

September 2024

# Walden Middle

4230 N University Ave, Provo, UT 84604



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is All the Feels

Happy Birthday



Ellen - Sept 15th  
Braxton - Sept 20th  
Thomas - Sept 23rd  
Marie - Sept 29th  
Dirk - Sept 29th  
Finley - Sept 30th

## UPCOMING EVENTS

N/A

## CLUB CLOSED

Mon Sept 2nd - Labor Day!



## CONTACT INFORMATION

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## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

Project Learn or "Power Hour/Homework Help" is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

## STEM Labs

We offer a variety of clubs focused on building skills in science, technology, engineering, and math (STEM). Through these clubs, students will engage in diverse STEM activities, learning essential skills that foster innovation, critical thinking, and problem-solving. These hands-on experiences not only enhance their understanding of STEM concepts but also inspire a lifelong passion for learning and discovery.

## Enrichment

Students are given the opportunity to explore and learn a diverse range of skills through various engaging activities. These activities are carefully designed to foster creativity, critical thinking, and collaboration, ensuring that each student can discover and develop their unique talents. From hands-on projects and interactive workshops to team-building exercises and individual challenges, our program offers a comprehensive approach to learning that goes beyond traditional classroom experiences. This holistic approach helps students gain confidence, enhance their problem-solving abilities, and build essential life skills that will serve them well in the future.

## Prevention & Education

Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

Every day, we will explore a variety of social and emotional topics using the SMART curriculum, fostering meaningful discussions and personal growth.



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# Walden Middle After School Program 2024-2025

# September



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Thoughts, Actions, Feelings Circle	2 <b>Labor Day No clubs!</b>	3 Project Learn Social Emotional Learning (P) - Positive Action Lesson 4: How do our thoughts... work together? <b>STEM</b> Craft Club - Upcycling Regatta	4 Project Learn Dungeons and Dragons Book Club	5 Project Learn Social Emotional Learning (B) - Positive Action Lesson 5: How Do I Flip from a negative... to a positive...? <b>STEM</b> DnD Art Club - Honk for Happiness	6 Project Learn Sports Club
The Impact our Choices Have	9 Project Learn Craft Club Strategy Games Club	10 Project Learn Social Emotional Learning (P) - Positive Action Lesson 10: Does what we do matter? <b>STEM</b> Drama Club	11 Project Learn SMART Moves - Building Your Group Norms Dungeons and Dragons	12 Project Learn Social Emotional Learning (B) - Positive Action Lesson 12: What are the consequences...? <b>STEM</b> Drama Club	13 Project Learn Sports Club Strategy Games Club
Learning Self Kindness	16 Project Learn Craft Club Strategy Games Club	17 Project Learn Social Emotional Learning (P) - Lesson 14: How Do I generate great feelings about myself? <b>STEM</b> Drama Club	18 Project Learn SMART Moves - All the Feels Dungeons and Dragons	19 Project Learn Social Emotional Learning (B) - Lesson 18: Who gets to be successful and happy? <b>STEM</b> Drama Club	20 Project Learn Sports Club Strategy Games Club
Pre-Surveys	23 Project Learn Craft Club Strategy Games Club	24 Project Learn Social Emotional Learning (P) - Pre-Survey <b>STEM</b> Drama Club	25 Project Learn SMART Moves - Emotions Head to Toe Dungeons and Dragons	26 Project Learn Social Emotional Learning (B) - Pre-Survey <b>STEM</b> Drama Club	27 Project Learn Sports Club Strategy Games Club
Taking Care of Our Bodies	30 Project Learn Craft Club Strategy Games Club	1	2	3	4

## Daily Schedule

### Monday-Thursday Programming

Transition Time 3:00 pm-3:15 pm  
**SMART Moves (Wed) 3:15pm - 4:15pm**  
 Social Emotional Learning - Positive Action (Tues + Thurs) 3:15 pm - 3:45 pm  
**STEM (Tues + Thurs) 3:45pm - 4:15pm**  
 Project Learn (Homework Help/Tutoring) 3:15pm - 4:15pm  
 After School Clubs (Drama, DND, Crafts, Sports, etc) 4:15pm - 5:30pm

### Friday Programming

Transition Time 12:45 pm - 1:00 pm  
 Project Learn 1:00pm - 2:00pm  
 After School Clubs 1:00pm - 5:30pm

## Contact Info

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## September Club & Activity Details

### Message to Parents.

Welcome back to an exhilarating new chapter at The Boys & Girls Club at Walden Middle! We're beyond excited to have you return to our afterschool program, where every day is an adventure in learning and discovery. This year, prepare for a whirlwind of fresh activities, creative projects, and enriching experiences designed to spark curiosity and foster growth. Our dedicated team is ready to guide your child through a year filled with fun, exploration, and achievement. Thank you for your ongoing support and enthusiasm—together, we'll make this year truly unforgettable!

**Project Learn/Homework Help:** Project Learn is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

**Dungeons & Dragons:** Dungeons & Dragons offers numerous educational benefits, including enhancing critical thinking, creativity, and problem-solving skills. It fosters teamwork and collaboration, improves communication and literacy, and reinforces numeracy skills. The game also helps develop social skills and empathy, builds persistence and resilience, and provides leadership and decision-making opportunities, especially for student Dungeon Masters. Overall, D&D is a powerful tool for holistic learning and personal development.

**Drama/Storytelling Club:** Joining Drama Club offers a multitude of educational benefits that extend far beyond the stage. Through the practice of acting, students enhance their public speaking and communication skills, gaining confidence and poise in front of an audience. The collaborative nature of theater fosters teamwork and social skills as students work together to create performances. The experience of rehearsals and performances also helps develop time management and organizational skills, preparing students for various challenges both academically and personally. Overall, Drama Club provides a dynamic platform for personal growth, creative expression, and essential life skills.

**Strategy Games - MTG and More!:** Do you enjoy the strategic excitement of tabletop games like Vast, Risk, or Catan but find the complex rules overwhelming? Join Games Club to immerse yourself in the world of tabletop gaming in a supportive and educational environment. Our club provides clear guidance on game mechanics and strategies, helping you develop critical thinking, strategic planning, and problem-solving skills. Whether you're a seasoned player or new to the game, Games Club offers a collaborative space to enjoy these intellectually stimulating games and enhance your understanding of game dynamics.

**Arts & Crafts:** Ready to get your creative juices flowing? Do you have ideas for fun arts and crafts that you'd like to bring to life? Come to Craft Club! In years past we've done a variety of activities including our Upcycling club and more! From making posters, creating collages, designing miniature model homes, or simply having a safe space to practice your art - we hope you'll join us for this exciting club!

**Sports:** Each week come and learn a new sport or game! We will take time to learn the rules and practice the technique to improve our ability at different sports such as basketball, ultimate frisbee, kickball, wiffle ball and more!

**Social Emotional Learning Positive Action and SMART:** Positive Action and SMART is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

