## September 2024

# Timpanogos

[449 N 500 W, Provo, UT 84601] | [(801) 857-4361]



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Having a Positive Attitude, Practicing Positive Actions, Pre Surveys



12- Eleanor 26 - Noa



#### **CLUB CLOSED**

September 2- Happy Labor Day





#### Get To Know Joanna Smith

Joanna
Smith is our
new Site
Coordinator
at
Timpanogos
Elementary!

She is a sophomore at UVU studying Human Resource Management. She enjoys reading, hiking, spending time with her husband and puppy- and is excited to meet the new team and all of the club members at Timpanogos!

#### **CONTACT INFORMATION**

Joanna Smith Site Coordinator

Phone: (801) 857-4361

Email: timpanogos@bgcutah.org

#### PARENT RESOURCES

Parent Handbook
Membership Handbook

#### **Project Learn**

Monday - Thursday 3:50 pm - 4:35pm

Homework Help, High Yield Learning Activities (HYLA), Brain Games!

#### **STEM Labs**

Monday & Wednesday 4:50pm - 5:10pm

#### **Enrichment**

Monday & Wednesday 4:50pm - 5:10pm Fridays 4:00pm - 5:15pm

Get Moving Club & Creative Club

# Social Emotional Learning (Prevention & Behavior)

Tuesday & Thursday (Positive Action) 4:40pm – 5:10pm

> Friday (SMART Moves) 2:25pm - 3:25pm

Positive Action: Pre-Surveys, Understanding our Positive Actions, Having a positive attitude

SMART Moves: Time Travelers, Magic Carpet Ride, My Superhero Self









# Timpanogos Afterschool Program 2024-2025





Friday

Learning Weekly Focus	Monday	Tuesday	weanesday	Inursday	Friday	
Having a positive attitude	2 CLUB CLOSED	Project Learn Social Emotional Learning (P) K - 2: Self-Concept 3-6: Staying in the Positive	Circle Up Project Learn STEM Clubs	Project Learn Social Emotional Learning (B) K -2: Self Concept 3-6: Being All Right and Not Being All Right	Recess Circle Up SMART Moves Snack Clubs Recess Rotation	
Practicing Positive Actions	Gircle Up Project Learn STEM Clubs	Project Learn Social Emotional Learning (P) K - 2: Self-Concept 3-6: Giving Ourselves a Break	Circle Up Project Learn STEM Clubs	Project Learn Social Emotional Learning (B) K -2: Self-Concept 3-6: How to Be Happier	Recess Circle Up SMART Moves Snack Clubs Recess Rotation	
Pre- Surveys	Circle Up Project Learn STEM Clubs	Project Learn Social Emotional Learning (P) Pre- Surveys	Circle Up Project Learn STEM Clubs	Project Learn Social Emotional Learning (B) Pre- Surveys	Recess Circle Up SMART Moves Snack Clubs Recess Rotation	
Consequences and Choices	Circle Up Project Learn STEM Clubs	Project Learn Social Emotional Learning (P) K - 2: Self-Concept 3-6: To Choose or Not to Choose	Circle Up Project Learn STEM Clubs	Project Learn Social Emotional Learning (B) K -2: Self-Concept 3-6: Being a Good Egg	Recess Circle Up SMART Moves Snack Clubs Recess Rotation	
Physical Health Positive Actions	Circle Up Project Learn STEM Clubs	1	2	3	4	
Monday & '	Wednesday Schedule	Tuesday &	Tuesday & Thursday Schedule		Friday Daily Schedule	
3:35pm -3:40pm 3:40pm - 3:50p	om Check in, Snack, Reces m Clean up & Transition om Circle Up om Project Learn	3:35pm -3:40pm ( 3:40pm - 3:50pm (	3:05pm - 3:35pm Check in, Snack, Recess 3:35pm -3:40pm Clean up & Transition 3:40pm - 3:50pm Circle Up 3:50pm - 4:35pm Project Learn		1:30pm - 2:00pm Check in & Recess 2:00pm - 2:05pm Transition 2:05pm - 2:20pm Circle Up 2:25pm - 3:25pm Social Emotional Learning: SMART Moves	

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5:30pm Program Closes

Positive Action

Joanna Smith Site Coordinator

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Phone: (801) 857 - 4361

4:35pm - 4:40pm Transition

4:40pm - 5:10pm Social Emotional Learning:

5:10pm - 5:15pm End of day Cleanup

5:15pm - 5:30pm Backpocket games

Program Address: 449 N 500 W, Provo, UT 84601



4:35pm - 4:40pm Transition

4:40pm - 5:10pm Creative Club

5:10pm - 5:15pm End of day Cleanup

5:15pm - 5:30pm Backpocket games

4:40pm - 5:10pm STEM

5:30pm Program Closes





**SMART Moves** 

3:25pm - 3:30pm Transition

3:45pm - 4:00pm Clean up & Transition

4:00pm - 4:30pm Get Moving Club

5:15pm - 5:30pm Backpocket Games

4:30pm - 5:00pm Creative Club 5:00pm - 5:15pm End of day Clean up

3:30pm - 3:45pm Snack

5:30pm Program Closes



### Timpanogos Afterschool Program 2024-2025



## September Club & Activity Details

#### Message to Parents:

Hello Parents! Welcome to September! We have loved getting to know your students the last two weeks and first bit of program! We appreciate your patience as we get to know them and you! Please help your members remember to keep their hands to themselves and be active listeners while at club. This allows us to do lots of fun activities. This month, we will be learning more about our genetic makeup in STEM, how more of our actions impact our lives and those around us, all while still getting to create and move in clubs. Thank you for being here with us.

**Project Learn** - Project Learn or "Power Hour" is our academic time Monday - Thursday to help support what our club members are learning during the school day. Boys & Girls Club offers homework help, High Yield Learning activities, and other fun games/activities that have an academic focus that are still fun!

STEM - STEM is our twice a week rotation that is taught by our AmeriCorps member! STEM includes topics of science, technology, engineering, and math. Within this club our members will be able to learn and explore aspects of how the world works around them. Building, creating, and constructing projects out of objects in the world around them.

Social Emotional Learning- Similar to previous years, Boys & Girls Club uses two social emotional learning curriculums— SMART Moves and Positive Action. Within both curriculums, club members will learn a lot about feelings, emotions, being a good friend/peer, and ways to help others. Social Emotional is crucial to development and we make learning fun through these curriculums!

**Get Moving Club** - This month, club members will have the opportunity to learn about various sports and games within Get Moving club. Members will practice gross motor skills, teamwork, and sportsmanship. Get Moving club is separated by grade group to make sure that all members are safe, as different ages have different understandings, abilities, and motives.

**Creative Club** - In this club, members will be able to express themselves through various art mediums and crafting supplies. Members will learn new techniques and use materials that invite creativity and learning.







