

September 2024

Westmore Elementary

1150 S. Main St. Orem, UT 84058 (801) 610-8123



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Having a Positive Attitude

Happy Birthday



Lenora, Liddy, & Milo

UPCOMING EVENTS



We'll have some fun Fall activities next month!

CLUB CLOSED

Monday, September 2nd
Labor Day



Highlights from last month:



We had fun making paper dolls in Creative Club. We decorated them and cut them out.

Project Learn

Daily

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities.

STEM Labs

Monday & Wednesday Gr 3-6
Tuesday & Thursday Gr K-2
Friday choice rotation all grades

Youth learn all about the scientific and design processes through hands-on experiments.

Here are some of the activities planned for this month: Math tag, Crystal Leaves, & Colorful Bubbles.

Enrichment

Daily

This month we are featuring Creative, Physical, & STEM Clubs with activities like Lava Tag and Drawing.

Social Emotional Learning (Prevention & Behavior)

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. These activities are run daily. This month will include Having a Good Attitude & Practicing Positive Actions.

CONTACT INFORMATION

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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)



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Westmore Elementary Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Having a Positive Attitude	2 LABOR DAY NO SCHOOL & NO CLUB	3 Social Emotional Learning: (P) 3-6 Feeling good about who you are Enrichment: Gr. K-2 draw your favorite character & HYLEA Gr. 3-6 Yoga Class	4 Social Emotional Learning: (B) Gr. K-2 What you do best STEM: 3-6 Math Tag Club: Caterpillar chains	5 Social Emotional Learning: (B) Gr. 3-6 What you do best STEM: 3-6 Math Tag Enrichment: Gr. K-2 paper airplane toss Gr. 3-6 Soccer & HYLEA	6 Smart Moves: Feeling Faces Fun Friday: The Index card challenge Healthy Foods Fish Bowl Paper airplane toss
Practicing Positive Actions	9 Social Emotional Learning: (P) Gr. K-2 Staying STEM: Gr. 3-6 Crystal Leaves Gr. K-2 Jungle Adventure Relay Outdoor Club: Planting Seeds	10 Social Emotional Learning: Gr. 3-6 (P) Staying in the positive zone STEM: Gr. K-2 Crystal Leaves Enrichment: Gr. K-2 Woodchips is Lava Tag & HYLEA Club: Origami Butterfly	11 Social Emotional Learning: (B) Gr. K-2 Expressing how we feel STEM: Gr. 3-6 Wrecking ball challenge Clubs: Space Explorer & Homemade Bird Feeders	12 Social Emotional Learning: Gr. 3-6 (B) Expressing how we feel STEM: Gr. K-2 Wrecking ball challenge Enrichment: Gr. K-2 Soccer Gr. 3-6 Chalk Art & HYLEA	13 Smart Moves: Emotions Head to toe Fun Friday STEM: paper helicopters Fun Friday: Physical-Outdoor time/Relays Creative: Leaf Butterflies
Expressing Our Feelings	16 Social Emotional Learning: (P) Gr. K-2 Pre-Survey STEM: Gr. 3-6 Colorful bubbles Club: Turning Nature into Art & Building Imaginary Shelters	17 Social Emotional Learning: (P) : Gr. 3-6 Pre-Survey STEM: Gr. K-2 Colorful bubbles Enrichment: Gr. K-2 Art & HYLEA Gr. 3-6 Gymnastics Class	18 Social Emotional Learning: (B) Gr. K-2 Pre-Survey STEM: Gr. 3-6 Math Checkers Club: Storybook Art Adventure & Physical	19 Social Emotional Learning: (B) Gr. 3-6 Pre-Survey STEM: Gr. K-2 Math Checkers Enrichment: Creative, Kickball & HYLEA	20 Smart Moves: Time Traveler Fun Friday: Paper airplane competitions Fun Friday: Nutrient Scavenger Hunt
Choices & Consequences	23 Social Emotional Learning: (P) Gr. K-2 To choose or not to choose STEM: Gr. 3-6 Rocket Balloons Club: Military training part 1 & Personalized Picture Frames	24 Social Emotional Learning: (P) Gr. 3-6 To choose or not to choose STEM: Gr. K-2 Rocket Balloons Enrichment: Gr. K-2 Physical & HYLEA Gr. 3-6 Origami Boat	25 Social Emotional Learning: (B) Gr. K-2 Being a good egg STEM: Gr. 3-6 Paper Roller coaster Club: Military training part 2 & Toys for Animal Shelter	26 Social Emotional Learning: (B) Gr. 3-6 Being a good egg STEM: Gr. K-2 Paper Roller coaster Enrichment: Gr. K-2 Physical & HYLEA Gr. 3-6 Create a puzzle	27 Smart Moves: The Magic Carpet Ride Fun Friday: The Great paper chain race Physical & Nature Scavenger Hunt
Choices & Consequences	30 Social Emotional Learning: (P) Gr. K-2 Feeling good about who you are STEM: 3-6 Fall Leaves Club: Camouflage Hide & Seek	1	2	3	4

Daily Schedule

Monday & Wednesday	Tuesday & Thursday	Friday
3:30 - 3:45 Check in, Snack 3:45 - 3:55 Circle Up 4:00 - 4:30 Social Emotional Learning Positive Action: Gr K-2 STEM: Gr 3-6 4:35 - 5:25 Clubs: Creative & Physical 5:25 - 5:30 Clean Up & Dismissal	3:30 - 3:45 Check in, Snack 3:45 - 3:55 Circle Up 4:00 - 4:30 Social Emotional Learning Positive Action Gr 3-6 STEM Gr K-2 4:35 - 5:25 Project Learn - HYLAs/Power Hour - Enrichment Centers 5:25 - 5:30 Clean Up & Dismissal	3:30 - 3:45 Check in, Snack 3:45 - 3:55 Circle Up 4:00 - 4:30 Social Emotional Learning SMART Moves - age groups 4:35 - 5:25 Rotations - Creative -Physical -STEM 5:25 - 5:30 Clean Up & Dismissal

Contact Info:

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September Club & Activity Details

Message to Parents:

Welcome to the Boys and Girls Club! We are so happy to have our returning club members as well as new club members for another year of fun and learning. Every month, we will have an array of new activities lined up for the students where they will learn new skills and hobbies. Youth will also receive homework help during our Project Learn time known as PowerHour as well as academic enrichment. More information and details of each month will be given to you in our Newsletter and Calendar at the beginning of each month that will be attached to an email sent out to you by us. It is important to have your email updated so we can be sure you are all up to date with all of the information. We thank you all for giving us the opportunity to work with you and your children.

Club activities are offered on Mondays, Wednesdays, and Fridays.

Physical Club: The students will learn how to play different sports such as soccer, kickball, yoga, and gymnastics. They will also learn the benefits of exercising and how to keep our bodies healthy.

Creative Club: The students will explore their creative side by making different crafts and art. Some of the activities include: drawing, folding origami, and creating storybook art.

Outdoor Club: The students will explore their interests in the outdoors, develop new skills, and build relationships with their peers. We will have fun gardening, making bird feeders, and going on a nature scavenger hunt.

STEM Labs:

Science - Youth will have the opportunity to participate in STEM labs twice per week and engage in an extra activity on Fridays.

