

October 2024

# Belknap

510 N. 650 E. Beaver Utah



**BOYS & GIRLS CLUBS**  
OF BEAVER COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Responsibility & Connection

Happy Birthday



Raegan (26)

## UPCOMING EVENTS

Create Better Health 10th

## CLUB CLOSED

October 18-22 Fall Break  
October 24 Staff Training



## Get To Know



### Sharla Almeida

Sharla Almeida is our club's Program Manager. She does fantastic working with the youth. She strives to make sure every one of her lessons is engaging, fun, and life learning. She has a natural talent for teaching the youth. She is kind, caring, and compassionate to everyone she encounters. In addition to working at the after-school program, Sharla works with Codi at the Long Term Care Center. She is married and has 3 kids. Sharla loves to travel, eat Chick-fil-A, hike, and read. She loves Mexican and Indian food. Sharla brings so much to the after-school program and we are very grateful for her!

## CONTACT INFORMATION

**Site Coordinator:** Chloe Wood  
**Email:** [chloe.wood@bgcutah.org](mailto:chloe.wood@bgcutah.org)  
801-372-4887  
[chloe.wood@bgcutah.org](mailto:chloe.wood@bgcutah.org)

## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

The main focus of power hour will be to help members complete homework and school assignments  
M-TH 4:30-5:00

## STEM Labs

During enrichment clubs, members will have the opportunity to participate in STEM activities that are engaging and enjoyable for all  
M-TH 3:30-4:30

## Enrichment

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and active activities  
M-TH 3:30-4:30

## Social Emotional Learning (Prevention & Behavior)

Leader In Me and SMART Moves curriculum focus on providing youth with important social-emotional skills. All Social Emotional Learning skills are taught through daily lessons and integrated throughout the rest of the program.



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# Belknap After school Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Emotional Regulation	30	1	2	3	4
Initiative	7 Power Hour Visionary-workshop club! Leader in Me	8 Power Hour Smart Moves	9 Power Hour STEM Club! Leader in Me	10 Power Hour Colorful Creations-Club! Create Better Health	11
Self-Care	14 Power Hour Visionary-workshop club! Leader in Me	15 Power Hour Smart Moves	16 Power Hour STEM Club!	17 Power Hour Colorful Creations-Club! Leader in Me	18
Listening	21 <b>Fall Break No School!</b>	22 <b>Fall Break No School!</b>	23 Power Hour STEM Club!	24 <b>No Program</b>	25
Verbal Expression	28 Power Hour Visionary-workshop club! Leader in me	29 Power Hour Smart Moves	30 Power Hour STEM Club!	31 Power Hour Colorful Creations-Club! Leader in me	1

### Daily Schedule

**2:30 - Super Snack**  
**2:50 - Restroom Break**  
**3:00 - Brain Break/Club Fun!**  
**3:30 - Social Emotional Learning (Leader In Me/ Smart Moves) or STEM**  
**4:30 - Power Hour (We do our best but homework may not always get completed. Please check your child's work and their progress!)**  
**5:00 - Club Fun, Reflection and Clean Up**  
**5:30 - End of Program**

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## October Club & Activity Details

### Message to Parents:

We are so excited for the fun activities we have planned for October! We look forward to continuing to build relationships with the youth, teach them new skills that can help them in the future, and watch them grow into future leaders!

**Our Core Promise:** To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives. To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

### **Social Emotional Learning:**

**Leader In Me** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. This program is run Monday & Thursday.

**Smart Moves** - Program designed to help young people develop healthy decision-making skills and attitudes. By using a strengths-based approach, it empowers youth to make informed choices. Incorporating youth voice and choice, SMART Moves provides essential social-emotional skills to promote positive health and well-being.

### **Academic Support:**

**Power Hour** - the main focus of power hour will be to help youth complete homework assignments, work on HYLE activities and their book in a bag. Our goal is to help youth reduce missing assignments by aligning with school teachers, and working on daily assignments at program to allow family time at home. If you know what homework your student should be working on, Please let us know and we will do our best to assist them! This will run Monday through Thursday.

**Colorful Creations Club**- A vibrant space where young artists can express themselves! Each Thursday, participants will dive into drawing, painting, crafting, and experimenting with various materials and techniques. As they explore colors, shapes, and art history, they'll create their own masterpieces while developing artistic skills alongside friends. Join us for a fun and inspiring creative experience!

**Create Better Health Club** - Allie Bradshaw with our local USU Extension Office visits our programs monthly to offer the Create Better Health Club where the focus is to help participants establish healthy eating habits and a physically active lifestyle.

**Visionary Workshop**- This exciting space is designed for young innovators and curious minds who love to explore, create, and solve problems. In the Visionary Workshop, participants will dive into the world of invention and engineering, learning how to turn their ideas into reality through hands-on projects, teamwork, and creative problem-solving. Join us on Mondays for a fun and inspiring experience!

**STEM**- Provide hands-on learning experiences in Science, Technology, Engineering, and Mathematics. Students engage in projects like building simple circuits, constructing bridges, coding with beginner-friendly software, and conducting science experiments. These activities are designed to be interactive and fun, helping kids develop problem-solving skills, creativity, and a strong foundation in STEM concepts while encouraging teamwork and curiosity about the world around them.





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