

October 2024

Provo Peaks

665 E Center St Provo UT 84606 | (801) 717-0809



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is

Get To Know



Hi! I'm Lexi Clayton. I just got married back in May and I am a junior at BYU. I'm studying communication disorders and love working with kids. My current obsession is vanilla milkshakes from in-n-out! I love to play pickleball, go to the gym, and spend time with family and friends.

CONTACT INFORMATION

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Site Coordinator
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Daily

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities such as theme based clubs, homework help, and HYLEA's (High Yield, Creative, Physical & STEM Learning Activity Rotations) and also participate in our reading program, homework help, HYLEA activities, etc.

STEM Labs

Friday

Youth learn all about the scientific and design processes through hands-on experiments.

Enrichment

Daily

Enrichment Activities provide students with an opportunity to develop desired skills and increase their creativity.

Social Emotional Learning

(Prevention & Behavior)

Monday & Wednesday Gr 3-6
Tuesday & Thursday Gr K-2
Friday All Grades

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional learning skills. All Social Emotional Learning skills are taught through daily lessons and then integrated throughout the rest of programming.

Happy
Birthday



Valerie U. - October 2nd
Kyree N. - October 9th
Nico S. - October 18th
Aryelle S. October 24th

UPCOMING EVENTS

Fall Break- October 17-21
Club Closed- October 25
Halloween- October 31

CLUB CLOSED

October 17-21 - Fall Break
October 25 - BGC Staff Training



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UTAH DEPARTMENT OF
WORKFORCE
SERVICES
CHILD CARE

Provo Peaks
After school Program
2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Physical Health Positive Actions	30	1 PowerHour Gr K-2 Positive Action (P) Gr 3-6 STEM Group 1: Exploration Club Group 2: Creating Tomorrow Club	2 PowerHour Gr K-2 HYLEA Rotations Gr 3-6 Positive Action (B) Group 1: Creating Tomorrow Club Group 2: Exploration Club	3 PowerHour Gr K-2 HYLEA Rotations Gr 3-6 Positive Action (B) Group 1: Exploration Club Group 2: Creating Tomorrow Club	4 FUN FRIDAY SMART Moves Project Learn: Enrichment Rotations (Creative, Physical & STEM)
Taking Care of our Bodies	7 PowerHour Gr K-2 STEM Gr 3-6 Positive Action (P) Group 1: Creating Tomorrow Club Group 2: Exploration Club	8 PowerHour Gr K-2 Positive Action (P) Gr 3-6 STEM Group 1: Exploration Club Group 2: Creating Tomorrow Club	9 PowerHour Gr K-2 HYLEA Rotations Gr 3-6 Positive Action (B) Group 1: Creating Tomorrow Club Group 2: Exploration Club	10 PowerHour Gr K-2 HYLEA Rotations Gr 3-6 Positive Action (B) Group 1: Exploration Club Group 2: Creating Tomorrow Club	11 FUN FRIDAY SMART Moves Project Learn: Enrichment Rotations (Creative, Physical & STEM)
Protecting our Bodies	14 PowerHour Gr K-2 STEM Gr 3-6 Positive Action (P) Group 1: Creating Tomorrow Club Group 2: Exploration Club	15 PowerHour Gr K-2 Positive Action (P) Gr 3-6 STEM Group 1: Exploration Club Group 2: Creating Tomorrow Club	16 PowerHour Gr K-2 HYLEA Rotations Gr 3-6 Positive Action (B) Group 1: Creating Tomorrow Club Group 2: Exploration Club	17 Program Closed Fall Break	18 Program Closed Fall Break
Improving our Intellectual Health	21 Program Closed Fall Break	22 Program Closed Fall Break	23 PowerHour Gr K-2 HYLEA Rotations Gr 3-6 Positive Action (B) Group 1: Creating Tomorrow Club Group 2: Exploration Club	24 PowerHour Gr K-2 HYLEA Rotations Gr 3-6 Positive Action (B) Group 1: Exploration Club Group 2: Creating Tomorrow Club	25 FUN FRIDAY SMART Moves Project Learn: Enrichment Rotations (Creative, Physical & STEM)
Thinking Outside the Box	28 PowerHour Gr K-2 STEM Gr 3-6 Positive Action (P) Group 1: Creating Tomorrow Club Group 2: Exploration Club	29 PowerHour Gr K-2 Positive Action (P) Gr 3-6 STEM Group 1: Exploration Club Group 2: Creating Tomorrow Club	30 PowerHour Gr K-2 HYLEA Rotations Gr 3-6 Positive Action (B) Group 1: Creating Tomorrow Club Group 2: Exploration Club	31 HAPPY HALLOWEEN 	1

Daily Schedule		
Monday & Wednesday	Tuesday & Thursday	Friday
3:20 - 3:45 Check in, Snack, Recess 3:50 - 4:00 Circle up 4:00 - 4:20 Power Hour 4:25 - 4:55 Social Emotional Learning: Positive Action Gr 4-6 / STEM & HYLEA Rotations Gr K-3 4:55 - 5:30 Enrichment Clubs 5:30pm Program Closes, Checkout	3:20 - 3:45 Check in, Snack, Recess 3:55 - 4:00 Circle up 4:00 - 4:20 Power Hour 4:25 - 4:55 Social Emotional Learning: Positive Action Gr K-3 / STEM & HYLEA Rotations Gr 4-6 4:55 - 5:30 Enrichment Rotations 5:30pm Program Closes, Checkout	1:20 - 1:45 Check in, snack, recess 1:55 - 2:00 Circle up 2:10 - 2:40 Social Emotional Learning: SMART Moves 2:45 - 3:30 Project Learn Rotations 3:30pm Program Closes, Checkout

Contact Info	
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October Club & Activity Details

Message to Parents:

Every month, we will have an array of new activities lined up for the students where they will learn new skills and hobbies. Youth will also receive homework help during our Project Learn time known as PowerHour as well as academic enrichment. More information and details of each month will be given to you in our Newsletter and Calendar at the beginning of each month that will be attached to an email sent out to you by us. It is important to have your email updated so we can be sure you are all up to date with all of the information. We thank you all for giving up the opportunity to work with you and your children.

Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program - an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday through Thursday with new topics each week. The August theme is [INSERT THEME HERE]

SMART Moves - Is a BGCA Social Emotional Learning Curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

Project Learn:

Project Learn is a “catch all” term for our enrichment and academic support programs. Below are explanations of the two primary programs that are included in Project Learn.

PowerHour - PowerHour is a daily academic enrichment and support time where youth are provided help with homework assignments, engage in skill building HYLE activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

Enrichment Clubs -

Exploration Club - Club members will have the opportunity to discover different parts of nature and the outdoors. They will participate in outdoor games, learn survival skills, and learn more about how the outdoors can help people in many different ways. While the weather is still nice we will be having our students enjoy the sunshine and learn lots of new and fun skills.

Creating Tomorrow Club - Creating tomorrow club will allow students to explore and dive deeper into their interests. We will provide activities and materials needed to develop the skills that they would like to learn in life. We will include activities such as building design, jewelry making, entrepreneurship and much more!

