

# October 2024

# Bonneville

1245 N 800 W Orem, Utah 84057 | 801-372-5461



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Positive Action and SMART Moves!

## Happy Birthday



10/1-Piper  
10/24-Aria  
10/24-Adelynn

### UPCOMING EVENTS

October 1 & 3-Parent Teacher Conferences  
October 7-Club ends at 4:30 for School Zombie Fest  
October 8-Food Bank  
October 31-Halloween (Halloween parade in school day)

### CLUB CLOSED

October 4-Teacher Work Day-NO CLUB/SCHOOL  
October 17-21-Fall Break-NO CLUB  
October 25-Staff Training-NO CLUB



### Get To Know



Hello Everyone! I'm Lexie Monroy, I am very passionate about what I do. I love working with kids and used to be a club kid myself when I was younger! I am a creative person and I love crafting and learning how to make new things. I'm so excited to get to know you all and your children! I hope we can make this a fun and successful year!

### CONTACT INFORMATION

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**Site Coordinator**  
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### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

### Project Learn

3:35-4:20pm (K-2), 2:50-3:35pm (3-6)  
Monday-Thursday

Time to work on homework, practice math, read, or do other academically enriching activities (HYLAs).

### STEM Labs

3:05-3:35pm (K-2), 3:50-4:20pm (3-6)  
Monday & Wednesday  
3:15-5:15 Friday

Activities involving science, technology, engineering, mathematics, and related topics. Kids will learn a variety of STEM related skills and participate in many hands-on activities. This month's focus is Environmental/Earth Science!

### Enrichment

4:20-5:20 (Monday-Thursday)  
3:15-5:15 (Friday)

Clubs are provided Monday-Thursday that are designed to introduce new activities, new passions, and new ideas to the children. This month's clubs are Ultimate Frisbee and Mystery Club!

We offer a rotation of activities on Friday where kids can participate in a new physical, creative, or STEM activity each week.

### Social Emotional Learning (Prevention & Behavior)

Positive Action 3:05-3:35pm (K-2), 3:50-4:20pm (3-6)  
Tuesday & Thursday  
SMART Moves 3:15-4:15pm (K-2), 4:20-5:20pm (3-6)  
Friday

**SMART Moves:** Time Travelers, Before, During, and After, Magic Carpet Ride, Worry Wizards, My Super Hero Self, and Changing Impossible to I'M POSSIBLE!

**Positive Action: K-3:** Physical and Intellectual Positive Actions for a Healthy Self-Concept and Managing Yourself Using Social / Emotional Positive Actions

**4-6:** Feeling Good About Your Body and Your Mind, What Your Body Needs To Thrive, What To Eat, The Power to Move and Groove, Beware of the Burn, Thinking Big, Remember This, Make It New Again, and When It Absolutely Counts



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UTAH DEPARTMENT OF  
WORKFORCE  
SERVICES  
CHILD CARE

# Bonneville After school Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Physical Health Positive Actions	30	1 <b>Power Hour</b> Social Emotional Learning: <b>Positive Action (P)</b> K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: Feeling Good About Your Body and Your Mind <b>Clubs</b> K-3: <b>Ultimate Frisbee</b> 4-6: <b>Mystery Club</b>	2 <b>Power Hour</b> <b>STEM Labs-</b> Spooky Science <b>Clubs</b> 4-6: <b>Ultimate Frisbee</b> K-3: <b>Mystery Club</b>	3 <b>Power Hour</b> Social Emotional Learning: <b>Positive Action (B)</b> K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: What Your Body Needs To Thrive <b>SMART Moves</b> K-3: Time Travelers 4-6: Before, During, and After	4 <b>AFTERSCHOOL CLOSED</b> — <b>NO SCHOOL Teacher Work Day</b>
Taking Care of Our Bodies	7 <b>Power Hour</b> <b>STEM Labs-</b> Spooky Science <b>AFTERSCHOOL CLOSING @4:30pm for Zombie Fest</b>	8 <b>Power Hour</b> Social Emotional Learning: <b>Positive Action (P)</b> K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: What To Eat <b>Clubs</b> K-3: <b>Ultimate Frisbee</b> 4-6: <b>Mystery Club</b>	9 <b>Power Hour</b> <b>STEM Labs-</b> Spooky Science <b>Clubs</b> 4-6: <b>Ultimate Frisbee</b> K-3: <b>Mystery Club</b>	10 <b>Power Hour</b> Social Emotional Learning: <b>Positive Action (B)</b> K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: The Power to Move and Groove <b>Clubs</b> K-3: <b>Ultimate Frisbee</b> 4-6: <b>Mystery Club</b>	11 <b>Fun Friday</b> Social Emotional Learning: <b>SMART Moves</b> K-3: Magic Carpet Ride 4-6: Worry Wizards <b>Physical, Creative, &amp; STEM Rotations Gratitude</b>
Protecting Our Bodies	14 <b>Power Hour</b> <b>STEM Labs-</b> Spooky Science <b>Clubs</b> 4-6: <b>Ultimate Frisbee</b> K-3: <b>Mystery Club</b>	15 <b>Power Hour</b> Social Emotional Learning: <b>Positive Action (P)</b> K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: Beware of the Burn <b>Clubs</b> K-3: <b>Ultimate Frisbee</b> 4-6: <b>Mystery Club</b>	16 <b>Power Hour</b> <b>STEM Labs-</b> Spooky Science <b>Clubs</b> 4-6: <b>Ultimate Frisbee</b> K-3: <b>Mystery Club</b>	17 <b>AFTERSCHOOL CLOSED</b> — <b>Fall Break</b>	18 <b>AFTERSCHOOL CLOSED</b> — <b>Fall Break</b>
Improving Our Intellectual Health	21 <b>AFTERSCHOOL CLOSED</b> — <b>Fall Break</b>	22 <b>Power Hour</b> Social Emotional Learning: <b>Positive Action (P)</b> K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: Thinking Big <b>Clubs</b> K-3: <b>Ultimate Frisbee</b> 4-6: <b>Mystery Club</b>	23 <b>Power Hour</b> <b>STEM Labs-</b> Spooky Science <b>Clubs</b> 4-6: <b>Ultimate Frisbee</b> K-3: <b>Mystery Club</b>	24 <b>Power Hour</b> Social Emotional Learning: <b>Positive Action (B)</b> K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: Remember This <b>SMART Moves</b> K-3: My Superhero Self 4-6: Changing Impossible to I'M POSSIBLE	25 <b>AFTERSCHOOL CLOSED</b> — <b>Training Day</b>
Thinking Outside the Box	28 <b>Power Hour</b> <b>STEM Labs-</b> Spooky Science <b>Clubs</b> 4-6: <b>Ultimate Frisbee</b> K-3: <b>Mystery Club</b>	29 <b>Power Hour</b> Social Emotional Learning: <b>Positive Action (P)</b> K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: Make It New Again <b>Clubs</b> K-3: <b>Ultimate Frisbee</b> 4-6: <b>Mystery Club</b>	30 <b>Power Hour</b> <b>STEM Labs-</b> Spooky Science <b>Halloween Festivities Day 1!</b>	31 <b>Power Hour</b> Social Emotional Learning: <b>Positive Action (B)</b> K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: When It Absolutely Counts <b>Halloween Festivities Day 2!</b>	1

Daily Schedule (Monday & Wednesday)	Daily Schedule (Tuesday & Thursday)	Daily Schedule (Friday)
2:15-2:30 Check-in & Snack 2:30-2:50 Recess 2:50- 3:05 Circle-up (K-2) 3:05-3:35 STEM Labs (K-2) 2:50-3:35 Power hour (3-6) 3:35-3:50 Circle-up (3-6) 3:50-4:20 STEM Labs (3-6) 3:35-4:20 Power Hour (K-2) 4:20-5:20 Enrichment Clubs (Physical & Creative) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-2:50 Recess 2:50- 3:05 Circle-up (K-2) 3:05-3:35 Social Emotional Learning: Positive Action (K-2) 2:50-3:35 Power hour (3-6) 3:35-3:50 Circle-up (3-6) 3:50-4:20 Social Emotional Learning: Positive Action (3-6) 3:35-4:20 Power Hour (K-2) 4:20-5:20 Enrichment Clubs (Physical & Creative) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-3:00 Recess 3:05- 3:15 Circle-up 3:15-4:15 Social Emotional Learning Activity: SMART Moves (K-3) & Enrichment Rotations (4-6) 4:20-5:20 SEL Activity: SMART Moves (4-6) & Enrichment Rotations (K-3) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out



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### Contact Info

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**BOYS & GIRLS CLUBS**  
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## Bonneville Afterschool Program 2024-2025

# October Club & Activity Details

### Message to Parents:

Hello Everyone! We are thrilled to partner with you in our afterschool program this year! Our goal is to create a fun, supportive environment where your child can explore new interests, build skills, and form lasting friendships. We're excited to work together to make this a rewarding experience for everyone involved! We have a lot of days when the school is closed this month so that means after school is closed too. Please take a close look at all the dates we are closed this month. We are so excited to continue our work with you all and hope to make it an amazing year!

**STEM** - Get ready for a spine-tingling adventure in the Spooky Science Club! Young scientists will explore the eerie side of science through fun, hands-on experiments that ooze, glow, and fizz. From creating ghostly slime to brewing bubbling potions, kids will uncover the mysteries of chemistry, physics, and biology in a safe and exciting environment. Every session promises thrills, chills, and a whole lot of discovery! Perfect for curious minds ready to embrace the magic of science with a spooky twist. STEM Labs are taught on Tuesday and Thursday, with an additional activity during Friday rotations.

**Social-Emotional Learning** -- The **Positive Action** curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment

throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week.

**SMART Moves** is a suite of Targeted Programs and other resources designed to help young people develop healthy decision-making attitudes and skills. This is taught during Friday rotations over the course of 10 weeks.

**Power Hour** - The primary focus of Power Hour is to support our youth in completing their homework, engaging in High Yield Learning Activities (HYLAs), and participating in our reading and math programs. Our goal is to reduce missing assignments by collaborating with school-day teachers and ensuring that students complete their daily tasks during our program, allowing for more quality family time at home. For students without homework, we offer a variety of HYLAs, along with our reading and math programs, to further enhance their overall knowledge and skills in these important subjects. This is completed Monday-Thursday for 45 minutes!

**Mystery Club** - Unlock your imagination and become a mystery maker in the Mystery Creative Club! In this exciting program, young storytellers will invent their own thrilling tales, create secret codes, and design hidden items as they craft mysterious adventures and enjoy spooky crafts. Through drawing, writing, and hands-on activities, kids will bring their own detective stories to life, developing both their creativity and problem-solving skills. Perfect for students who love a good mystery, this club will inspire children to think outside the box and build their very own world of intrigue! Students in grades K-3 will join the club on Mondays and Wednesdays, while those in grades 4-6 will participate on Tuesdays and Thursdays.

**Ultimate Frisbee Club** - Get ready to run, jump, and throw in the Ultimate Frisbee Club! This fun, fast-paced sport combines teamwork, agility, and strategy as kids learn how to pass, catch, and score with a flying disc. Whether they're new to the game or experienced players, young athletes will develop coordination, fitness, and sportsmanship through exciting drills and friendly matches. With plenty of fresh air and high-energy fun, the Ultimate Frisbee Club is the perfect way for kids to stay active, make new friends, and enjoy the thrill of this dynamic sport!



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