

October 2024

# Panorama

301 N 2200 E, St George, UT 84790 | 801-372-4767



**BOYS & GIRLS CLUBS**  
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is taking care of our bodies and intellectual health.

Happy  
Birthday



Elliott  
Roslyn  
Rebecca

## UPCOMING EVENTS

October 30 - Parent Night 4:30-5:30pm  
Halloween celebration!

## CLUB CLOSED

Oct 17-21 Fall Break  
Oct 24 & 25 Staff Training



## Get To Know Brinley Greer



**Brinley is our outstanding STEM Specialist! She is currently a Freshman at Utah Tech and grew up in St George. She loves all genres of music, doing arts and crafts and spending time with family. We are all excited for everything she brings to our program!**

### CONTACT INFORMATION

**Bob Kendall, Site Coordinator**  
Phone: 801-372-4767  
Email: [panorama@bgcutah.org](mailto:panorama@bgcutah.org)

### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

Grades 4-5 3:30-4:00

Grades K-3 4:00-4:30

We will be assisting with assigned homework. In addition we will provide math sheets, books for reading and we will often do trivia to help reinforce learning.

## STEM Labs

Monday & Wednesday

K-3 3:30 - 4:00/4-5 4:00-4:30

Fridays - varies between 3:20-5:00

We are going to do some science experiments this month to see how chemicals can react with one another and upon objects. Additionally, we will be doing some engineering activities to stretch our minds.

## Enrichment

Monday - Thursday 4:30 - 5:10

For October we will be offering Arts & Crafts Club, Shark Club, Kickball, and Bowling Clubs. This gives everyone a chance to learn new skills and work on sportsmanship and teamwork.

## Social Emotional Learning (Prevention & Behavior)

Tuesday & Thursday/Grades K-3  
3:30-4:00/Grades 4-5 4:00-4:30

Our curriculum for this month will be Positive Action and SMART Moves, which will emphasize physical health and taking care of our bodies.



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# Panorama After school Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Physical Health and Positive Actions	30	Project Learn 1 Social Emotional Learning: (P): Grade 5 Manual: "Feeling Good About Your Body and Your Mind" Grade 2 Manual: "Physical and Intellectual Positive Actions for a Healthy Self-Concept" Arts & Crafts or Kickball Club	Project Learn 2 STEM Bowling or Shark Club	Project Learn 3 Social Emotional Learning: (B): Grade 5 Manual: "What Your Body Needs To Thrive" Grade 2 Manual: "Physical and Intellectual Positive Actions for a Healthy Self-Concept" Arts & Crafts or Kickball Club	4 Fun Friday Creative Club Physical Club STEM Club Group Game Gratitude Club SMART Moves
Taking Care of Our Bodies	Project Learn 7 STEM Bowling or Shark Club	Project Learn 8 Social Emotional Learning: (P): Grade 5 Manual: "What To Eat" Grade 2 Manual: "Physical and Intellectual Positive Actions for a Healthy Self-Concept" Arts & Crafts or Kickball Club	Project Learn 9 STEM Bowling or Shark Club	Project Learn 10 Social Emotional Learning: (B): Grade 5 Manual: "The Power to Move and Groove" Grade 2 Manual: "Physical and Intellectual Positive Actions for a Healthy Self-Concept" Arts & Crafts or Kickball Club	11 Fun Friday Creative Club Physical Club STEM Club Group Game Gratitude Club SMART Moves
Protecting Our Bodies	Project Learn 14 STEM Bowling or Shark Club	Project Learn 15 Social Emotional Learning: (P): Grade 5 Manual: "Beware of the Burn" Grade 2 Manual: "Physical and Intellectual Positive Actions for a Healthy Self-Concept" Arts & Crafts or Kickball Club	Project Learn 16 Social Emotional Learning: (B): Grade 5 Manual: "Taking Care of Home" Grade 2 Manual: "Physical and Intellectual Positive Actions for a Healthy Self-Concept" Bowling or Shark Club	17 <b>No Club Fall Break</b>	18 <b>No Club Fall Break</b>
Improving Our Intellectual Health	21 <b>No Club Fall Break</b>	Project Learn 22 Social Emotional Learning: (P): Grade 5 Manual "Thinking Big" Grade 2 Manual: "Physical and Intellectual Positive Actions for a Healthy Self-Concept" Arts & Crafts or Kickball Club	Project Learn 23 Social Emotional Learning: (B): Grade 5 Manual: "Remember This" Grade 2 Manual: "Physical and Intellectual Positive Actions for a Healthy Self-Concept" Bowling or Shark Club	24 <b>No Club Staff in Training</b>	25 <b>No Club Staff in Training</b>
Thinking Outside The Box	Project Learn 28 STEM Bowling or Shark Club	Project Learn 29 Social Emotional Learning: (P): Grade 5 Manual: "Make It New Again" Grade 2 Manual: "Managing Yourself Using Social / Emotional Positive Actions" Arts & Crafts or Kickball Club	Project Learn 30 <b>Parent Night STEM</b>	Project Learn 31 Social Emotional Learning: (B): Grade 5 Manual: "When It Absolutely Counts" Grade 2 Manual: "Managing Yourself Using Social / Emotional Positive Actions" Arts & Crafts or Kickball Club	1

## Daily Schedule

Monday-Thursday	Fridays
2:35 - 2:55 Check-in, Super Snack, Feeling check in	1:00 - 1:15 Check-in, Feelings check in
3:00 - 3:25 Energy Boost	1:20 - 1:35 Energy Boost
3:30 - 4:00 K-3 Social Emotional Learning - Positive Action or STEM Labs, 4-5 Project Learn	1:40 - 2:10 Social Emotional Learning -Smart Moves
4:00 - 4:30 4-5 Social Emotional Learning - Positive Action or STEM Labs, K-3 Project Learn	2:15 - 2:35 Super Snack
4:30 - 5:10 Enrichment Clubs	2:40 - 3:15 Fun Friday
5:15 - 5:25 Group game	3:20 - 3:50 Rotation 1 (Creative) (4-5, K-1, 2-3)
5:30 Snack/Check-out	3:55 - 4:25 Rotation 2 (Physical) (2-3, 4-5, K-1)
	4:30 - 5:00 Rotation 3 (STEM) (K-1, 2-3, 4-5)
	5:05 - 5:20 Group game
	5:20 - 5:30 Gratitude/PM Snack/check-out

## Contact Info

Bob Kendall, Site Coordinator  
Email: [Panorama Elementary](mailto:PanoramaElementary)  
Phone: 801-372-4767

Program Address: 301 N 2200 E, St George, UT 84790



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# October Club & Activity Details

**Message to Parents:** October is a great month to do some crazy STEM experiments, so we are inviting you to join us on **Wednesday, October 30th, from 4:30 - 5:30pm!** We would love to host our parents/guardians, and club member siblings with a few projects and some Pre-Halloween fun. We will be doing some fun activities that your kids would love for you to experience.

**Kickball club:** We attempted this in September, however temperatures outside were basically 100+ degrees each afternoon, so we concluded that we would replace it with indoor volleyball. So now that it is cooling down, we will have Kickball. Club Members will be able to expend some of the pent up energy they have from being in class all day by learning about kickball. We will go over all the rules and ways of play and spend some time actually playing the game. This instills teamwork, competitiveness, agility, focus, quick-snap reflexes, and brings the understanding that being active is fun.

**Bowling Club:** We have many club members that have a strong competitive spirit! Bowling Club will give them the chance to compete, while allowing them to learn to root for others. They will learn the basic rules of bowling, how to score, strategies to use as well as how to win. This club will build confidence, discipline, active listening, communication and creativity.

**Arts & Crafts Club:** We will be doing some Halloween themed crafts this month. If you have any objections due to your beliefs, please talk with the Site Coordinator or Program Manager to see if it is something you want your child involved in. Doing crafts instills confidence, creativity, concentration, while assisting with improved communication, increased emotional intelligence as well as improving fine motor skills.

**Shark Club:** It's nice to learn about the world around us, which includes things like Sharks! We are excited to make shark teeth, study the habitat and actions of sharks, helping to spur our learning and creativity. We may even watch some videos and talk about how sharks move through the water, what propels them and how they hunt. We won't show anything too graphic however your kids may want to share all they are learning when they get home.

**STEM Club:** Chemical reactions are our most positive classes with youth. We all love a good bubbling cauldron, so we will be doing some of that this month. In addition we have really enjoyed doing engineering so we will expand upon what we have been learning and test our skills through various challenges. The skills they learn from being curious and inquisitive will be carried into their adult lives, which will enable them to learn effective ways to think and come to clear and concise conclusions.

**Social Emotional Learning (Positive Action/SMART Moves)** - curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. This month we are focusing on physical and intellectual health. SMART Moves is another curriculum we use to help club members past their social awkwardness and allow them to express themselves in larger groups.

**Project Learn:** This is dedicated time to cover school related topics, homework or read. Even if the kids don't have homework, we take this opportunity to strengthen their reading skills by reading to their buddy or to a staff member. Panorama Elementary has a reading competition that they run for the year and we work with teachers to ensure we are recording reading times for each student and turning it in to be recorded. We often work with the teachers to make sure that we are meeting the needs of students as a class and as individuals.

**Fun Friday:** This provides structured, free time with Club Members where they can choose what station they want to be at. We generally have a game table, a play-doh and slime station, craft table, painting or water-colors table, and sometimes we break out the cornhole and make an obstacle course for the adventurous ones! It's a good time to have "down-time" while still exercising their skills in working together, challenging themselves, as well as building sportsmanship and camaraderie with their peers.

**Creative, Physical, STEM Clubs:** These are our rotations where we split Club Members up into smaller groups so that they can experience doing some of our fun activities. Creative Club usually goes to the computer lab to play school-approved games which they love. Physical Club is where we go do something outside! If the weather permits we can go on nature walks, play basketball or treasure hunt. STEM Clubs on Fridays are generally the most fun because that's where we make a lot of the messy stuff! Our staff spends a little time each week visualizing what it was like to be between the ages of 6-12 and try to remember our curiosities and what we wanted to learn about, then we do it! And of course we solicit our Club Members about what interests them almost constantly to ensure we are meeting their curiosity needs as well.

