

September 2024

# Walden Elementary

4230 N University Ave, Provo, UT 84604



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is All the Feels

Happy Birthday



## UPCOMING EVENTS

### CLUB CLOSED

September 2nd - Labor Day



### CONTACT INFORMATION

**Charlotte Tidwell - Site Coordinator**

Phone: 801-372-8594

Email: [waldenelementary@bgcutah.org](mailto:waldenelementary@bgcutah.org)

### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

### Project Learn

Project Learn or "Power Hour" is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

### STEM Labs

We offer a variety of clubs focused on building skills in science, technology, engineering, and math (STEM). Through these clubs, students will engage in diverse STEM activities, learning essential skills that foster innovation, critical thinking, and problem-solving. These hands-on experiences not only enhance their understanding of STEM concepts but also inspire a lifelong passion for learning and discovery.

### Enrichment

Students are given the opportunity to explore and learn a diverse range of skills through various engaging activities. These activities are carefully designed to foster creativity, critical thinking, and collaboration, ensuring that each student can discover and develop their unique talents. From hands-on projects and interactive workshops to team-building exercises and individual challenges, our program offers a comprehensive approach to learning that goes beyond traditional classroom experiences. This holistic approach helps students gain confidence, enhance their problem-solving abilities, and build essential life skills that will serve them well in the future.

### Social Emotional Learning Prevention & Education

Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

We will explore a variety of social and emotional topics using the SMART curriculum, fostering meaningful discussions and personal growth.



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# Walden Elementary After School Program 2024-2025

# September

| Social Emotional Learning Weekly Focus    | Monday  | Tuesday  | Wednesday   | Thursday   | Friday  |
|---|---|--|---|--|---|
| <b>Discovering Who We Are</b>             | 2<br>NO CLUBS:<br>LABOR DAY HOLIDAY                   | 3<br>Animation Studio<br>Social Emotional Learning<br>- Positive Action (P): Does What We Do Matter?<br>Power Hour                         | 4<br>Storytelling and Writing<br>Dinosaur STEM<br>Power Hour  | 5<br>Sports Club<br>Fine Arts Club<br>Social Emotional Learning<br>- Positive Action (B): What Are the Consequences of Our Positive Actions?<br>Power Hour | 6<br>Young Architects<br>Meditation Activity<br>Social Emotional Learning<br>- SMART Moves<br>Power Hour  |
| <b>Thoughts, Actions, Feelings Circle</b> | 9<br>Eco Warriors<br>Math Wizards STEM<br>Power Hour  | 10<br>Animation Studio<br>Social Emotional Learning<br>- Positive Action (P): How Do I Generate Great Feelings About Myself?<br>Power Hour | 11<br>Storytelling and Writing<br>Dinosaur STEM<br>Power Hour | 12<br>Sports Club<br>Fine Arts Club<br>Social Emotional Learning<br>- Positive Action (B): Who Gets to Be Successful and Happy?<br>Power Hour              | 13<br>Young Architects<br>Meditation Activity<br>Social Emotional Learning<br>- SMART Moves<br>Power Hour |
| <b>Pre Surveys</b>                        | 16<br>Eco Warriors<br>Math Wizards STEM<br>Power Hour | 17<br>Animation Studio<br>Social Emotional Learning<br>- Positive Action (P): Pre-Survey<br>Power Hour                                     | 18<br>Storytelling and Writing<br>Dinosaur STEM<br>Power Hour | 19<br>Sports Club<br>Fine Arts Club<br>Social Emotional Learning<br>- Positive Action (B): Pre-Survey<br>Power Hour  | 20<br>Young Architects<br>Meditation Activity<br>Social Emotional Learning<br>- SMART Moves<br>Power Hour |
| <b>The Impact Our Choices Have</b>        | 23<br>Eco Warriors<br>Math Wizards STEM<br>Power Hour | 24<br>Animation Studio<br>Social Emotional Learning<br>- Positive Action (P): Am I What I Eat?<br>Power Hour                               | 25<br>Storytelling and Writing<br>Dinosaur STEM<br>Power Hour | 26<br>Sports Club<br>Fine Arts Club<br>Social Emotional Learning<br>- Positive Action (B): Why Should We Bust a Move?<br>Power Hour                        | 27<br>Young Architects<br>Meditation Activity<br>Social Emotional Learning<br>- SMART Moves<br>Power Hour |
| <b>Learning Self Kindness</b>             | 30<br>Eco Warriors<br>Math Wizards STEM<br>Power Hour | 1  | 2   | 3  | 4   |

| Daily Schedule  |  |   |
|---|--|---|
| <b>Monday/Wednesday Schedule</b> <ul style="list-style-type: none"> <li>3:15-3:35 – Snack and Circle Up</li> <li>3:35-4:00 – Recess</li> <li>4:00-4:30 – Power Hour</li> <li>4:30-5:25 – Club/STEM</li> <li>5:30 – Pick Up</li> </ul> | <b>Tuesday/Thursday Schedule</b> <ul style="list-style-type: none"> <li>3:15-3:35 – Snack and Circle Up</li> <li>3:35-4:05 – Power Hour</li> <li>4:10-4:40 – Social Emotional Learning - Positive Action</li> <li>4:45-5:25 – Enrichment Club</li> <li>5:30 - Pick Up</li> </ul> | <b>Friday Schedule</b> <ul style="list-style-type: none"> <li>1:15-1:30 - Check In and Circle Up</li> <li>1:30-2:15 - Recess</li> <li>2:15-2:30 - Snack</li> <li>2:30-3:00 - Power Hour</li> <li>3:00-4:00 - Enrichment Club</li> <li>4:00-4:30 - Meditation Club</li> <li>4:30-5:25-Social Emotional Learning - SMART</li> <li>5:30 - Pick Up</li> </ul> |

| Contact Info   |
|--|
| Site Coordinator - Charlotte Tidwell<br>Email: <a href="mailto:waldenelementary@bgcutah.org">waldenelementary@bgcutah.org</a><br>Phone: 801-372-8594 |
| Program Address: 4230 N University Ave,<br>Provo, UT 84604   |



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# September Club & Activity Details

## Message to Parents:

We're excited to welcome you and your child to The Boys & Girls Club at Walden! Our program offers a fun and supportive environment where kids can explore new interests, build friendships, and engage in enriching activities. We look forward to partnering with you to make this a wonderful experience for your child!

**Eco Warriors Club** - The Eco Warriors Club empowers kids to become environmental stewards through engaging, hands-on projects focused on sustainability and conservation. Participants work on activities like upcycling crafts, recycling challenges, and nature conservation projects to learn about and protect the environment. The club fosters a sense of responsibility and creativity as kids explore ways to make a positive impact on their surroundings.

**Animation Studio** - The Animation Studio Club is a dynamic afterschool program where kids dive into the world of animation, learning to bring their creative ideas to life. Participants start by exploring the basics of animation, including various techniques like stop-motion and digital animation. They brainstorm and sketch their ideas, create storyboards, and then use materials such as paper, clay, or digital tools to produce their animations. Through hands-on projects, kids develop storytelling, problem-solving, and technical skills.

**Storytelling and Writing** - The Storytelling and Writing Club encourages kids to explore their imaginations through creative writing and storytelling. Participants craft their own stories, create comics, and engage in fun writing exercises to develop their narrative skills. The club also provides opportunities for sharing their work with peers, fostering a love for storytelling and boosting confidence.

**Sports Club** - The Sports Club offers kids a chance to stay active and have fun by participating in a variety of sports and games. Through organized activities and friendly competition, they build teamwork, coordination, and physical fitness. The club promotes a positive, inclusive environment where kids can develop their athletic skills and enjoy the benefits of regular exercise.

**Young Architects** - Joining a fine arts club helps teens build essential skills. Through various art forms like painting and sculpture, they enhance creativity, fine motor skills, and problem-solving. The club encourages patience, collaboration, and confidence, as teens refine their talents, work on group projects, and gain feedback on their artwork.

**Fine Arts Club** - Joining a fine arts club helps teens build essential skills. Through various art forms like painting and sculpture, they enhance creativity, fine motor skills, and problem-solving. The club encourages patience, collaboration, and confidence, as teens refine their talents, work on group projects, and gain feedback on their artwork.

**Positive Action**- Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

**SMART** - A social-emotional curriculum for teens helps them build essential skills like self-awareness, emotional regulation, and strong relationships. Through interactive activities and discussions, teens learn to manage stress, navigate complex emotions, and resolve conflicts effectively. The curriculum also promotes empathy, resilience, and confidence, equipping teens with the emotional intelligence and social skills needed to thrive in both personal and academic settings.



**STEM** - STEM (Science, Technology, Engineering, and Math) programs offer teens a wide range of benefits that extend beyond the classroom. By engaging in hands-on projects, teens develop critical thinking, problem-solving, and analytical skills that are essential for tackling real-world challenges. STEM activities also encourage creativity and innovation, allowing teens to explore new ideas and experiment with solutions. Additionally, these programs expose teens to potential career paths in high-demand fields, boosting their confidence and preparing them for future opportunities. STEM education fosters curiosity, collaboration, and perseverance, empowering teens to excel in both their academic and personal lives.



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