October 2024

Mt. Mahogany

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The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Positive Action and SMART Moves!





Jack 15th Oakhia 26th Leighla 22nd Sarah 22nd Ryan 2nd

UPCOMING EVENTS

October 31-Halloween (Halloween parade in school day)

CLUB CLOSED

October 4-Teacher Work Day-NO CLUB/SCHOOL October 17-21-Fall Break-NO CLUB October 25-Staff Training-NO CLUB



Get To Know

Hi everyone! My name is Jenna and I'm so excited to be here at Mt. Mahogany! This is my first year of working at Boys and Girls Club and I previously worked with adolescents at a treatment center. I recently got married in March and I'm currently going to school at BYU. I love playing board games, eating cookies, watching movies and swimming. Thank you for sharing your kids with us!



CONTACT INFORMATION

Kiah Welch Site Coordinator

Email: mtmahogany@bgcutah.org

Phone: 801-633-1525

Program Address: 618 N 1300 W St, Pleasant Grove, UT 84602

PARENT RESOURCES

Parent Handbook
Membership Handbook

www.instagram.com/bgcutah

Project Learn

Time to work on homework, practice math, read, or do other academically enriching activities.

STEM Labs

Activities involving science, technology, engineering, mathematics, and related topics. Kids will learn a variety of STEM related skills and participate in many hands-on activities.

Enrichment

Clubs are provided Monday-Thursday that are designed to introduce new activities, new passions, and new ideas to the children.

We offer a rotation of activities on Friday where kids can participate in a new physical and creative activity each week.

Social Emotional Learning (Prevention and Behavior)

This is a great time to explore our social emotional learning. Through this program we will be able to identify emotions and learn techniques to help understand our emotions.









Mt. Mahogany After school Program 2024-2025





Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday	
Physical Health Positive Actions	Power Hour Social Emotional Learning: Positive Action (P) K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: Feeling Good About Your Body and Your Mind Clubs Fashion Club	Power Hour 4-6th Grade Thanksgiving Point STEAM Labs SMART Clubs STEAM K-3 Spooky Science	Power Hour 4-6th Grade Thanksgiving Point STEAM Labs Social Emotional Learning: Positive Action (B) K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: What Your Body Needs To Thrive Clubs STEAM K-3 Spooky Science	Power Hour SMART Clubs K-6 Fashion Club	4 AFTERSCHOOL CLOSED — NO SCHOOL Teacher Work Day	
Taking Care of Our Bodies	Power Hour Social Emotional Learning: Positive Action (P) K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: What To Eat Clubs Fashion Clubs	Power Hour 4-6th Grade Thanksgiving Point STEAM Labs SMART Clubs STEAM K-3 Spooky Science	Power Hour 4-6th Grade Thanksgiving Point STEAM Labs Social Emotional Learning: Positive Action (B) K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: The Power to Move and Groove Clubs STEAM K-3 Spooky Science	Power Hour SMART Clubs K-6 Fashion Club	Fun Friday Fun Friday Social Emotional Learning: SMART Moves K-3: Magic Carpet Ride 4-6: Worry Wizards Physical, Creative, & STEM Rotations Gratitude	
Protecting Our Bodies	Power Hour Social Emotional Learning: Positive Action (P) K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: Beware of the Burn Clubs Fashion Clubs	Power Hour 4-6th Grade Thanksgiving Point STEAM Labs SMART Clubs STEAM K-3 Spooky Science	Power Hour 4-6th Grade Thanksgiving Point STEAM Labs Social Emotional Learning: Positive Action (B) K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: The Power to Move and Groove Clubs STEAM K-3 Spooky Science	17 AFTERSCHOOL CLOSED — Fall Break	18 AFTERSCHOOL CLOSED — Fall Break	
Improving Our Intellectual Health	21 AFTERSCHOOL CLOSED — Fall Break	Power Hour 4-6th Grade Thanksgiving Point STEAM Labs SMART Clubs STEAM K-3 Spooky Science	Power Hour 4-6th Grade Thanksgiving Point STEAM Labs Social Emotional Learning: Positive Action (B) K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: The Power to Move and Groove Clubs STEAM K-3 Spooky Science	Power Hour SMART Clubs K-6 Fashion Club	25 AFTERSCHOOL CLOSED — Training Day	
Thinking Outside the Box	Power Hour Social Emotional Learning: Positive Action (P) K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: Make It New Again Clubs Fashion Clubs	Power Hour 4-6th Grade Thanksgiving Point STEAM Labs SMART Clubs STEAM K-3 Spooky Science	Power Hour 4-6th Grade Thanksgiving Point STEAM Labs Social Emotional Learning: Positive Action (B) K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: The Power to Move and Groove Clubs STEAM K-3 Spooky Science	Power Hour SMART Clubs Halloween Activities	1	
Daily Sch	edule Monday, Wednesday	Daily Sched	Daily Schedule Tuesday, Thursday		Daily Schedule Friday	

3:30-3:45 Check in, Snack, Circle Up, Recess 3:45-3:50 Transition 3:50-4:10 Social Emotional Learning: - Positive Action	3:30-3:45 Check in, Snack, Circle Up, Recess 3:45-3:50 Transition 3:50-4:10 SMART	3:30-3:45 Check in, Snack, Circle Up 3:45-4:00 Structured Recess 4:00-4:45 Physical Enrichment	
4:10-4:55 Power Hour 4:55-5:00 Transition	4:10-4:55 Power Hour	4:45-5:20 Creative Enrichment	
5:00-5:30 Enrichment Clubs	4:55-5:00 Transition 5:00-5:30 STEAM	5:20 Gratitude, Snack, Check out	
5:30 Snack, Check out	5:30 Snack, Check out		









Contact Info

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Phone: 801-633-1525

Mt. Mahogany Afterschool Program 2024-2025



October Club & Activity Details

Message to Parents:

Hello all! We are going into October! How exciting! We are striving for a strong program filled with social emotional learning, fun learning activities and STEAM lessons. We have already seen learning taking place and look forward to continuing to build on what your students already know. Thanksgiving Point has returned and has provided awesome STEAM lessons for our 4th, 5th and 6th Graders. We look forward to another month of learning and growing together.

STEAM- Spooky season has arrived. This month we will be focusing on spooky science lessons that your students will be able to explore through hands-on activities. We stove to teach your students useful skills in a spooky slimy way this month!

Social Emotional Learning - Our Social Emotional Learning program is an evidence based program in which students will learn how to develop a positive and safe environment. This curriculum is paired with our SMART moves curriculum. Each goes hand in hand in teaching vital skills like making and healthy choices so they can feel good about decisions they are making while still learning about themselves

Power Hour - The primary focus of Power Hour is to support our youth in completing their homework, engaging in High Yield Learning Activities (HYLAs), and participating in our reading and math programs. Our goal is to reduce missing assignments by collaborating with school-day teachers and ensuring that students complete their daily tasks during our program, allowing for more quality family time at home. For students without homework, we offer a variety of HYLAs, along with our reading and math programs, to further enhance their overall knowledge and skills in these important subjects. This is completed Monday-Thursday for 45 minutes!

FASHION CLUB: We asked all of your students what club they would like to participate in this next month! The consensus was a fashion club. Your students will learn how patterns, shape, textures and design are all part of the process to make a fabulous outfit. We look forward to seeing the creativity of fashion work through your students.







