

October 2024

Walden High

4266 N University Ave, Provo, UT 84604



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Positive Action focus this month is "Who Am I Physically & Intellectually?"

Happy Birthday!

Maelie - 10/4
Poe - 10/27
Leighton - 10/29



UPCOMING EVENTS

Mon. Oct 7th - Fri. Oct 11th –
College Week

Fri. Oct 11th –
College Career Day

CLUB CLOSED

Wed. Oct 16th –
Parent Teacher Conferences

Thu. Oct 17th - Fri. Oct 18th –
Fall Break!

Mon. Oct 21st –
Teacher Prep Day

Fri. Oct 25th –
Boys & Girls Clubs Staff Conference



CONTACT INFORMATION

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Site Coordinator

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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

CLUB OFFERINGS

Project Learn

Project Learn or "Power Hour/Homework Help" is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

STEM Labs

We offer a variety of clubs focused on building skills in Science, Technology, Engineering, and Math (STEM). Through these clubs, students will engage in diverse STEM activities, learning essential skills that foster innovation, critical thinking, and problem-solving. These hands-on experiences not only enhance their understanding of STEM concepts but

also inspire a lifelong passion for learning and discovery.

Enrichment

Students are given the opportunity to explore and learn a diverse range of skills through various engaging activities. These activities are carefully designed to foster creativity, critical thinking, and collaboration, ensuring that each student can discover and develop their unique talents. From hands-on projects and interactive workshops to team-building exercises and individual challenges, our program offers a comprehensive approach to learning that goes beyond traditional classroom experiences. This holistic approach helps students gain confidence, enhance their problem-solving abilities, and build essential life skills that will serve them well in the future.

Social Emotional Learning Prevention & Education

Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

Every week, we will explore a variety of social and emotional topics using the SMART Moves curriculum, fostering meaningful discussions and personal growth



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Utah State Board of Education



UTAH DEPARTMENT OF
WORKFORCE
SERVICES
CHILD CARE



| Positive Action Weekly Focus | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------------------------|-----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|
| Taking Care of Our Bodies | Dungeons&Dragons ¹² Math Lab/STEM ² Power Hour ² | Dungeons&Dragons ¹² Shakespeare Club ¹² Social Emotional Learning - Positive Action (P): Am I What I Eat? ² Power Hour ² | Social Emotional Learning - SMART Moves: Session 4 ² Strategy Enrichment ² Math Lab/STEM ² Power Hour ² | Multicultural Club ¹² Shakespeare Club ¹² Social Emotional Learning - Positive Action (B): Why Should We Bust a Move? ² Math Lab/STEM ² Power Hour ² | Dungeons&Dragons ¹² Power Hour ² |
| Finding Balance with Exercise and Rest | Dungeons&Dragons ¹² Math Lab/STEM ² Power Hour ² | Dungeons&Dragons ¹² Shakespeare Club ¹² Social Emotional Learning - Positive Action (P): Can Exercise "Move My Mood"? ² Power Hour ² | Social Emotional Learning - SMART Moves: Session 5 ² Strategy Enrichment ² Math Lab/STEM ² Power Hour ² | Multicultural Club ¹² Shakespeare Club ¹² Social Emotional Learning - Positive Action (B): Why Am I Tired All the Time? ² Math Lab/STEM ² Power Hour ² | Dungeons&Dragons ¹² Power Hour ² |
| The Power of Resting | Dungeons&Dragons ¹² Math Lab/STEM ² Power Hour ² | Dungeons&Dragons ¹² Shakespeare Club ¹² Social Emotional Learning - Positive Action (P): Do I Make Time to Rest? ² Power Hour ² | NO CLUBS: PARENT TEACHER CONFERENCES | NO CLUBS: FALL BREAK | NO CLUBS: FALL BREAK |
| Safety is Important | NO CLUBS: TEACHER PREP DAY | Dungeons&Dragons ¹² Shakespeare Club ¹² Social Emotional Learning - Positive Action (P): How Can Sleep Improve My Life? ² Power Hour ² | Social Emotional Learning - SMART Moves: Session 6 ² Strategy Enrichment ² Math Lab/STEM ² Power Hour ² | Multicultural Club ¹² Shakespeare Club ¹² Social Emotional Learning - Positive Action (B): Are Your Lives at Stake? Why Is Safety So Important? ² Math Lab/STEM ² Power Hour ² | NO CLUBS: BOYS & GIRLS CLUB STAFF CONFERENCE |
| Expanding our Capacity to Learn | Dungeons&Dragons ¹² Math Lab/STEM ² Power Hour ² | Dungeons&Dragons ¹² Shakespeare Club ¹² Social Emotional Learning - Positive Action (P): Why Is Learning Cool? ² Power Hour ² | Social Emotional Learning - SMART Moves: Session 7 ² Strategy Enrichment ² Math Lab/STEM ² Power Hour ² | Multicultural Club ¹² Shakespeare Club ¹² Social Emotional Learning - Positive Action (B): What is Curiosity & What Would Make Me A Great Thinker? ² Math Lab/STEM ² Power Hour ² | Dungeons&Dragons ¹² Power Hour ² |

Daily Schedule

Math Lab/STEM
M,W,Th 3:15pm-5:30pm

Monday-Thursday Programming
Transition Time/Check In/Snack 3:00pm-3:15pm
Social Emotional Learning - SMART Moves (W) 3:15pm-4:15pm
Social Emotional Learning - Positive Action (T/TH) 3:15pm-3:45pm
Power Hour 3:15pm-5:30pm
Enrichment Clubs (M/T/TH) 3:15pm-5:30pm
Enrichment Clubs (W) 4:15pm-5:30pm
Check Out 5:30pm

Friday Programming
Transition Time/Check In/Snack 12:45pm-1:00pm
Power Hour 1:00pm-5:30pm
Enrichment Clubs 1:00pm-5:30 pm
Check Out 5:30pm

¹21st Century sponsored club
²Boys & Girls Clubs of Utah County sponsored club

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October Club & Activity Details

Message to Parents:

Hello from The Boys & Girls Club at Walden High! We're beyond excited to have you in our afterschool program, where every day is an adventure in learning and discovery. This year, prepare for a whirlwind of fresh activities, creative projects, and enriching experiences designed to spark curiosity and foster growth. Our dedicated team is ready to guide your child through a year filled with fun, exploration, and achievement. Thank you for your ongoing support and enthusiasm—together, we'll make this year unforgettable!

Project Learn/Homework Help: Project Learn is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

Dungeons & Dragons: Dungeons & Dragons offers numerous educational benefits, including enhancing critical thinking, creativity, and problem-solving skills. It fosters teamwork and collaboration, improves communication and literacy, and reinforces numeracy skills. The game also helps develop social skills and empathy, builds persistence and resilience, and provides leadership and decision-making opportunities, especially for student Dungeon Masters. Overall, D&D is a powerful tool for holistic learning and personal development.

Shakespeare/Storytelling Club: Joining Shakespeare Club offers many educational benefits that extend far beyond the stage. Through the practice of acting, students enhance their public speaking and communication skills, gaining confidence and poise in front of an audience. The collaborative nature of theater fosters teamwork and social skills as students work together to create performances. The experience of rehearsals and performances also helps develop time management and organizational skills, preparing students for various challenges both academically and personally. Overall, Shakespeare Club provides a dynamic platform for personal growth, creative expression, and essential life skills.

Strategy Enrichment - *NEW* MTG Club: Do you enjoy the strategic excitement of tabletop games like Vast, Risk, or Catan but find the complex rules overwhelming? Join us and immerse yourself in the world of tabletop gaming in a supportive and educational environment. Or, if you enjoy the complex thrill of fantasy-based card games, **Magic: The Gathering (MTG)** is just for you. Within the next few weeks, we will bring to life our very own Magic: The Gathering Club so look out for more announcements to come! Overall, our strategy enrichment clubs provide clear guidance on game mechanics, helping you develop critical thinking, strategic planning, and problem-solving skills. Whether you're a seasoned player or an eager novice, these clubs offer a collaborative space to enjoy intellectually stimulating games and enhance your understanding of game dynamics.

Multicultural Club: Are you an avid fan of the Japanese language, film, literature, etiquette, and more? Or even just a curious beginner? Come join a Multicultural club! Through group study, we bring Japanese culture immersion to life, highlighting various culture subsets weekly. It's a blast you don't want to miss!

Social Emotional Learning - Positive Action and SMART Moves: Positive Action and SMART Moves are designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

