

October 2024

Gateway K/5

201 E Thoroughbred Way | 435-867-5558



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Physical Health Positive Actions, Taking Care of our Bodies, Improving our Intellectual Health, Thinking Outside the Box

Happy Birthday



- 10/1 Millie
- 10/2 Isaac
- 10/3 Lucy
- 10/7 Nash
- 10/11 Molly B
- 10/21 Addi
- 10/22 Carson

UPCOMING EVENTS

10/21

Lights On! Celebrate Afterschool Family Activities & Movie Night!!
6:00-8:00 pm in the Gym

CLUB CLOSED

October 11-No School
October 14-18-PTC Week and Fall Break
October 24 & 25 Staff Training



Get To Know



Hi! I'm Avery Hunter. I've been working at the Boys & Girls Club for over a year now, and I love it! I love the students that I get to see everyday. I learn so much from them and love watching them grow. I'm going to school at SUU majoring in Elementary Education. I'm a homebody and love to watch movies, bake and hangout with my friends! I love traveling and seeing the world, too. I recently traveled to Amman, Jordan for a humanitarian trip. This was truly a unique and amazing experience. I am looking forward to the rest of the year with the amazing kids in after school!

Project Learn

Monday & Wednesday

K/1: 4:40-5:25

4/5: 3:50-4:35

Tuesday & Thursday

2/3 Purple Group: 3:50-4:35

2/3 Blue Group: 4:40-5:25

Wednesday & Thursday Homework Help

Students will have the opportunity to work on homework, class projects, and assignments. Students will also engage in math and reading through grade appropriate games, projects, and activities

STEM Labs

Monday & Wednesday

2/3 Blue Group: 3:50-4:35

2/3 Purple Group: 4:40-5:25

Tuesday & Thursday

K/1: 3:50-4:35

4/5: 4:40-5:25

Students will engage in hands-on, fun, age appropriate AmeriCorps STEM labs. This includes Science, Technology, Engineering, and Math.

Clubs & Enrichment

See Detailed Description Below

Monday & Wednesday

K/1 Afterschool Club: 3:50-4:35

4/5: Afterschool Club 4:40-5:25

Tuesday & Thursday

2/3 Blue Group: 3:50-4:35

2/3 Purple Group: 4:40-5:25

Tuesday

K/1A Group: Lego-Robotics 3:30-4:30

K/5 Option: ASL Club 4:05-4:50

These activities are age appropriate, tactile, and fun.

They promote learning in a playful way, that encourages students to try new things, and encourages team building along the way.

Social Emotional Learning

(Prevention & Behavior)

Monday & Wednesday-Positive Action

2/3 Purple Group: 3:50-4:35

2/3 Blue Group: 4:40-5:25

Tuesday & Thursday-Positive Action

4/5: 3:50-4:35

K/1: 4:40-5:25

Friday: SmartMoves

K/5: 1:25-2:20

This time will be centered around learning ways to develop our sense of self, how we can better ourselves and improve our relationships with those around us. We will focus on identifying emotions, learning healthy coping skills, and building healthy relationships with peers.

CONTACT INFORMATION

Autumn Sullivan

Site Coordinator

Phone: 801-372-3849

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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)



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Utah State Board of Education



Gateway K/5 After school Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Physical Health Positive Actions Afterschool Pumpkin Patch: We Are All Connected!	30	1	2	5	6
Taking Care of Our Bodies Afterschool Pumpkin Patch: Pumpkins Have Feelings, Too!	7	8	9	10	11
PTC WEEK No Afterschool Program	14	15	16	17	18
Improving Intellectual Health Afterschool Pumpkin Patch-Finding New Ways to Grow	21	22	23	24	25
Thinking Outside the Box Afterschool Pumpkin Patch: Friends & Spooky Fun	28	29	30	31	1





Daily Schedule				
Monday	Tuesday	Wednesday	Thursday	Friday
K/1-Lunch Room-Check-in 2:50-3:45 Snack/Recess 3:50-4:35 Afterschool Club 4:40-5:25 Project Learn/Snack 5:30 Parent Pick up 2/3 Library-Check-in 2:50-3:45 Book Club/Snack/Recess Learning: Positive Emotional 3:50-4:35 Social Emotional Learning: Positive Action 4:40-5:25 STEM/Snack 5:30 Parent Pick up 4/5 Library-Check-in 2:50-3:45 Book Club/Snack/Recess 3:50-4:35 Project Learn 4:40-5:25 Afterschool Club/Snack 5:30 Parent Pick-up	K/1-Lunch Room-Check-in 2:50-3:45 Snack/Recess 3:50-4:35 STEM or 3:45-4:45 Lego Robotic Club 4:40-5:25 Social Emotional Learning: Positive Action/Snack 5:30 Parent Pick up 2/3 Library-Check-in 2:50-3:45 Book Club/Snack/Recess Learning: Positive Action 3:50-4:35 Project Learn 4:00-5:00 2/5 ASL Club 4:40-5:25 Afterschool Club/Snack 5:30 Parent Pick up 4/5 Library-Check-in 2:50-3:45 Book Club/Snack/Recess Learning: Positive Emotional 3:50-4:35 Social Emotional Learning: Positive Action 4:00-5:00 2/5 ASL Club 4:40-5:25 STEM/Snack 5:30 Parent Pick-up	K/1-Lunch Room-Check-in 2:50-3:45 Snack/Recess 3:50-4:35 Afterschool Club 4:40-5:25 Project Learn/Snack 5:30 Parent Pick up 2/3 Library-Check-in 2:50-3:45 Book Club/Snack/Recess Learning: Positive Emotional 3:50-4:35 Social Emotional Learning: Positive Action 4:40-5:25 STEM/Snack 5:30 Parent Pick up 4/5 Library-Check-in 2:50-3:45 Book Club/Snack/Recess 3:15-5:15 4/5 Lego Robotics Club 3:50-4:35 Project Learn & Homework Help 4:40-5:25 Afterschool Club/Snack 5:30 Parent Pick-up	K/1-Lunch Room-Check-in 2:50-3:45 Snack/Recess 3:50-4:35 STEM 4:40-5:25 Social Emotional Learning: Positive Action/Snack 5:30 Parent Pick up 2/3 Library-Check-in 2:50-3:45 Book Club/Snack/Recess 3:50-4:35 Project Learn & Homework Help 4:40-5:25 Afterschool Club/Snack 5:30 Parent Pick up 4/5 Library-Check-in 2:50-3:45 Book Club/Snack/Recess 3:50-4:35 Social Emotional Learning: Positive Action 4:40-5:25 STEM/Snack 5:30 Parent Pick-up	K1: Lunch Room-Check-in 12:50-1:25 Check-in/Recess 1:35-2:05 K/1 Sharing & Small Snack 2:05-3:15 SmartMoves, Reading mentors 3:20-4:00 Big Snack/Recess 4:05-4:55 Project Learn 5:00-5:30 Choice Activities in Gym 2/5: Library Check-in 12:50-1:25 Check-in/Recess 1:35-2:10 Book Club & Small Snack 2:15-3:15 Social Emotional Learning: SmartMoves & Homework Help 3:20-4:00 Big Snack/Recess 4:05-4:55 Club Choice (2/5) 5:00-5:30 Choice Activities in Gym

Contact Info
Autumn Sullivan <i>Site Coordinator</i> Email: autumn.sullivan@bgcutah.org Phone: 801-372-3849
Program Address: 201 E Thoroughbred Way





October Club & Activity Details

Message to Parents:

Happy Fall! October will be a busy month with lots of fall and Halloween themed activities and opportunities for kids to learn. Our Social Emotional Learning lessons will focus on taking care of our minds and bodies; Afterschool Club will focus on our 'Afterschool Pumpkin Patch' and that we are all connected to each other and stronger because of that connection. Get ready for messy fun in STEM with pumpkin seed counting and slime making. Project Learn lessons will continue to engage kids minds and bodies through spelling and math hopscotch, along with Wednesday and Thursday dedicated homework help. Friday clubs are listed below.

Yoga & Mindfulness Club with Miss Gillian:

Friday 2:25-3:15 & 4:05-4:55

Every week students will learn new, fun yoga poses. Students will also learn mindfulness techniques that they will be encouraged to use to ground themselves in times of distress. The goal of these two techniques is to help children acquire coping skills that they can use for the rest of their lives.

Week #1: Continued practice of basic yoga asanas (poses). Miss Gill will discuss what yoga is, how it works, and why it is good for you! Kids will get to practice more basic yoga poses.

Week #2: Continued practice of basic mindfulness and meditation skills, including focused breathing and visualization. Miss Gill will discuss how meditation works and how it might be helpful in children's day-to-day lives. Kids will get to practice a few meditation and mindfulness techniques, and will review the yoga poses they learned last week.

Week #3: Children will practice a yoga series (one pose/asana connected to another) while they are encouraged to focus on the mindful practice of breath focus

Week #4: Miss Gill's class will continue to learn and practice a variety of breathing exercises that address stress/anxiety reduction, coping with difficult situations, and breathing that gets our bodies and brains ready to move and learn! Children will practice these techniques in coordination with the yoga asanas (poses) that they have been practicing over the past few weeks

Ancient Art Club with Mrs. Jacomb

Friday 2:25-3:15 & 4:05-4:55

Mrs. Jacombs club got bumped last month as we re-tinkered our Friday schedule. October will see the introduction of this club. Students will have the opportunity to explore and practice how ancient cultures recorded information and expressed themselves through multiple mediums. Students will get to create etched petroglyphs, drawn pictographs, chalk paint handprints, and learn skills in beading and weaving. These hands-on activities will create personal 'remnants' of each medium that students will be able to take home so they can share what they learned and show off their creativity!

Week #1: Children will be creating their own etched petroglyphs on cardboard. Students will learn the variety of different information that was communicated by ancient cultures through these etched drawings. They will have the opportunity to create their own communication, or to simply express themselves through this medium.

Week #2: This week children will be drawing pictographs. The conversation about how different ancient cultures used these drawings will continue and add on from last week.

Week #3: For week 3 the Ancient Art Club will be creating Aboriginal handprints using chalk paint. Children will come to understand that many ancient cultures left hand prints in a variety of locations. What did these handprints mean to those cultures, what did they communicate, why is this common for cultures that lived on multiple continents? Many mysteries to be discovered and wondered at during this activity!



Week #4: This week children will be creating a self-portrait. Many ancient cultures have examples of portrait work. Was this used as a statement of self? Was it communicating power or authority? Questions and wondering will rule self portrait day.

Book Club with Miss Halli

Monday-Thursday 2:50-3:15

Friday 2:25-3:15 & 4:05-4:55

Everyday 2/5 Students will meet in the library to read a book together. This month we are starting to read *Candy Shop Wars*. This is a fantasy/adventure/thriller story that follows Nate and the Blue Falcons club as they are introduced to Mrs. White, the owner of Sweet Tooth Ice Cream and Candy Shoppe, who has more than a few tricks up her sleeve and in her sweets! Fridays will be reserved for fun reading-related and book-related activities and crafts!

Week #1: We will be making watercolor bookmarks that kids can take home to use as they read their own books

Week #2: We will be designing our own candy shop logos and creating advertisements to entice children into our shops of sweets!

Week #3: We will be creating our own magic candies. Students will imagine fantastic flavor combinations, create enticing drawings of their candies, and infusing each candy creation with magical powers both helpful and mischievous.

Week #4: We will be creating our own rock candies!

K/5 Afterschool Club with Miss Avery

Daily 3:50-4:35 & 4:40-5:25

Miss Avery will be exploring our weekly themes and reinforcing what we have learned in our Positive Action and SmartMoves lessons. From 'Bee'ing kind to each other to celebrating the Un-Bee-lievable kids we have in the afterschool program, fun activities and hands on learning reinforcement will give children the opportunity to show what they are learning and ways recognize all the people that make up their family, school and afterschool community that mean so much to them.

K/1 Lego Robotics with Mrs. Meyers

Tuesday 3:30-4:30

In LEGO League, students engage in hands-on STEM experiences, building confidence, growing their knowledge and developing habits of learning. The program teaches six core values: discovery, innovation, impact, inclusion, teamwork, and fun. This club is geared specifically toward K/1 students. Each student will get the opportunity to build and learn at an age appropriate level. We will be splitting the K/1 class into two groups. Each group will have the opportunity to attend this club through the 10 week progression.

4/5 Lego Robotics with Mrs. Thorpe

Wednesday 3:15-5:15

In LEGO League, students engage in hands-on STEM experiences, building confidence, growing their knowledge and developing habits of learning. The program teaches six core values: discovery, innovation, impact, inclusion, teamwork, and fun. This club is geared specifically toward K/1 students. Each student will get the opportunity to build and learn at an age appropriate level.

2/5 American Sign Language (ASL) Club with Mrs. Gregerson

Tuesdays 4:00-5:00

By beginning at the basics like the alphabet, basic verbs, and simple communication, students will learn to communicate through American Sign Language. This non-verbal communication will be learned through repetition and muscle memory. An important part of this club is also deaf culture and history.

