

October 2024

# Mt. Nebo Middle

851 West 450 South Payson, Utah 84651



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Balance

Happy Birthday



## UPCOMING EVENTS

**Buses are back!**

October 8: First day of Robotics

## CLUB CLOSED

October 3 Mini-Parent Conference  
October 17-18 Fall Break



## Get To Know



I'm Mrs. Baguley and have been doing the Boys and Girls Club ever since it started here at Mt. Nebo Middle School. I teach and host the Sewing, Crafts, Quilting, and Coding/Computer clubs. We have a great time as we work and socialize with each other.

## CONTACT INFORMATION

**Leticia Jessen- Site Coordinator**

Phone: 801-633-4104

Email: [mtnebo@bgcutah.org](mailto:mtnebo@bgcutah.org)

## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

Project Learn is a period of time during our clubs where we provide students with Homework Help and an opportunity to increase literacy skills.

## STEM Labs

*Fridays 2:45 - 4:30*

We have a variety of clubs building skills in science, technology, engineering, and math. Students will learn a variety of STEM skills and related activities.

## Enrichment

*Tuesdays - Friday 2:45 - 5:30*

Students are given the opportunity to explore and learn different skills and a variety of different activities.

## Prevention & Education

*Tuesdays and Thursdays 4:00 - 4:30*

Positive Action is used to teach students social emotional learning skills. They will learn communication skills and social skills that they can use their entire lives. We strive to help youth be their best in all situations.

Everyday we will discuss different Social Emotional Topics using Kid-Grit curricula!

## English Registration Link:

<https://forms.gle/PNPCAVYiqbqanZUH9>

## Link registraci3n en Espa1ol:

<https://forms.gle/UtxBz18YMZmDCFSk8>



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Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Finding Balance with Exercise and Rest		1 Afternoon: Social Emotional Learning (P)  Sewing (Baguley) Rm 221  STEM - 3D Printing(Lai) Library (see notes below)  Drama Competition Team/One Act  4:40-5:30 Academic support and Project Learn (Library)	2 Afternoon: Crafts/Quilting (Baguley) Rm 221  Social Emotional Learning (P)  STEM - 3D Printing (Lai) Library (see notes below))  Drama Competition Team/One Act  4:40-5:30 Academic support and Project Learn (Library)	3  <b>No Clubs</b> <b>Mini Parent Conference</b>	4 Afternoon: Computers Coding Duolingo (Baguley) Rm 221  3D Printing(Lai) Library (see notes below)  Board and Card Strategy Games (Abbott) Rm TBA  Rehearsal Drama Competition Team/One Act  SMART Moves  4:40-5:30 Academic support and Project Learn (Library)
The Power of Resting	7 No clubs - Teacher Development Day	8 Afternoon: Social Emotional Learning (P)  Sewing (Baguley) Rm 221  3D Printing(Lai) Library (see notes below)  STEM - Underwater Robotics (Bufton) STEM Lab  Drama Competition Team/One Act 4:40-5:30 Academic support and Project Learn (Library)	9 Afternoon: Social Emotional Learning (B)  Crafts/Quilting (Baguley) Rm 221  Drama Rehearsals (Schofield) Rm 300  3D Printing(Lai) Library (see notes below)  STEM - Underwater Robotics (Bufton) STEM Lab Drama Competition Team/One Act 4:40-5:30 Academic support and Project Learn (Library)	10 Afternoon: Social Emotional Learning (B)  Board and Card Strategy Games (Abbott) Rm TBA  Rehearsal Drama Competition Team/One Act  4:40-5:30 Academic support and Project Learn (Library)	11 Afternoon: Computers Coding Duolingo (Baguley) Rm 221  3D Printing(Lai) Library (see notes below)  Board and Card Strategy Games (Abbott) Rm TBA  Rehearsal Drama Competition Team/One Act  SMART Moves 4:40-5:30 Academic support and Project Learn (Library)
Safety is Important	14 No clubs - Teacher Development Day	15 Afternoon: Social Emotional Learning (P)  Sewing (Baguley) Rm 221  <del>3D Printing/Maker Space</del> Canceled for today  STEM - Underwater Robotics (Bufton) STEM Lab Drama Competition Team  4:40-5:30 Academic support and Project Learn (Library)	16 Afternoon: Crafts/Quilting (Baguley) Rm 221  Social Emotional Learning (P)  3D Printing(Lai) Library (see notes below)  STEM - Underwater Robotics (Bufton) STEM Lab  Drama Competition Team  4:40-5:30 Academic support and Project Learn (Library)	17  <b>No Clubs</b> <b>Fall Break</b>	18  <b>No Clubs</b> <b>Fall Break</b>
Expanding our Capacity to Learn	21 No clubs - Teacher Development Day	22 Afternoon: Social Emotional Learning (P)  Sewing (Baguley) Rm 221  3D Printing(Lai) Library (see notes below)  STEM - Underwater Robotics (Bufton) STEM Lab  Drama Competition Team/One Act  4:40-5:30 Academic support and Project Learn (Library)	23 Afternoon: Crafts/Quilting (Baguley) Rm 221  Social Emotional Learning (P)  <del>3D Printing/Maker Space</del> Canceled for today  Drama Competition Team/One Act  STEM -Underwater Robotics (Bufton) STEM Lab  4:40-5:30 Academic support and Project Learn (Library)	24 Afternoon: Social Emotional Learning (B)  Project Learn/Tutoring  4:40-5:30 Academic support and Project Learn (Library)  Board and Card Strategy Games (Abbott) Rm TBA  Rehearsal Drama Competition Team/One Act  4:40-5:30 Academic support and Project Learn (Library)	25 Afternoon: Computers Coding Duolingo (Baguley) Rm 221  3D Printing(Lai) Library (see notes below)  Board and Card Strategy Games (Abbott) Rm TBA  Rehearsal Drama Competition Team/One Act  SMART Moves 4:40-5:30 Academic support and Project Learn (Library)



<b>Creative Problem Solving</b>	28 <u>No clubs - Teacher Development Day</u>	29 <b>Afternoon:</b> <b>Social Emotional Learning (P)</b>  <b>Sewing</b> (Baguley) Rm 221 <del><b>3D Printing/Maker Space</b></del> <i>Canceled for today</i>  <b>STEM - Underwater Robotics</b> (Bufton) STEM Lab <b>Drama Competition Team/One Act</b>  <b>4:40-5:30 Academic support and Project Learn (Library)</b>	30 <b>Afternoon:</b> <b>Crafts/Quilting</b> (Baguley) Rm 221  <b>Social Emotional Learning (P)</b>  <b>3D Printing</b> (Lai) Library (see notes below))  <b>Auditions Drama Competition Team/One Act</b>  <b>STEM - Underwater Robotics</b> (Bufton) STEM Lab  <b>4:40-5:30 Academic support and Project Learn (Library)</b>	31 <b>Happy Halloween!</b> <b>Afternoon:</b> <b>Social Emotional Learning (B)</b>  <b>Board and Card Strategy Games</b> (Abbott) Rm TBA  <b>Rehearsal Drama Competition Team/One Act</b>  <b>4:40-5:30 Academic support and Project Learn (Library)</b>	<b>Afternoon:</b> <b>Computers Coding Duolingo</b> (Baguley) Rm 221  <b>3D Printing</b> (Lai) Library (see notes below)  <b>Board and Card Strategy Games</b> (Abbott) Rm TBA  <b>Rehearsal Drama Competition Team/One Act</b>  <b>SMART Moves</b>  <b>4:40-5:30 Academic support and Project Learn (Library)</b>
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### Daily Schedule

2:40 pm - 2:45 pm: School is Released. Students head to cafeteria to check-in  
 2:45 pm - 3:00 pm: Check-in and snacks  
 3:00 pm: Clubs Begin  
 4:00 pm - 4:30 pm: Social Emotional Learning Positive Action Lesson - Friday SMART Moves 3:30pm - 4:30pm  
 4:30 pm -Afternoon Snack  
 4:45 pm- Bus Departure from School  
 5:00 pm - 5:25 pm Academic Support/Project Learn  
 5:30 pm: Clubs Close

### Contact Info

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*Site Coordinator*  
 Email: [mtnebo@bgcutah.org](mailto:mtnebo@bgcutah.org)  
 Phone: 801-633-4104  
 Program Address: 851 West 450 South  
 Payson, Utah 84651



## October Club & Activity Details

### Message to Parents:

Dear Parents,

Buses are back! Drop off locations are the same as previous years. Bus departure from School: 4:45 PM

We are thrilled to have your children return to our afterschool program, where we are dedicated to providing a safe, engaging, and enriching environment for all participants. Our team has been working diligently to plan a variety of activities and programs designed to foster personal growth, academic achievement, and social development. We believe that every child has the potential to succeed, and we are committed to supporting them on their journey. Thank you for entrusting us with your child's after school experience. We look forward to a fantastic year filled with learning, laughter, and unforgettable memories!

### Afternoon Clubs:

**Project Learn** - Tuesdays through Friday. Participating in tutoring can enhance kids' critical thinking, problem-solving, logical reasoning, collaboration, and numerical proficiency, fostering a deeper understanding and appreciation for mathematics in a fun and interactive setting. Students will also be able to work on homework or get academic help if they need it.

**Sewing** - Tuesdays after school with Mrs. Baguley (Rm 221). Participating in a sewing club can empower kids to hone fine motor skills, enhance creativity, cultivate patience, and develop practical problem-solving abilities, while also fostering a sense of accomplishment through the creation of handmade projects.

**Crafts** - Wednesdays after school with Mrs. Baguley (Rm. 221). Participating in a crafts club can nurture kids' creativity, fine motor skills, patience, attention to detail, and teamwork as they explore various artistic techniques and materials to express their imagination through handmade projects.

**3D Printing** - Tuesdays, Wednesdays, and Fridays after school with Mr. Lai in the Library. Participating in a 3D printing club can equip kids with skills in digital design, problem-solving, spatial reasoning, technology literacy, and teamwork, fostering their creativity and understanding of additive manufacturing processes.

**Coding** - Fridays after school with Mrs. Baguley (Rm. 221). Participating in a coding club can equip kids with problem-solving, logical reasoning, creativity, collaboration, and computer programming skills, empowering them to navigate the digital world and potentially pursue future careers in technology

**Strategy Card/Board Games Dungeons and Dragons** - Thursdays and Fridays after school with Tiffini in Room 301. Participating in a card games club can enable kids to enhance critical thinking, strategic planning, arithmetic proficiency, social interaction, and sportsmanship, while enjoying a diverse array of engaging and intellectually stimulating card games.

**Drama:** Tuesdays through Fridays



**Robotics:** Tuesdays and Wednesdays

### **Social Emotional Learning:**

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Wednesday with new topics each week.

**SMART Moves** - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run Fridays with new topics each week.



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