### October 2024

## Gateway Middle

201 E Thoroughbred Way | 435-867-5558



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Finding Balance with Rest and Exercise, The Power of Resting, Safety is Important, Expanding our Capacity to Learn, Creative Problem Solving

## Happy Birthday



10/7 Ashlyn 10/24 MacKay 10/25 Carter 10/27 Oliver 10/28 Emma

#### UPCOMING EVENTS 10/21

Lights On! Celebrate Afterschool Family Activities & Movie Night!! Details to Come

#### **CLUB CLOSED**

October 11-No School
October 14-18-PTC Week and Fall Break
October 24 & 25 Staff Training



#### **Project Learn/Academic Support**

Tuesday, Wednesday, Thursday: 4:05-4:50 pm Friday: 2:00-2:45 pm

Students will have the opportunity to work on homework, class projects, and assignments with support from afterschool staff. Students will have the opportunity to mentor younger grades and offer support to their peers

#### **Get To Know**

Isabella Chavez is an artist, born and raised in Southern Utah. She received her BFA from Southern Utah University, with an emphasis in Illustration. She teaches Art, Music, and Dungeons and Dragons! She enjoys watching animated movies and tv shows, as well as spending time with her family. She loves getting to spend time having fun and sharing her interests with the students in the Afterschool Program!



#### **CONTACT INFORMATION**

Annalyse Davis Site Coordinator

Phone: 801-367-2844

Email: annalyse.davis@bgcutah.org

#### PARENT RESOURCES

Parent Handbook
Membership Handbook

#### **Americorps STEM Labs**

**Thursday:** 4:05-4:50 pm **Friday:** 2:00-2:45 pm

Students will experience hands-on, fun, age appropriate AmeriCorps STEM labs. This includes Science, Technology, Engineering, and Math.

## Clubs/Enrichment See detailed Club descriptions below

Monday 3:15-4:00 D&D, Recycled Crafts, or 3D Printing Club 4:05-4:50 Art, or PE.

or Mindfulness Club

Tuesday 3:15-4:00 3D Printing, or D&D or Mystery Solvers Club 4:05-4:50 PE, or Minecraft,

Project Learn: Academic Support,

or ASL Club

Wednesday 3:15-4:00 STEM: Robots

or Art Club

4:05-4:50 The Afterschool Magazine, Project Learn: Academic Support,

or Board Game Club

3:15-5:15 Lego Robotics

Thursday 3:15-4:00 Mathcounts or Music

or Recycled Crafts Club 4:05-4:50 Advanced STEM

or Project Learn: Academic Support

Friday 1:15- 2:00 PE, or Mystery Solvers,

or D&D Club

4:15-5:00 Minecraft, or The Wilds,

or The Afterschool Magazine Club

These clubs are age appropriate, skill based, and fun.
They promote learning in a playful way that
encourages students to try new things, and
encourages team building along the way.

## Social Emotional Learning (Prevention & Behavior)

#### Positive Action & SmartMoves

Monday 3:00-3:45 pm (Positive Action)

Friday 1:15-2:00 (Positive Action)
Thursday 3:15-4:00 pm (SmartMoves)

This time will be centered around learning ways to develop our sense of self, how we can better ourselves and improve our relationships with those around us. We will focus on identifying emotions, learning healthy coping skills, and building healthy relationships with peers.









# Gateway Middle After school Program 2024-2025





Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Finding Balance with Rest and Exercise	Social Emotional Learning (B): Positive Action: Can Exercise 'Move my Mood'? D & D Club Recycled Crafts Club The Wilds Club PE Club Art Club Mindfulness Club	Mystery Solvers Club D & D Club ASL Club The Wilds Club Minecraft Club Project Learn: Academic Support	Lego-Robotics Club Art Club STEM Club: Robots Board Game Club The Afterschool Magazine Club Project Learn: Academic Support	Social Emotional Learning: SmartMoves: Changing Impossible to I'm Possible Mathcounts Club Recycled Crafts Club Music Club Americorps STEM Project Learn: Academic Support	Project Learn: Academic Support Americorps STEM Reading Mentors Club Social Emotional Learning: Positive Action (P): Why Am I Tired all the Time? PE Club D&D Club Mystery Solvers Club Minecraft Club Afterschool Magazine Club The Wilds Club
The Power of Resting	Social Emotional Learning: Positive Action (B): Do I Make Time to Rest? D & D Club Recycled Crafts Club The Wilds Club PE Club Art Club Mindfulness Club	Mystery Solvers Club D & D Club ASL Club The Wilds Club Minecraft Club Project Learn: Academic Support	Lego-Robotics Club Art Club STEM Club: Robots Board Game Club The Afterschool Magazine Club Project Learn: Academic Support	Social Emotional Learning: SmartMoves: Calming Lamps Mathcounts Club Recycled Crafts Club Music Club Americorps STEM Project Learn: Academic Support	No No Afterschool Program
PTC Week	14	15	16	17	18
No Afterschool	No Afterschool	No Afterschool	No Afterschool	No Afterschool	No Afterschool
Program	Program	Program	Program	Program	Program
Expanding	21	22	23	24	25
Our Learning	Social Emotional Learning: Positive Action (B): Why is	Mystery Solvers Club D & D Club	Lego-Robotics Club Art Club	No	No
Capacity	Learning Cool? D & D Club	ASL Club The Wilds Club	STEM Club: Robots Board Game Club	Afterschool	Afterschool
	Recycled Crafts Club The Wilds Club PE Club Art Club Mindfulness Club Lights On! After School Celebration: 6:00-8:00	Minecraft Club Project Learn: Academic Support	The Afterschool Magazine Club Project Learn: Academic Support	Program	Program
Creative Problem Solving	Social Emotional Learning: Positive Action (B): What? Me Create? D & D Club Recycled Crafts Club The Wilds Club PE Club Art Club Mindfulness Club	29 Improv Club D & D Club ASL Club The Wilds Club Minecraft Club Project Learn: Academic Support	30 Lego-Robotics Club Art Club STEM Club: Robots Board Game Club The Afterschool Magazine Club Project Learn: Academic Support	31 Social Emotional Learning: SmartMoves: Mind, Body Soul Mathcounts Club Recycled Crafts Club Music Club Americorps STEM Project Learn: Academic Support	Project Learn: Academic Support Americorps STEM Reading Mentors Club Social Emotional Learning: Positive Action (P): Is There a Problem Here? PE Club D&D Club Mystery Solvers Club Minecraft Club Afterschool Magazine Club The Wilds Club







## Gateway Middle Afterschool Program 2024-2025





Daily Schedule								
Monday	Tuesday	Wednesday	Thursday	Friday				
2:50-3:15 Check-in/Snack & Social 3:00-3:45 Social Emotional Learning: Positive Action 3:15-4:00 D&D or Recycled Crafts or The Wilds 4:05-4:50 Art or PE or Mindfulness Club 4:55-5:15 Snack/Ice Breaker 5:15-5:30 Clean up 5:30 Parent Pick-up	2:50-3:15 Check-in/Snack & Social 3:15-4:00 Mystery Solvers or 3D Printing or D&D Club 4:05-4:50 PE or Minecraft or ASL Club or Project Learn: Academic Support 4:55-5:15 Snack/Getting to Know You 5:15-5:30 Clean up 5:30 Parent Pick-up	2:50-3:15 Check-in/Snack 3:15-5:15 Lego Robotics 3:15-4:00 Art or STEM Club: Robots Club 3:15-5:15 Lego Robotics 4:05-4:50 Board Games or The Afterschool Magazine Club or Project Learn: Academic Support 4:55-5:15 Snack/ Community Builder 5:15-5:30 Clean up 5:30 Parent Pick-up	2:50-3:15 Check-in/Snack & Social 3:15-4:00 Social Emotional Learning: Smart Moves 3:!5-4:00 MathCounts or Music or Recycled Arts Club 4:05-4:50 Project Learn: Academic Support or Americorps STEM 4:55-5:15 Snack/Board Games 5:15-5:30 Clean up 5:30 Pick-up	12:50-1:00 Check-in 1:15-2:00 Social Emotional Learning: Positive Action 1:15-2:00 PE or Mystery Solvers or D&D Clubs 2:00-2:45 Americorps STEM or Mindfulness Club 2:45-3:00 Snack & Social 3:00-4:00 Project Learn: Academic Support or Literacy Mentor Club 4:15-5:00 Minecraft or Afterschool Magazine Club or The Wilds Club 5:00-5:15 Snack/Trivia 5:15-5:30 Clean up 5:30 Parent Pick-up				

#### **Contact Info**

Annalyse Davis Site Coordinator

Email: annalyse.dav is @bgcutah.org

Phone: 801-367-2844

Program Address: 201 E Thoroughbred Way









Gateway Middle Afterschool Program 2024-2025





### October Club & Activity Details

#### Message to Parents:

As we enter *cozy* season, our afterschool theme for October is creating safe spaces. This month we will focus on how to make our brains safe spaces to live in, how to develop attributes that contribute as a positive and safe vibe here at afterschool, and how to add grounding skills to our tool box that we can utilize at any time in order to feel an air of safety wherever we happen to be.

We want to take a minute to celebrate our **student of the month** for August and September! Our start students are... drumroll please.... John Zell (August) and Jase Larsen (September)!!! We love having both of these boys as part of our club; they are such kind and respectful examples to the rest of our afterschool students.

We have a couple of changes to our October Calendar. Please steal a glance at the calendar and take a peek at our new clubs!! Our teachers are very excited to bring even more clubs to afterschool as we target the interest of our students, facilitating as much fun as we possibly can! Here are a list of our clubs for the month of October

#### Afterschool Magazine Club Friday 4:15-5:00

Our little writers and designers are ready to roll with the afterschool magazine club. Creating a monthly recording of the *haps* and funtimes, reporting news, taking pictures, and formatting it all into an aesthetic read, are just some of the things our students will accomplish in this exciting club.

#### **Art Club** Monday 4:05-4:50 & Wednesday 3:15-4:00

In afterschool art club, students will harness the flow of creativity and self expression. Students will also develop skills with digital art, candle making, drawing, painting, linoleum carvings, collage, and much much more!

#### ASL Club Tuesday 4:05-4:50

By beginning at the basics like the alphabet, basic verbs, and simple communication, students will learn to communicate through American Sign Language. This non-verbal communication will be learned through repetition and muscle memory. An important part of this club is also deaf culture and history.

#### **D&D Club** Monday 3:15-4:00, Tuesday 3:15-4:00, Friday 1:15-2:00

Creating a character, crafting a world, and developing friendships are the building blocks of D&D club. Students will utilize their literary skills to write backstories and profiles for their characters. They will problem solve with their peers while learning how to solve issues while placed in an *out-of-this-world environment*.

#### Lego Robotics Club - Wednesday 3:15-5:15

In LEGO League, students engage in hands-on STEM experiences, building confidence, growing their knowledge and developing habits of learning. The program teaches six core values: discovery, innovation, impact, inclusion, teamwork, and fun.

#### Minecraft Club Tuesday 4:05-4:50. Friday 4:15-5:00

Twice a week, a space is carved out for teamwork exercises within the educational version of minecraft. Students will world-build together, helping each other to finish a variety of adventure based objectives. Finally, the teams will all come together to fight the final dragon boss after creating a world they are proud of.

#### Music Club Thursday 3:15-4:00

The music club will dance down many avenues. Students will learn to make music with varied simple instruments like drums, harmonicas, and ukuleles. Emphasis will also be placed on an appreciation for music as well as exploring how music makes us feel by drawing, writing, or dancing out how we interpret different songs, etc.

#### Mystery Solvers Club Tuesday 3:15-4:00 & Friday 1:15-2:00

Utilizing team building skills, students will solve 2D and 3D puzzles, learning to observe, take in data, and solve problems while communicating with their peers. This club will work through activities such as escape rooms and mystery who-done-its to become mini Sherlock Holmes and Nancy Drews.









## Gateway Middle Afterschool Program 2024-2025



#### PE Club Monday & Tuesday 4:05-4:50, Friday 1:15-2:00

Let's get moving! PE will focus on sections of sports from soccer to ultimate frisbee. While teaching sportsmanship, teamwork, and goal-setting, students will come together to get their wiggles out. The students will build stronger motor skills while building stronger relationships with their peers.

#### Recycled Crafts Club Monday & Thursday 3:15-4:00

Focusing on making art out of recycled materials, students will learn how to transform everyday materials such as plastic bags, soda cans, and what would normally be deemed as "trash" into creative art projects. We will be making an assortment of take-home projects from rugs to air planes.

#### STEM: Robots Club Wednesday 3:15-4:00

We have robots! We have drones! In Robots club, students will learn not only how to work robots but how and why they work. This STEM focused club will teach students to appreciate engineering and technology in an entirely new way while getting to fly and steer drones and robots around the school themselves.

#### The Wilds Club Monday 3:15-4:00, Friday 4:15-5:00

Built specifically for teens with a curiosity for anything outdoorsy related, the wilds club will explore so many fun avenues of the earth including gardening, wilderness survival skills, flower arrangements, tracings, making fossils, creating volcanoes, building a campfire, and so much more!





