

October 2024

Timpanogos

449 N 500 W, Provo, UT 84601 | (801) 857-4361



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Positive Action and SMART Moves

Happy
Birthday



3 - Eisen
18- Aranza & Zeus
21 - Samantha
30- Noah

UPCOMING EVENTS

Fall Break- October 17th - 21st

CLUB CLOSED

October 17th - 21st Fall Break
October 22nd - Teacher Development Day- NO SCHOOL NO CLUB
October 25th - BGC Staff Training Day



Get To Know Eliza Howard!



Hi! My name is Eliza! I'm a senior at BYU studying human development with an emphasis in biology. I'm also a cosmetology student at the Renaissance Academy. I love traveling with my husband, playing with my puppy, and reading a good book!

CONTACT INFORMATION

Joanna Smith
Site Coordinator
Phone: (801) 857-4361
Email: timpanogos@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday & Wednesday
3:50 pm - 4:35pm
Tuesday & Thursday
4:25pm - 5:10pm

Homework Help, High Yield Learning Activities (HYLA), Brain Games!

STEM Labs

Monday & Wednesday
4:40pm - 5:10pm

Enrichment

Monday & Wednesday
4:50pm - 5:10pm
Fridays
4:00pm - 5:15pm

Get Moving Club & Creative Club

Social Emotional Learning (Prevention & Behavior)

Tuesday & Thursday (Positive Action)
4:40pm - 5:10pm

Friday (SMART Moves)
2:25pm - 3:25pm

Positive Action:
Physical Health, Taking Care of Our Bodies, Protecting our Bodies, Intellectual Health
SMART Moves:
Emotions head to Toe, Time Travelers, Magic Carpet Ride, My Superhero Self



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Utah State Board of Education



Timpanogos After school Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Physical Health Positive Actions	30 Circle Up Project Learn STEM Clubs	1 Social Emotional Learning (P) K - 2: Healthy Self Concept 3-6: Feeling Good about Body and Mind Project Learn	2 Circle Up Project Learn STEM Clubs	3 Social Emotional Learning (B) K - 2: Healthy Self Concept 3-6: What your Body Needs to Thrive Project Learn	4 Recess Circle Up SMART Moves Snack Clubs
Taking Care of OUR Bodies	7 Circle Up Project Learn STEM Clubs	8 Social Emotional Learning (P) K - 2: Healthy Self Concept 3-6: What to Eat Project Learn	9 Circle Up Project Learn STEM Clubs	10 Social Emotional Learning (B) K - 2: Healthy Self Concept 3-6: Move & Groove Project Learn	11 Recess Circle Up SMART Moves Snack Clubs
Protecting our bodies	14 Circle Up Project Learn STEM Clubs	15 Social Emotional Learning (P) K - 2: Healthy Self Concept 3-6: Beware the Burn Project Learn	16 Circle Up Project Learn STEM Clubs	17 CLUB CLOSED Fall Break	18 CLUB CLOSED FALL BREAK
Improving our Intellectual Health	21 CLUB CLOSED Fall Break	22 CLUB CLOSED Teacher Work Day	23 Circle Up Project Learn STEM Clubs	24 Social Emotional Learning (B) K - 2: Healthy Self Concept 3-6: Remember This Project Learn	25 CLUB CLOSED BGC Staff Development
Thinking Outside the Box	28 Circle Up Project Learn STEM Clubs	29 Social Emotional Learning (P) K - 2: Managing Yourself 3-6: Make it New Again Project Learn	30 Circle Up Project Learn STEM Clubs	31 Social Emotional Learning (B) K - 2: Managing Yourself 3-6: When it Counts Project Learn	1

Monday & Wednesday Schedule	Tuesday & Thursday Schedule	Friday Daily Schedule
3:05pm - 3:35pm Check in & Circle Up 3:35pm - 3:50pm Snack, Clean Up, Recess 3:50pm - 4:35pm Project Learn 4:35pm - 4:40pm Transition 4:40pm - 5:10pm STEM 4:40pm - 5:10pm Creative Club 5:10pm - 5:15pm End of day Cleanup 5:15pm - 5:30pm Backpack games 5:30pm Program Closes	3:05pm - 3:35pm Check in & Circle Up 3:35pm - 3:50pm Snack, Clean Up, Recess 3:50pm - 4:20pm Social Emotional Learning: Positive Action 4:20pm - 4:25pm Transition 4:25pm - 5:10pm Project Learn 5:10pm - 5:25pm End of day Cleanup 5:30pm Program Closes	1:30pm - 2:00pm Check in & Recess 2:00pm - 2:05pm Transition 2:05pm - 2:20pm Circle Up 2:25pm - 3:25pm Social Emotional Learning: SMART Moves 3:25pm - 3:30pm Transition 3:30pm - 3:45pm Snack 3:45pm - 4:00pm Clean up & Transition 4:00pm - 4:30pm Get Moving Club 4:30pm - 5:00pm Creative Club 5:00pm - 5:15pm End of day Clean up 5:15pm - 5:30pm Backpack Games 5:30pm Program Closes

Contact Info
Joanna Smith Site Coordinator Email: timpanogos@bgcutah.org Phone: (801) 857 - 4361 Program Address: 449 N 500 W, Provo, UT 84601

October Club & Activity Details

Message to Parents:

Hello Parents and Guardians! I cannot believe we are already to October! Thank you for being patient with us as we started the school year a bit slower this year. We are thankful for your members who come every day and thank you to you for supporting us in the work that we do! We are excited to continue our all around learning in October with STEM Club, creative club, and of course our social emotional learning curriculums! Within these curriculums we will be learning more about how to take care of our intellectual and physical bodies as well as our other emotions as a whole.

Project Learn - Project Learn or “Power Hour” is our academic time Monday - Thursday to help support what our club members are learning during the school day. Boys & Girls Club offers homework help, High Yield Learning activities, and other fun games/activities that have an academic focus that are still fun!

STEM - STEM is our twice a week rotation that is taught by our AmeriCorps members! STEM includes topics of science, technology, engineering, and math. Within this club our members will be able to learn and explore aspects of how the world works around them. Building, creating, and constructing projects out of objects in the world around them.

Social Emotional Learning- Similar to previous years, Boys & Girls Club uses two social emotional learning curriculums– SMART Moves and Positive Action. Within both curriculums, club members will learn a lot about feelings, emotions, being a good friend/peer, and ways to help others. Social Emotions are crucial to development and we make learning fun through these curriculums!

Get Moving Club - This month, club members will have the opportunity to learn about various sports and games within Get Moving club. Members will practice gross motor skills, teamwork, and sportsmanship. The Get Moving club is separated by grade group to make sure that all members are safe, as different ages have different understandings, abilities, and motives.

Creative Club - In this club, members will be able to express themselves through various art mediums and crafting supplies. Members will learn new techniques and use materials that invite creativity and learning.

