

October 2024

Paradise Canyon

1795 W 1230 N, St George UT 84770 | (435) 673-8978



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is taking care of our bodies and intellectual health.

Happy Birthday



Barrett - 10th
Evalyne - 11th
Marina - 24th
Stella - 23rd
Wyatt - 2nd

UPCOMING EVENTS

Happy Halloween!!
October 31st 🎃

CLUB CLOSED

Oct 17-21 Fall Break
Oct 24 & 25 Staff Training



Get To Know

Ms Faith

This is her first year with BGC and she loves working with the students and is excited to get to know all of them more! In her free time she enjoys painting and writing. She is passionate about living a healthy lifestyle and helping others. Please welcome her to the team as she has been an awesome asset to the BGC team! 😊



CONTACT INFORMATION

Brittney Thliveris
Site Coordinator
Phone: (801) 372-2507
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday - Thursday 4:00 - 4:30

The main focus of power hour will be to help members complete homework assignments, work on HYLEA activities and also have the opportunity to work with program staff on assignments given throughout the week.

STEM Labs

Monday & Wednesday

K-3 3:30 - 4:00/4-5 4:00-4:30

Our STEM program offers students a variety of opportunities to engage in lessons that educate them on the scientific method and explore their creativity.

Students will get the opportunity to participate in STEM activities various days of the week!

Enrichment

Monday - Thursday 4:40 - 5:10

Each month students will get the chance to choose between different physical and creative activities! This month we are offering a kickball club and a Halloween club!

Social Emotional Learning (Prevention & Behavior)

Tuesday & Thursday

Grades K-3 3:30-4:00, Grades 4-5 4:00-4:30

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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Paradise Canyon After school Program 2024-2025



**BOYS & GIRLS CLUBS
OF SOUTHERN UTAH**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Physical Health and Positive Actions	30	1 Social Emotional Learning: (P): Grade 5 Manual: "Feeling Good About Your Body and Your Mind" Grade 2 Manual: "Physical and Intellectual Positive Actions for a Healthy Self-Concept" Halloween Club	2 Project Learn STEM Kickball Club	3 Social Emotional Learning: (B): Grade 5 Manual: "What Your Body Needs To Thrive" Grade 2 Manual: "Physical and Intellectual Positive Actions for a Healthy Self-Concept" Halloween Club	4 Smart Moves Creative Club Physical Club
Taking Care of Our Bodies	7 Project Learn STEM Kickball Club	8 Social Emotional Learning: (P): Grade 5 Manual: "What To Eat" Grade 2 Manual: "Physical and Intellectual Positive Actions for a Healthy Self-Concept" Halloween Club	9 Project Learn STEM Kickball Club	10 Social Emotional Learning: (B): Grade 5 Manual: "The Power to Move and Groove" Grade 2 Manual: "Physical and Intellectual Positive Actions for a Healthy Self-Concept" Halloween Club	11 Smart Moves Creative Club Physical Club
Protecting Our Bodies	14 Project Learn STEM Kickball Club	15 Social Emotional Learning: (P): Grade 5 Manual: "Beware of the Burn" Grade 2 Manual: "Physical and Intellectual Positive Actions for a Healthy Self-Concept" Halloween Club	16 Project Learn STEM Kickball Club	17 No Club Fall Break	18 No Club Fall Break
Improving Our Intellectual Health	21 No Club Fall Break	22 Social Emotional Learning: (P): Grade 5 Manual "Thinking Big" Grade 2 Manual: "Physical and Intellectual Positive Actions for a Healthy Self-Concept" Halloween Club	23 Project Learn STEM Kickball Club	24 No Club Staff in Training	25 No Club Staff in Training
Thinking Outside The Box	28 Project Learn STEM Kickball Club	29 Social Emotional Learning: (P): Grade 5 Manual: "Make It New Again" Grade 2 Manual: "Managing Yourself Using Social / Emotional Positive Actions" Halloween Club	30 Project Learn STEM Kickball Club	31 Social Emotional Learning: (B): Grade 5 Manual: "When It Absolutely Counts" Grade 2 Manual: "Managing Yourself Using Social / Emotional Positive Actions" Halloween Club	1

Monday-Thursday	Friday
2:35 - 2:55 Check-in, Super Snack, Feeling check in 3:00 - 3:25 Energy Boost 3:25 - 4:10 K-3 (Social Emotional Learning or STEM Labs), 4-5 (Power Hour) 4:10 - 4:40 4-5 (Social Emotional Learning or STEM Labs), K-3 (Power Hour) Each get 45 minutes Power Hour and 30 minutes Positive Action, alternating 4:40 - 5:10 Enrichment Clubs 5:15 - 5:25 Group game 5:30 - 5:45 Snack/Check-out	1:00 - 1:15 Check-in, Feelings check in 1:20 - 1:35 Energy Boost 1:40 - 2:10 SEL-Smart Moves 2:15 - 2:35 Super Snack 2:40 - 3:15 Fun Friday 3:20 - 3:50 Rotation 1 (Creative) 3:55 - 4:25 Rotation 2 (Physical) 4:30 - 5:00 Rotation 3 5:05 - 5:20 Group game 5:20 - 5:30 Gratitude/PM Snack/check-out

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October Club & Activity Details

Message to Parents:

Our mission with clubs and activities is to give your child more opportunities for learning and interactive activities with their peers. The goal is to provide an environment that gives your child the opportunity of choice and integrate into new activities each month. There will be a new set of clubs and activities each month that will be posted on the calendar. For monthly clubs, it is the goal to build on each activity weekly, giving your child the opportunity to learn new skills every week! Every day except Fridays we spend time with students doing power hour for academic support. Your child has time during clubs to work on homework that they have been given during the school day and they receive assistance from all Boys and Girls Club staff. On Mondays and Wednesdays students are able to participate in a staff led activity for the purpose of social and emotional learning. This time is allotted for students to become more educated on life skills and emotional intelligence! I appreciate all of you entrusting us members of BGC to give your child the most enriching experience here at Paradise Canyon Boys and Girls Club.

If you have any questions or concerns please feel free to reach out to me!

~ *Brittney Thliveris* ~

Paradise Canyon Site Coordinator

Creative Club: This is our opportunity to enjoy activities that allow students to show their creative side and understand new hobbies that they might enjoy.

Physical Club: This club is a time where we can vote and agree on a game or physical activity that will be fun for club members. It often leads to basketball games, kickball, four square or tag.

Smart Moves: This a Social Emotional Learning curriculum that utilizes actions and activities to identify club members emotions and feelings, and gives them choices to express them appropriately.

Fun Friday: This is a time for club members to challenge one another in games, races, drawing contests, or to spend time engaging in their favorite crafts. Free time helps us become better at choosing what we like.

BGC Mission: The mission of the Boys & Girls Clubs of Utah/Washington County is to inspire and enable all young people to realize their full potential as productive and responsible citizens and leaders.

Our Core Promise: To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives. To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

Our Guiding Principles: Safety, Integrity/Accountability, Commitment to Excellence, Youth-Centric Approach, Respect, Compassion, Reliability/Consistency.

Our Rules: 1. Respect Club members, staff and property. 2. Keep hands, feet, and body to yourself. 3. Use appropriate language. 4. Follow directions of Club staff. 5. Have Fun!

