

October 2024

Orem Jr High

765 N 600 W Orem, Utah 84057 | (801) 592-6312



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is

Get To Know:

Site Coordinator Kennedy Anderson



Hi! My name is Kennedy! I have a passion for helping youth feel safe and heard. My husband and I are highschool sweethearts and in our free time we enjoy spending time outdoors with our Goldendoodle!

CONTACT INFORMATION

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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

PowerHour

Daily

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities through clubs designed to gain career ready skills, gain financial literacy, and much more.

PowerHour or our homework help time will help youth complete assignments and our HYLEA activities will help youth stay on top of their learning.

Social Emotional Learning (Prevention & Behavior)

Monday - Thursday

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All social emotional learning skills are taught through daily lessons and then integrated throughout the rest of programming.

Clubs

Magic The Gathering Boys and Girls Club

The Arts & Design Club

Cosmetology Club

Sports Club

Dungeons & Dragons Club

Pixelation Club

Happy
Birthday



Andrea, Elisa,
Brayden Carlos, & Peyton

UPCOMING EVENTS

Alpine School District Development Day
October 4th

Fall Break
October 12th - 21st

CLUB CLOSED

October 4th

October 17th - 21st



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Orem Jr High

After school Program

2024-2025



BOYS & GIRLS CLUBS
OF UTAH COUNTY

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Finding Balance with Exercise and Rest	30	1 CLUBS: • Power Hour: Homework & Literacy • Magic the Gathering • Art/Design	2 Social Emotional Learning: SMART Moves CLUBS: • Power Hour: Homework & Literacy • Pixelation Club	3 CLUBS: • Power Hour: Homework & Literacy • Art/Design • Cosmetology Club	4 No Clubs — Professional Development Day
Safety is Important	7 Social Emotional Learning: Positive Action (P) CLUBS: • Power Hour: Homework & Literacy • Sports Club • Dungeons & Dragons Club HYLA activities	8 CLUBS: • Power Hour: Homework & Literacy • Magic the Gathering • Art/Design	9 Social Emotional Learning: SMART Moves CLUBS: • Power Hour: Homework & Literacy • Pixelation Club	10 CLUBS: • Power Hour: Homework & Literacy • Art/Design • Cosmetology Club	11 Social Emotional Learning: Positive Action (B) CLUBS: • Homework & Literacy • Art/Design • Music Club HYLA activities
The Power of Resting	14 Social Emotional Learning: Positive Action (P) CLUBS: • Power Hour: Homework & Literacy • Sports Club • Dungeons & Dragons Club HYLA activities	15 CLUBS: • Power Hour: Homework & Literacy • Magic the Gathering • Art/Design	16 Social Emotional Learning: SMART Moves CLUBS: • Power Hour: Homework & Literacy • Pixelation Club	17 No Clubs — Fall Break	18 No Clubs — Fall Break
Expanding our Capacity to Learn	21 No Clubs — Fall Break	22 CLUBS: • Power Hour: Homework & Literacy • Magic the Gathering • Art/Design	23 Social Emotional Learning: SMART Moves CLUBS: • Power Hour: Homework & Literacy • Pixelation Club	24 CLUBS: • Power Hour: Homework & Literacy • Art/Design • Cosmetology Club	25 No Clubs — Professional Development Day
Creative Problem Solving	28 Social Emotional Learning: Positive Action (P) CLUBS: • Power Hour: Homework & Literacy • Sports Club • Dungeons & Dragons Club HYLA activities	29 CLUBS: • Power Hour: Homework & Literacy • Magic the Gathering • Art/Design	30 Social Emotional Learning: SMART Moves CLUBS: • Power Hour: Homework & Literacy • Pixelation Club	31 CLUBS: • Power Hour: Homework & Literacy • Art/Design • Cosmetology Club	1

Daily Schedule

Monday, Tuesday, Thursday, Friday

2:45 - 3:15 Check in & Snack;
Social Emotional Learning Positive Action (M & F)
3:15 - 4:15 Project Learn Clubs
4:30 Late bus dismissal; snack
4:30 - 5:30 HYLAs & Literacy
5:30 Dismissal; snack

Wednesday

1:45 - 2:10 Check in & Snack; Social Emotional Learning: SMART Moves
2:15 - 3:15 Project Learn Clubs
3:00 Late bus dismissal; snack
3:20 - 4:20 Project Learn Clubs
4:25 - 5:30 HYLAs & Literacy
5:30 Dismissal; snack

Contact Info

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UTAH DEPARTMENT OF
WORKFORCE
SERVICES
CHILD CARE



October Club & Activity Details

Message to Parents:

Autumn is upon us as October brings us the exciting colors of fall! We at Boys and Girls Clubs at Orem Jr High are thrilled to have our Club Site Coordinator, Kennedy with us! Kennedy has transferred to the area from our Saint George locations and we are so happy to have her at Orem Jr.

By way of reminder all youth must be registered and accepted into the club to attend, this is completed annually. Attendance last year does not guarantee attendance this year. A change this year is that snacks are served only to youth enrolled in BGC. Again, we encourage you to register your child into the Club and await for an acceptance email; once received they can attend.

Our October club schedule is evolving! With several club options open to club members, please see below for club descriptions. Club members will sign up for their club during snack and are encouraged to attend the club for the entire month. This allows members a chance to really learn and gain experience with the club topic each month.

Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program – an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

SMART Moves - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

Project Learn Clubs:

Please see the October club offerings below.

Homework Help: A daily academic enrichment and support time where youth are provided help with homework assignments, engage in skill building HYLAs and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

Tutoring: Members who seek to do tutoring with Orem Jr Tutors may do so, however members must sign out of club to attend. Snack can only be provided to youth signed into club and eat snack between 2:45 pm and 3:15 pm. If your member does this, no problem! We will sign them out and back into club once they are done with tutoring!

Sports Club: Offered on Monday's club members take part in a variety of sports to get moving, learn skills, and develop sportsmanship.

Dungeons & Dragons Club: Offered on Mondays and led by our Dungeon Master Lu!

Welcome to the Magic: Offered on Tuesday's, "The Gathering Boys and Girls Club", where young minds can explore strategy, creativity, and community in an exciting and supportive environment! Here, kids will have the opportunity to build their own Magic decks from a vast



selection of donated cards, learning valuable skills like critical thinking, problem-solving, and good sportsmanship along the way. Best of all, they'll get to take their custom decks home, empowering them to continue their magical journey outside of the club. It's more than just a game—it's a place to grow, make friends, and be part of something truly special.

Pixelation Club: Let's get pixelated! This fun club engages creativity as members use their knowledge of color and shape to create original pixelated designs, scenes, and images. Offered on Wednesday's each week in September.

Cosmetology Club: Offered on Thursday's, this month the club members will have an opportunity to learn about the world of being a nail technician. They will have the opportunity to learn and practice nail care, creative design, and gain valuable skills towards a future career.

Art & Design: Offered Tuesday, Thursday, Friday, "The Arts & Design Club" (led by Ms. Lamb and Ms. Barney) is designed around hands-on art activities, crafts, and small lessons to help your creativity flourish. There will be activities surrounding different mediums and art forms such as clay and pottery, paper crafts, cyanotypes and pinhole cameras, jewelry making, textiles, and painting. Come join us to learn about different amazing artists, stretch your creative muscles, and learn hands-on crafts!



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