can Plan, Coping Strategies Game, Coping Blocks, Coping Strategies Gallery and Coping Strategies Carnival!

Positive Action: K-3: Mid-Survey 1 and Managing Yourself Using Social / Emotional Positive Actions

4-6: Mid-Surveys 1, On Track and On Time, Do What You Need to Do When You Need to Do It, Time Off for Good Behavior, Gearing Up!, and A Positive Relationship with Money



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Utah State Board of Education



Bonneville Afterschool Program 2024-2025



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Thinking Outside the Box	28	29	30	31	1 Fun Friday Social Emotional Learning: SMART Moves K-3: Rain Sticks Relaxation 4-6: Calming Bottles Physical, Creative, & STEM Rotations Gratitude
Mid-Surveys 1	4 Power Hour STEM Labs- Turkey STEM Clubs 4-6: LEGO Club K-3: Service Club	5 Power Hour Social Emotional Learning: Positive Action (P) K-6: Mid-Survey #1 Clubs K-3: LEGO Club 4-6: Service Club	6 Power Hour STEM Labs- Turkey STEM Clubs 4-6: LEGO Club K-3: Service Club	7 Power Hour Social Emotional Learning: Positive Action (B) K-6: Mid-Survey #1 Clubs K-3:LEGO Club 4-6: Service Club	8 Fun Friday Social Emotional Learning: SMART Moves K-3: I Can Plan 4-6: I Can Plan Physical, Creative, & STEM Rotations Gratitude
Practicing Self-Management	11 Power Hour STEM Labs- Turkey STEM Clubs 4-6: LEGO Club K-3: Service Club	12 Power Hour Social Emotional Learning: Positive Action (P) K-3: Managing Yourself Using Social/Emotional Positive Actions 4-6: On Track and On Time Clubs K-3: LEGO Club 4-6: Service Club	13 Power Hour STEM Labs- Turkey STEM Clubs 4-6: LEGO Club K-3: Service Club	14 Power Hour Social Emotional Learning: Positive Action (B) K-3: Managing Yourself Using Social/Emotional Positive Actions 4-6: Do What You Need To Do When You Need To Do It Clubs K-3: LEGO Club 4-6: Service Club	15 Fun Friday Social Emotional Learning: SMART Moves K-3: Coping Strategies Game 4-6: Coping Blocks Physical, Creative, & STEM Rotations Gratitude
Practicing Positive Actions	18 Power Hour STEM Labs- Turkey STEM Clubs 4-6: LEGO Club K-3: Service Club	19 Power Hour Social Emotional Learning: Positive Action (P) K-3: Managing Yourself Using Social/Emotional Positive Actions 4-6: Time Off for Good Behavior Clubs K-3: LEGO Club 4-6: Service Club	20 Power Hour STEM Labs- Turkey STEM Clubs 4-6: LEGO Club K-3: Service Club	21 Power Hour Social Emotional Learning: Positive Action (B) K-3: Managing Yourself Using Social/Emotional Positive Actions 4-6: Gearing Up! Clubs K-3: LEGO Club 4-6: Service Club	22 Fun Friday Fire Drill @2:45pm Social Emotional Learning: SMART Moves K-3: Coping Strategies Gallery 4-6: Coping Strategies Carnival! Physical, Creative, & STEM Rotations Gratitude
Managing Ourselves with Positive Actions	25 Power Hour STEM Labs- Turkey STEM Clubs 4-6: LEGO Club K-3: Service Club	26 Power Hour Social Emotional Learning: Positive Action (P) K-3: Managing Yourself Using Social/Emotional Positive Actions 4-6: A Positive Relationship with Money Clubs K-3: LEGO Club 4-6: Service Club	27 AFTERSCHOOL CLUB CLOSED — Thanksgiving Break	28 AFTERSCHOOL CLUB CLOSED — Thanksgiving Break	29 AFTERSCHOOL CLUB CLOSED — Thanksgiving Break

Daily Schedule (Monday & Wednesday)	Daily Schedule (Tuesday & Thursday)	Daily Schedule (Friday)
2:15-2:30 Check-in & Snack 2:30-2:50 Recess 2:50- 3:05 Circle-up (K-2) 3:05-3:35 STEM Labs (K-2) 2:50-3:35 Power hour (3-6) 3:35-3:50 Circle-up (3-6) 3:50-4:20 STEM Labs (3-6) 3:35-4:20 Power Hour (K-2) 4:20-5:20 Enrichment Clubs (Physical & Creative) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-2:50 Recess 2:50- 3:05 Circle-up (K-2) 3:05-3:35 Social Emotional Learning: Positive Action (K-2) 2:50-3:35 Power hour (3-6) 3:35-3:50 Circle-up (3-6) 3:50-4:20 Social Emotional Learning: Positive Action (3-6) 3:35-4:20 Power Hour (K-2) 4:20-5:20 Enrichment Clubs (Physical & Creative) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-3:00 Recess 3:05- 3:15 Circle-up 3:15-4:15 Social Emotional Learning Activity: SMART Moves (K-3) & Enrichment Rotations (4-6) 4:20-5:20 SEL Activity: SMART Moves (4-6) & Enrichment Rotations (K-3) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out



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UTAH DEPARTMENT OF
WORKFORCE
SERVICES
CHILD CARE

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BOYS & GIRLS CLUBS
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Bonneville Afterschool Program 2024-2025

November Club & Activity Details

Message to Parents:

Hello Everyone! We are thrilled to partner with you in our afterschool program this year! Our goal is to create a fun, supportive environment where your child can explore new interests, build skills, and form lasting friendships. We're excited to work together to make this a rewarding experience for everyone involved! As we enter the month of November, we are excited to continue our afterschool program filled with engaging activities and hands-on learning experiences. This month, our students will dive into STEM (Science, Technology, Engineering, and Math) projects that spark creativity, problem-solving, and teamwork. In the spirit of Thanksgiving, we also want to take a moment to express our gratitude to you for your ongoing support. Your involvement and encouragement play a crucial role in fostering your child's growth and curiosity. We are thankful for the opportunity to be a part of their learning journey. We look forward to another exciting month of discovery and exploration with your children!

STEM - Get ready for a spine-tingling adventure in the Spooky Science Club! Young scientists will explore the eerie side of science through fun, hands-on experiments that ooze, glow, and fizz. From creating ghostly slime to brewing bubbling potions, kids will uncover the mysteries of chemistry, physics, and biology in a safe and exciting environment. Every session promises thrills, chills, and a whole lot of discovery! Perfect for curious minds ready to embrace the magic of science with a spooky twist. STEM Labs are taught on Tuesday and Thursday, with an additional activity during Friday rotations.

Social-Emotional Learning -- The **Positive Action** curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week.

SMART Moves is a suite of Targeted Programs and other resources designed to help young people develop healthy decision-making attitudes and skills. This is taught during Friday rotations over the course of 10 weeks and we will complete the lessons by the end of November.

Power Hour - The primary focus of Power Hour is to support our youth in completing their homework, engaging in High Yield Learning Activities (HYLAs), and participating in our reading and math programs. Our goal is to reduce missing assignments by collaborating with school-day teachers and ensuring that students complete their daily tasks during our program, allowing for more quality family time at home. For students without homework, we offer a variety of HYLAs, along with our reading and math programs, to further enhance their overall knowledge and skills in these important subjects. This is completed Monday-Thursday for 45 minutes!

Service Club - Service Club is a fun and inspiring way for young children to engage in community service and make a positive impact. Through age-appropriate activities, children will learn the value of kindness, empathy, and helping others. From creating care packages for local shelters to participating in clean-up events and making holiday cards for the elderly, members of the club will work on projects that teach responsibility and teamwork. This service club helps children develop a sense of compassion and community spirit, all while enjoying hands-on, meaningful projects that show them they have the power to make a difference. Students in grades K-3 will join the club on Mondays and Wednesdays, while those in grades 4-6 will participate on Tuesdays and Thursdays.

LEGO Club - The LEGO Builders Club is the perfect space for young creators to bring their imaginations to life! Designed for children aged 5-12, this club encourages creativity, problem-solving, and teamwork through exciting LEGO building challenges and free play. Each session, members will engage in fun activities like themed builds, collaborative projects, and STEM-based challenges, all while developing essential skills like fine motor coordination and spatial reasoning. From towering skyscrapers to intricate machines, the possibilities are endless! Whether your child is a seasoned LEGO master or just beginning their building journey, this club is a great way to explore, experiment, and create in a supportive and fun environment. Students in grades K-3 will join the club on Tuesdays and Thursdays, while those in grades 4-6 will participate on Mondays and Wednesdays.