

September 2024

Red Mountain

263 E 200 S Ivins, UT 84738 | (435) 656-3802



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Having a Positive Attitude and Practicing Positive Actions

Happy
Birthday



Encora

UPCOMING EVENTS

Labor Day, September 2nd

Tentative date for our parent activity:
October 30th
(Details to follow in our
October Newsletter)

CLUB CLOSED

Labor Day: Monday, September 2nd

Friday, September 6th



Get To Know



Mimi is our Program Manager at Red Mountain Boys and Girls Club. Mimi has a warm personality and loves working with the kids in our club. In her free time, she also enjoys reading, fishing with her husband, spending time with her family and dogs, eating spicy foods or chocolate, and dancing to latin music.

CONTACT INFORMATION

Natalie Fetzer
Site Coordinator
Phone: (801) 372-3555
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Tuesday & Thursday
4:40 - 5:25

We will have Power Hour to provide assistance with homework.

STEM Labs

Friday
1:15 - 1:45

This month we will learn about chemical reactions through some fun experiments like play-dough volcanoes, magic milk paintings, and homemade lava lamps.

Enrichment

Monday & Wednesday
4:10 - 4:40

This month we will have 2 options of clubs to choose from: American Sign Language (ASL) and Fun Fitness.

Social Emotional Learning (Prevention & Behavior)

Tuesdays & Thursdays
4:10 - 4:40

This month for our Social Emotional Learning we will dive further into our Positive Action curriculum and talk about positive attitude and how positive actions can lead to positive emotions.



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Utah State Board of Education





Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Having a Positive Attitude	2 CLUB CLOSED Happy Labor Day!	3 Project Learn Social Emotional Learning - Positive Action (P): L5 - "Staying in the Positive Zone" L12 - "Self-Concept: Its Definition, Formation, and Importance"	4 Project Learn ASL Club Fitness Club	5 Project Learn Social Emotional Learning - Positive Action (B): L 7 "The Difference Between Being All Right and Not Being All Right" L 13 "Self-Concept: Its Definition, Formation, and Importance"	6 CLUB CLOSED
Practicing Positive Actions	9 Project Learn ASL/Fitness Club	10 Project Learn Social Emotional Learning- Positive Action (P): Grade 5 Manual: Lesson 12 "Giving Ourselves A Break" Grade 2 Manual: Lesson 14 "Self-Concept: Its Definition, Formation, and Importance"	11 Project Learn ASL Club Fitness Club	12 Project Learn Social Emotional Learning- Positive Action (B): Grade 5 Manual: Lesson 13 "How To Be Happier" Grade 2 Manual: Lesson 15 "Self-Concept: Its Definition, Formation, and Importance"	13 SMART Moves Fun Friday Creative Club Physical Club STEM Club Group Game Gratitude Circle
Pre-Surveys	16 Project Learn ASL/Fitness Club	17 Project Learn Pre-survey	18 Project Learn ASL Club Fitness Club	19 Project Learn Pre-survey	20 SMART Moves Fun Friday Creative Club Physical Club STEM Club Group Game Gratitude Circle
Choices & Consequences	23 Project Learn ASL/Fitness Club	24 Project Learn Social Emotional Learning- Choices and Consequences (P) Grade 5 Manual: Lesson 16 "To Choose or Not to Choose" Grade 2 Manual: Lesson 16 "Self-Concept: Its Definition, Formation, and Importance"	25 Project Learn ASL Club Fitness Club	26 Project Learn Social Emotional Learning- Choices and Consequences (B): Grade 5 Manual: Lesson 17 "Being A Good Egg" Grade 2 Manual: Lesson 21 "Physical and Intellectual Positive Actions for a Healthy Self-Concept"	27 SMART Moves Fun Friday Creative Club Physical Club STEM Club Group Game Gratitude Circle
	30 Project Learn ASL Club Fitness Club	1	2	3	4

Daily Schedule

<p>Monday-Thursday 3:30 - 3:50 Check-in, Snack, Feelings check-in 3:50 - 4:10 Energy Boost 4:10 - 4:40 Social Emotional Learning or Enrichment Clubs 4:40 - 5:25 Project Learn 5:25 - 5:30 Group game 5:30 - Pass out PM Snack/Parent Pick-up</p>	<p>Friday 12:00 - 12:15 Check-in, Energy Boost 12:15 - 1:15 Smart Moves 1:15 - 1:45 STEM Club 1:45 - 2:05 Super Snack/Feelings check-in 2:05 - 2:30 Energy Boost 2:35 - 3:15 Fun Friday 3:20 - 3:50 Creative Club (computers) 3:55 - 4:25 Physical Club (sport) 4:30 - 5:00 STEM Club 5:05 - 5:20 Group Game 5:20 - 5:30 Gratitude/Pass out PM snack 5:30 - Parent Pick-up</p>
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Contact Info

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Program Address: 263 E 200 S Ivins, UT



September Club & Activity Details

Message to Parents:

We had a great time getting to know each other in August and we are looking forward to a new month filled with fun activities and learning together. We are excited to introduce two new clubs for the students to choose from for the month of September. These will be an American Sign Language (ASL) club and Fun Fitness Club! More detailed descriptions can be found below.

Thank you for your patience and support in our first few weeks. We have a great group of students and we will continue to do our best to create a safe and positive experience for them each day in Boys and Girls Club. Please reach out if you have any questions or concerns!

American Sign Language (ASL) Club: In the ASL club, students will learn some basic signs and fingerspelling while also gaining an understanding of deaf culture.

Fun Fitness Club: Our fun fitness club will teach the students about the importance of an active lifestyle through fun and interactive games to improve gross motor skills, balance, and agility.

Smart Moves: This is a Social Emotional Learning curriculum that utilizes actions and activities to identify club members emotions and feelings, and gives them choices to express them appropriately.

Fun Friday: This is a time for club members to challenge one another in games, races, drawing contests, or to spend time engaging in their favorite crafts. Free time helps us become better at choosing what we like.

BGC Mission: The mission of the Boys & Girls Clubs of Utah/Washington County is to inspire and enable all young people to realize their full potential as productive and responsible citizens and leaders.

Our Core Promise: To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives. To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

Our Guiding Principles: Safety, Integrity/Accountability, Commitment to Excellence, Youth-Centric Approach, Respect, Compassion, Reliability/Consistency.

Our Rules: 1. Respect Club members, staff and property. 2. Keep hands, feet, and body to yourself. 3. Use appropriate language. 4. Follow directions of Club staff. 5. Have Fun!

As always, we appreciate partnering with you to provide a meaningful and fun learning experience for our club members. We look forward to getting started right away. Our first Parent Night is tentatively scheduled for October 30, 2024 for your planning purposes.

