

September 2024

Provo Clubhouse

750 W 200 N, Provo, UT 84601 | (801) 717-6214



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is having a positive attitude and practicing positive actions.

Get To Know

Hello Boys and Girls Club members and parents! My name is Jessica Harris, I am the Program Manager for the Provo Clubhouse. My husband and I just recently moved to Utah County after living in sunny Southern Utah for nearly 4 years. I love to play with my dog, go hiking/walking, just about anything music related, photography, and have recently picked up fishing as a hobby!



CONTACT INFORMATION

Site Coordinator: Bianca Salazar
Phone: (801) 717-6214 Email: bianca.salazar@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday, Wednesday, & Friday

4:55pm

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities such as theme based clubs, homework help, and HYLAs (High Creative, Physical & STEM Rotations Learning Activities) and also participate in our reading program.

STEM Labs

Tuesday & Thursday
Friday choice rotation all grades

4:20pm

Youth learn all about the scientific and design processes through hands-on experiments.

Social Emotional Learning (Prevention and Behavior)

Monday, Wednesday, & Friday

4:20pm

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

Happy Birthday



Happy Birthday to all our September club members!

UPCOMING EVENTS

Sept. 2 - No Club (Labor Day)

CLUB CLOSED

Sept. 2 - LABOR DAY



www.facebook.com/bgcutah



www.instagram.com/bgcutah



Utah State Board of Education



Provo Clubhouse Afterschool Program 2024-2025

September



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Having a Positive Attitude	2 NO CLUB -LABOR DAY-	3 Power Hour STEM Art Club	4 Power Hour Social Emotional Learning: (B) Positive Action	5 Power Hour STEM Art Club	6 FUN FRIDAY Smart Moves Positive Action (B) Activity Rotations (creative, physical, & STEM)
Practicing Positive Actions	9 Social Emotional Learning: (P) Positive Action Power Hour	10 Power Hour STEM Art Club	11 Power Hour Social Emotional Learning: (B) Positive Action	12 Power Hour STEM Art Club	13 FUN FRIDAY Smart Moves Positive Action (B) Activity Rotations (creative, physical, & STEM)
Pre-Surveys	16 Social Emotional Learning: (P) Positive Action Power Hour	17 Power Hour STEM Art Club	18 Power Hour Social Emotional Learning: (B) Positive Action	19 Power Hour STEM Art Club	20 FUN FRIDAY Smart Moves Positive Action (B) Activity Rotations (creative, physical, & STEM)
Choices & Consequences	23 Social Emotional Learning: (P) Positive Action Power Hour	24 Power Hour STEM Art Club	25 Power Hour Social Emotional Learning: (B) Positive Action	26 Power Hour STEM Art Club	27 FUN FRIDAY Smart Moves Positive Action (B) Activity Rotations (creative, physical, & STEM)
Physical Health Positive Actions	30 Social Emotional Learning: (P) Positive Action Power Hour	1	2	3	4

Daily Schedule

Monday & Wednesday	Tuesday & Thursday	Friday
3:00 - 4:00 Club Opens; Snack & Activities 4:05 - 4:15 Circle Up - Age Groups 4:20 - 4:50 Positive Action 4:55 - 5:45 Project Learn: Power Hour 5:45 - 6:00 Final Clean Up 6:00 Snack & Check Out	3:00 - 4:00 Club Opens; Snack & Activities 4:05 - 4:15 Circle Up - Age Groups 4:15 - 5:00 STEM 5:00 - 5:45 Clubs 5:45 - 6:00 Final Clean Up 6:00 Snack & Check Out	1:00 - 2:00 Drop off & Snack; Activities 2:05 - 2:15 Circle Up - Age Groups 2:20 - 2:50 SMART Moves 2:55 - 3:15 Structured Outdoor Time 3:20 - 5 Activity Rotations 5:05 - 6:00 Choice Activities 6:00 Snack & Check Out

Contact Info

Site Coordinator: Bianca Salazar	Program Manager: Jessica Harris
Email: provoclubhouse@bgcutah.org	Phone: (801) 717-6214
Program Address: 750 W 200 N, Provo, UT 8460	



www.facebook.com/bgcutah



www.instagram.com/bgcutah



Utah State Board of Education



September Club & Activity Details

Message to Parents:

We look forward to spending more time with your kids at Boys and Girls Club this next month and hope that the activities that we have planned will have your kids just as excited! As we continue to get more staff on our team we will likely be adding more clubs to our activity schedule that will be engaging, interactive, and foster social & emotional learning. Be on the lookout for more clubs to come in the near future!

Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The September theme is getting along with others, a great way to start off the new year!

SMART Moves - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week. We will be spending Fridays getting out in the field doing a variety of activities including: foot races, soccer, hop scotch, and other activities that we can do outside. When the weather doesn't allow, we will do some other creative activities to get our bodies moving.

Project Learn:

Project Learn is a "catch all" term for our enrichment and academic support programs. Below are explanations of the two primary programs that are included in Project Learn.

Power Hour - PowerHour is a daily academic enrichment and support time where youth are provided help with homework assignments, engage in skill building HYLE activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

Enrichment Clubs -

Art Club (Creative) - This will include some painting, modeling clay, and other arts and crafts. Carolina, one of our top notch staff members, will be leading this club and is excited to be able to engage with the club members and help teach them some fun arts in a way that encourages social emotional learning.

STEM Labs:

Science - Youth will have the opportunity to participate in STEM labs twice per week and engage in an extra activity on Friday's. We are thrilled to have our friends from FlowServe back to provide fun hands-on activities all about STEM.

