

October 2024

Walden Elementary

4230 N University Ave, Provo, UT 84604



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Before, During, and After

Happy Birthday



Sofia 5
Aria 11
Anne 31
Billie 31

UPCOMING EVENTS

CLUB CLOSED

October 17-21 for Fall Break
October 25th - Staff Training Day



Get To Know



Charlotte Tidwell is new to The Boys and Girls Club, but not to Walden. She has been a Walden parent for eleven years and is happy to get to work with your students after school. She is a writer and Social Work student. Charlotte's goal is to get your students excited about trying new things and finding hidden interests and talents!

CONTACT INFORMATION

Charlotte Tidwell
Site Coordinator
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Art Clubs

Walden students are known for being creative and finding ways to express themselves through art. We have introduced multiple art projects already, and so far animation, drawing, and origami have been big hits! We will continue to offer these, and add sculpting with clay, friendship bracelets, and watercolor throughout the month.

Social Emotional Learning Prevention & Education

Positive Action is designed to equip students with a positive sense of self, and an understanding of the way their thoughts, feelings and actions create meaningful changes in their lives and impact relationships. Our goal is to support youth in becoming their best selves in all situations.

We will explore a variety of social and emotional topics using the SMART curriculum, fostering meaningful discussions and personal growth.

STEM Labs

Our club members love to build! For STEM Labs, we have been focusing on building structures, learning to reinforce materials to make them stronger, and more stable. This month we will be introducing different building materials and some simple inventions.



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Walden Elementary After school Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Choices & Consequences	30	1 Animation Studio Social Emotional Learning - Positive Action (P): To Choose or Not to Choose Power Hour	2 Sports Club Building STEM Power Hour	3 Illustration/Storytelling Fine Arts Club Social Emotional Learning - Positive Action (B): Being a Good Egg Power Hour	4 Outdoor Club Meditation Activity Social Emotional Learning - SMART Moves Power Hour
Physical Health Positive Actions	7 Eco Warriors Math Wizards STEM Power Hour	8 Animation Studio Social Emotional Learning - Positive Action (P): Feeling Good About Your Body and Mind Power Hour	9 Sports Club Building STEM Power Hour	10 Illustration/Storytelling Social Emotional Learning - Positive Action (B): What Your Body Needs To Thrive Power Hour	11 Outdoor Club Meditation Activity Social Emotional Learning - SMART Moves Power Hour
Taking care of our bodies	14 Sports Club Math Wizards STEM Power Hour	15 Animation Studio Social Emotional Learning - Positive Action (P): What to Eat Power Hour	16 Sports Club Building STEM Power Hour SMART Moves	17 NO CLUBS: FALL BREAK	18 NO CLUBS: FALL BREAK
Protecting our bodies	21 NO CLUBS: FALL BREAK	22 Animation Studio Social Emotional Learning - Positive Action (P): Beware of the Burn Power Hour	23 Sports Club Building STEM Power Hour	24 Illustration/Storytelling Social Emotional Learning - Positive Action (B): Taking Care Of Home Power Hour SMART Moves	25 NO CLUBS: Closed for Staff Training
Improving our intellectual Health	28 Sports Club Math Wizards STEM Power Hour	29 Animation Studio Social Emotional Learning - Positive Action (P): Thinking Big Power Hour	30 Sports Club Building STEM Power Hour	31 Halloween All clubs will be Halloween themed!	1

Daily Schedule	Tuesday/Thursday Schedule	Friday Schedule
Monday/Wednesday Schedule <ul style="list-style-type: none"> 3:15-3:35 – Snack and Circle Up 3:35-4:00 – Recess 4:00-4:30 – Power Hour 4:30-5:25 – Club/STEM 5:30 – Pick Up 	<ul style="list-style-type: none"> 3:15-3:35 – Snack and Circle Up 3:35-4:05 – Power Hour 4:10-4:40 – Social Emotional Learning - Positive Action 4:45-5:25 – Enrichment Club 5:30 - Pick Up 	<ul style="list-style-type: none"> 1:15-1:30 - Check In and Circle Up 1:30-2:15 - Recess 2:15-2:30 - Snack 2:30-3:00 - Power Hour 3:00-4:30 - Enrichment Clubs 4:30-5:25-Social Emotional Learning - SMART 5:30 - Pick Up

Contact Info
<i>Site Coordinator - Charlotte Tidwell</i> Email: waldenelementary@bgcutah.org Phone: 801-372-8594
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October Club & Activity Details

Message to Parents:

One month into the school year, and our clubs are off to a great start! We have seen such an amazing turnout, and are actively working to expand our staff to accommodate even more club members. From arts and crafts, to engineering and bugs, we are delighted to share our interests with your children and help them find their passions, build friendships, and encourage their emotional development.

Eco Warriors Club - The Eco Warriors Club empowers kids to become environmental stewards through engaging, hands-on projects focused on sustainability and conservation. Participants work on activities like upcycling crafts, recycling challenges, and nature conservation projects to learn about and protect the environment. The club fosters a sense of responsibility and creativity as kids explore ways to make a positive impact on their surroundings.

Animation Studio - The Animation Studio Club is a dynamic afterschool program where kids dive into the world of animation, learning to bring their creative ideas to life. Participants start by exploring the basics of animation, including various techniques like stop-motion and digital animation. They brainstorm and sketch their ideas, create storyboards, and then use materials such as paper, clay, or digital tools to produce their animations. Through hands-on projects, kids develop storytelling, problem-solving, and technical skills.

Storytelling and Writing - The Storytelling and Writing Club encourages kids to explore their imaginations through creative writing and storytelling. Participants craft their own stories, create comics, and engage in fun writing exercises to develop their narrative skills. The club also provides opportunities for sharing their work with peers, fostering a love for storytelling and boosting confidence.

Sports Club - The Sports Club offers kids a chance to stay active and have fun by participating in a variety of sports and games. Through organized activities and friendly competition, they build teamwork, coordination, and physical fitness. The club promotes a positive, inclusive environment where kids can develop their athletic skills and enjoy the benefits of regular exercise.

Fine Arts Club - Joining a fine arts club helps teens build essential skills. Through various art forms like painting and sculpture, they enhance creativity, fine motor skills, and problem-solving. The club encourages patience, collaboration, and confidence, as teens refine their talents, work on group projects, and gain feedback on their artwork.

Positive Action - Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

SMART - A social-emotional curriculum for teens helps them build essential skills like self-awareness, emotional regulation, and strong relationships. Through interactive activities and discussions, teens learn to manage stress, navigate complex emotions, and resolve conflicts effectively. The curriculum also promotes empathy, resilience, and confidence, equipping teens with the emotional intelligence and social skills needed to thrive in both personal and academic settings.

STEM - STEM (Science, Technology, Engineering, and Math) programs offer teens a wide range of benefits that extend beyond the classroom. By engaging in hands-on projects, teens develop critical thinking, problem-solving, and analytical skills that are essential for tackling real-world challenges. STEM activities also encourage creativity and innovation, allowing teens to explore new ideas and experiment with solutions.

