

# September 2024

# Bonneville

1245 N 800 W Orem, Utah 84057 | 801-372-5461



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is Positive Action and SMART Moves!

## Happy Birthday



9/4-Luis  
9/24-Tomas  
9/26-Richie

### UPCOMING EVENTS

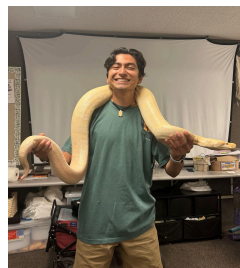
September 2-Labor Day (NO SCHOOL)  
September 20-Training Day for Site Coordinator

### CLUB CLOSED

September 2-Labor Day Holiday (NO SCHOOL)  
September 20-NO CLUB



### Get To Know



Hi everyone!! My name is Armando Torres and I am the program manager for the Boys and Girls Club after school program at Bonneville this

year. This is my first year at the school but I met a few students during the summer program and am so excited to meet and work with everyone else! A little bit about me, I am 22 years old and am actually from Georgia. I'm here in Provo going to BYU and majoring in Physics education. I love to play soccer, workout, play video games and watch movies. After I graduate I plan teaching high school physics and hopefully even coach soccer at a high school level. My main goal in life however is to make a positive impact on the lives of people I come across especially my students.

### CONTACT INFORMATION

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### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

### Project Learn

3:35-4:20pm (K-2), 2:50-3:35pm (3-6)  
Monday-Thursday

Time to work on homework, practice math, read, or do other academically enriching activities (HYLAs).

### STEM Labs

3:05-3:35pm (K-2), 3:50-4:20pm (3-6)  
Monday & Wednesday  
3:15-5:15 Friday

Activities involving science, technology, engineering, mathematics, and related topics. Kids will learn a variety of STEM related skills and participate in many hands-on activities. This month's focus is Environmental/Earth Science!

### Enrichment

4:20-5:20 (Monday-Thursday)  
3:15-5:15 (Friday)

Clubs are provided Monday-Thursday that are designed to introduce new activities, new passions, and new ideas to the children. This month's clubs are the Olympics and Around the World Club!

We offer a rotation of activities on Friday where kids can participate in a new physical, creative, or STEM activity each week.

### SEL (Prevention and Behavior)

Positive Action 3:05-3:35pm (K-2), 3:50-4:20pm (3-6)  
Tuesday & Thursday  
SMART Moves 3:15-4:15pm (K-2), 4:20-5:20pm (3-6)  
Friday

**SMART Moves:** Building Your Group Agreements, Feeling Faces, All the Feels, Emotions Head to Toe, Time Travelers, and Before, During, and After.

**Positive Action: K-3:** Self-Concept: Its Definition, Formation, and Importance, Pre-Surveys, and Physical and Intellectual Positive Actions for a Healthy Self-Concept

**4-6:** Staying in the Positive Zone, The Difference Between Being All Right and Not Being All Right, Giving Ourselves A Break, How To Be Happier, Pre-Surveys, To Choose or Not to Choose, and Being A Good Egg!



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# Bonneville Afterschool Program 2024-2025

# September



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SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Having a Positive Attitude	2 <b>AFTERSCHOOL CLOSED</b> — <b>Labor Day Holiday</b>	3 <b>Power Hour</b> <b>SEL: Positive Action (P)</b> K-3: Self-Concept: Its Definition, Formation, and Importance 4-6: Staying in the Positive Zone <b>Clubs</b> K-3: <b>Olympics</b> 4-6: <b>Around the World</b>	4 <b>Power Hour</b> <b>STEM Labs-</b> Environmental Science <b>Clubs</b> 4-6: <b>Olympics</b> K-3: <b>Around the World</b>	5 <b>Power Hour</b> <b>SEL: Positive Action (B)</b> K-3: Self-Concept: Its Definition, Formation, and Importance 4-6: The Difference Between Being All Right and Not Being All Right <b>Clubs</b> K-3: <b>Olympics</b> 4-6: <b>Around the World</b>	6 <b>Fun Friday</b> <b>SEL: SMART Moves:</b> K-3: Building Your Group Agreements 4-6: Building Your Group Agreements <b>Physical, Creative, &amp; STEM Rotations</b> <b>Gratitude</b>
Practicing Positive Actions	9 <b>Power Hour</b> <b>STEM Labs-</b> Environmental Science <b>Clubs</b> 4-6: <b>Olympics</b> K-3: <b>Around the World</b>	10 <b>Power Hour</b> <b>SEL: Positive Action (P)</b> K-3: Self-Concept: Its Definition, Formation, and Importance 4-6: Giving Ourselves A Break <b>Clubs</b> K-3: <b>Olympics</b> 4-6: <b>Around the World</b>	11 <b>Power Hour</b> <b>STEM Labs-</b> Environmental Science <b>Clubs</b> 4-6: <b>Olympics</b> K-3: <b>Around the World</b>	12 <b>Power Hour</b> <b>SEL: Positive Action (B)</b> K-3: Self-Concept: Its Definition, Formation, and Importance 4-6: How To Be Happier <b>Clubs</b> K-3: <b>Olympics</b> 4-6: <b>Around the World</b>	13 <b>Fun Friday</b> <b>SEL: SMART Moves:</b> K-3: Feeling Faces 4-6: All the Feels <b>Physical, Creative, &amp; STEM Rotations</b> <b>Gratitude</b>
Pre-Surveys	16 <b>Power Hour</b> <b>STEM Labs-</b> Environmental Science <b>Clubs</b> 4-6: <b>Olympics</b> K-3: <b>Around the World</b>	17 <b>Power Hour</b> <b>SEL: Positive Action (P)</b> K-6: Pre-Surveys <b>Clubs</b> K-3: <b>Olympics</b> 4-6: <b>Around the World</b>	18 <b>Power Hour</b> <b>STEM Labs-</b> Environmental Science <b>Clubs</b> 4-6: <b>Olympics</b> K-3: <b>Around the World</b>	19 <b>Power Hour</b> <b>SEL: Positive Action (B)</b> K-6: Pre-Surveys <b>Clubs</b> K-3: <b>Olympics</b> 4-6: <b>Around the World</b>	20 <b>AFTERSCHOOL CLOSED</b> — <b>Training Day</b>
Choices and Consequences	23 <b>Power Hour</b> <b>STEM Labs-</b> Environmental Science <b>Clubs</b> 4-6: <b>Olympics</b> K-3: <b>Around the World</b>	24 <b>Power Hour</b> <b>SEL: Positive Action (P)</b> K-3: Self-Concept: Its Definition, Formation, and Importance 4-6: To Choose or Not to Choose <b>Clubs</b> K-3: <b>Olympics</b> 4-6: <b>Around the World</b>	25 <b>Power Hour</b> <b>STEM Labs-</b> Environmental Science <b>Clubs</b> 4-6: <b>Olympics</b> K-3: <b>Around the World</b>	26 <b>Power Hour</b> <b>SEL: Positive Action (B)</b> K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: Being A Good Egg <b>Clubs</b> K-3: <b>Olympics</b> 4-6: <b>Around the World</b>	27 <b>Fun Friday</b> <b>SEL: SMART Moves:</b> K-3: Time Travelers 4-6: Before, During, and After <b>Physical, Creative, &amp; STEM Rotations</b> <b>Gratitude</b>
Physical Health Positive Actions	30 <b>Power Hour</b> <b>STEM Labs-</b> Environmental Science <b>Clubs</b> 4-6: <b>Olympics</b> K-3: <b>Around the World</b>	1	2	3	4

Daily Schedule (Monday & Wednesday)	Daily Schedule (Tuesday & Thursday)	Daily Schedule (Friday)
2:15-2:30 Check-in & Snack 2:30-2:50 Recess 2:50- 3:05 Circle-up (K-2) 3:05-3:35 STEM Labs (K-2) 2:50-3:35 Power hour (3-6) 3:35-3:50 Circle-up (3-6) 3:50-4:20 STEM Labs (3-6) 3:35-4:20 Power Hour (K-2) 4:20-5:20 Enrichment Clubs (Physical & Creative) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-2:50 Recess 2:50- 3:05 Circle-up (K-2) 3:05-3:35 SEL:Positive Action (K-2) 2:50-3:35 Power hour (3-6) 3:35-3:50 Circle-up (3-6) 3:50-4:20 SEL:Positive Action (3-6) 3:35-4:20 Power Hour (K-2) 4:20-5:20 Enrichment Clubs (Physical & Creative) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-3:00 Recess 3:05- 3:15 Circle-up 3:15-4:15 SEL Activity: SMART Moves (K-3) & Enrichment Rotations (4-6) 4:20-5:20 SEL Activity: SMART Moves (4-6) & Enrichment Rotations (K-3) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out



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**WORKFORCE  
SERVICES**  
CHILD CARE

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## Bonneville Afterschool Program 2024-2025

# September Club & Activity Details

### Message to Parents:

Hello Everyone! We are so excited for this new school year and these first 2 weeks back into programs have been amazing. This month we will be continuing some different curriculum aligned with Boys and Girls Clubs across the county designed to help children develop in multiple key areas. We are thrilled to partner with you in our afterschool program this year! Our goal is to create a fun, supportive environment where your child can explore new interests, build skills, and form lasting friendships. We're excited to work together to make this a rewarding experience for everyone involved! As a reminder, we will still need all parents/guardians/family to bring ID for pick up and ensure you add anyone who is able to pick up the child to their registration. We do this to ensure the safety of all the students and their families. We are so excited to continue our work with you all and hope to make it an amazing year!

**STEM** - Children will get hands-on experience with the scientific method and engineering process. This month they will be focusing on Environmental and Earth Science. Our objective in teaching environmental and earth science to elementary students is to inspire a sense of wonder about the natural world. We aim to help them understand the importance of our planet, develop a respect for nature, and learn how they can contribute to a sustainable future. By exploring topics like ecosystems, weather, and conservation, we hope to nurture curious, responsible young stewards of the Earth. STEM Labs are taught on Tuesday and Thursday, with an additional activity during Friday rotations.

**SEL** -- The **Positive Action** curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week.

**SMART Moves** is a suite of Targeted Programs and other resources designed to help young people develop healthy decision-making attitudes and skills. This is taught during Friday rotations over the course of 10 weeks.

**Power Hour** - The primary focus of Power Hour is to support our youth in completing their homework, engaging in High Yield Learning Activities (HYLAs), and participating in our reading and math programs. Our goal is to reduce missing assignments by collaborating with school-day teachers and ensuring that students complete their daily tasks during our program, allowing for more quality family time at home. For students without homework, we offer a variety of HYLAs, along with our reading and math programs, to further enhance their overall knowledge and skills in these important subjects. This is completed Monday-Thursday for 45 minutes!

**Around the World Club** - The Around the World Club is designed to broaden children's understanding of the diverse cultures, traditions, and geography that make up our global community. Through interactive activities, storytelling, crafts, and virtual exploration, students will embark on a journey to discover the uniqueness of different countries. They'll learn about various cultural practices, languages, foods, festivals, and historical landmarks, fostering an appreciation for the world's diversity. In addition to exploring new cultures, students will have the opportunity to share their own traditions and heritage, creating a rich, multicultural exchange of ideas and experiences. This club aims to cultivate curiosity, empathy, and respect for others, encouraging children to become global citizens with a deeper connection to the world around them. Students in grades K-3 will join the club on Mondays and Wednesdays, while those in grades 4-6 will participate on Tuesdays and Thursdays.



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**Olympics Club** - Physical activity is essential year-round, so we're excited to introduce the Olympics Club, where students will explore the diverse sports featured in the Olympic Games. Our goal is to provide an opportunity for children to develop teamwork, good sportsmanship, and decision-making skills while enjoying a wide variety of sports. Additionally, this club will encourage a deeper understanding of the global community by promoting healthy competition and exposing students to the Olympic spirit. Students in grades 4-6 will participate on Mondays and Wednesdays, while those in grades K-3 will join on Tuesdays and Thursdays. Each session is designed to be both fun and educational, helping children grow physically, socially, and culturally.



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