

August 2024

WASHINGTON

300 N 300 E, Washington, UT 84780 | 801-372-5776



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is Understanding our Self-Concept

Get To Know



And just like that, we are back in school! Hi, I'm Erin Braithwaite, the Area Director over Beaver, Cedar, Panorama, and Washington. This is my 2nd year working with the administration staff of BGC. I'm excited to see this years' Club Members! Here at Washington we have new staff this year so I am excited to introduce you to them! Please come in and say hi, introduce yourself and see the fun and educational things we are doing in Club this year.

CONTACT INFORMATION

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PARENT RESOURCES

Parent Handbook
Membership Handbook

Project Learn

Monday-Thursday
4:40 - 5:25

There shouldn't be much homework for the first 2 weeks so we are going to have trivia contests to get everyone thinking quickly.

STEM Labs

Fridays 1:15 - 1:45 & 4:30 - 5:00

We are getting back into the swing of things with some chemical reactions as well as aerodynamics and flight. Due to shorter times after school, we are doubling up on Fridays for everyone to get a chance to learn.

Enrichment

Monday & Wednesday 4:10 - 4:40

We are offering craft & dance club for the short couple of weeks in August. This should help us warm up to each other and find ways to incorporate teamwork into our club activities.

SEL (Prevention & Behavior)

Tuesdays & Thursdays
4:10 - 4:40

This month for our Social Emotional Learning we will be introducing our Positive Action curriculum and talking about how positive actions can lead to positive emotions.

Happy
Birthday



UPCOMING EVENTS

Monday, August 19 - 1st Day of Club!

CLUB CLOSED

Friday, August 23
Monday, August 26



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Washington After School Program 2024-2025



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	31	1	2
	5	6	7	8	9
	12	13	14	15	16
Introduction to Positive Action	19 Rules and Expectations Group Games Group Discussion/Club Ideas	20 Getting to Know You Activities Project Learn SEL (P) Grade 5 Manual: Lesson 1 "Beginning a Space-Age Journey...to You!" Grade 2 Manual: Lesson 1 "Self-Concept: Its Definition, Formation, and Importance" Group Games	21 Getting to Know You Activities Project Learn Craft or Dance Club Group Game	22 Getting to Know You Activities Project Learn SEL (B) Grade 5 Manual: Lesson 2 "What to Do and What Not to Do" Grade 2 Manual: Lesson 2 "Self-Concept: Its Definition, Formation, and Importance" Group Game	23 Club Closed
Understanding our Self-Concept	26 Club Closed	27 Project Learn SEL (P) Grade 5 Manual: Lesson 3 "Feeling Good About Who You Are" Grade 2 Manual: Lesson 5 "Self-Concept: Its Definition, Formation, and Importance" Group Games	28 Project Learn STEM Club Craft or Dance Club Group Games	29 Project Learn SEL (B) Grade 5 Manual: Lesson 4 "What You Do Best" Grade 2 Manual: Lesson 6 "Self-Concept: Its Definition, Formation, and Importance" Group Games	30 SMART Moves Fun Friday Creative Club Physical Club STEM Club Group Game Gratitude Circle

Daily Schedule

Monday - Thursday	Friday
3:30 - 3:50 Check-in, Snack, Feelings check-in	12:00 - 12:15 Check-in, Energy Boost
3:50 - 4:10 Energy Boost	12:15 - 1:15 Smart Moves
4:10 - 4:40 SEL or Enrichment Clubs	1:15 - 1:45 STEM Club
4:40 - 5:25 Project Learn	1:45 - 2:05 Super Snack/Feelings check-in
5:25 - 5:30 Group game	2:05 - 2:30 Energy Boost
5:30 - 5:40 Pass out PM Snack/Parent Pick-up	2:35 - 3:15 Fun Friday
	3:20 - 3:50 Creative Club (computers)
	3:55 - 4:25 Physical Club (sport)
	4:30 - 5:00 STEM Club
	5:05 - 5:20 Group Game
	5:20 - 5:30 Gratitude/Pass out PM snack
	5:30 - 5:40 Parent Pick-up

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August Club & Activity Details

Message to Parents: Welcome back to everyone that is returning! And we want to extend a warm welcome to all those new to BGC as well! We have a dynamic year planned with lots of new staff that are excited to teach and interact with our club members. Thank you all so much for trusting us with your kids. We will do our best to ensure they are safe, healthy and that they have a blast while at Club this year!

Clubs: We are spending the first 2 weeks getting to know each other, which means we are going to play some games and spend a lot of time talking about club stuff. We are also going to do some STEM activities in the first couple of weeks to engage our brains into being more inquisitive and curious about the world around us. We are doing Craft Club and Dance Club, which is a great way to get everyone involved and working together. We will start formal clubs beginning in September.

Creative Club: This is our opportunity to enjoy electronics in the computer lab. We will often do coding, which is a STEM lesson that teaches them to program games on the computer.

Physical Club: This club is a time where we can vote and agree on a game or physical activity that will be fun for club members. It often leads to basketball games, kickball, four square or tag.

Smart Moves: This is a Social Emotional Learning curriculum that utilizes actions and activities to identify club members emotions and feelings, and gives them choices to express them appropriately.

Fun Friday: This is a time for club members to challenge one another in games, races, drawing contests, or to spend time engaging in their favorite crafts. Free time helps us become better at choosing what we like.

BGC Mission: The mission of the Boys & Girls Clubs of Utah/Washington County is to inspire and enable all young people to realize their full potential as productive and responsible citizens and leaders.

Our Core Promise: To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives. To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

Our Guiding Principles: Safety, Integrity/Accountability, Commitment to Excellence, Youth-Centric Approach, Respect, Compassion, Reliability/Consistency.

Our Rules: 1. Respect Club members, staff and property. 2. Keep hands, feet, and body to yourself. 3. Use appropriate language. 4. Follow directions of Club staff. 5. Have Fun!

As always, we appreciate partnering with you to provide a meaningful and fun learning experience for our club members. We look forward to getting started right away. Our first Parent Night is tentatively scheduled for October 30, 2024 for your planning purposes.

