

September 2024

Paradise Canyon

1795 W 1230 N, St George UT 84770 | (435) 673-8978



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning focus this month is Positive Attitudes, Actions, Choices and Consequences.

Happy Birthday!

Brooklynn - 13th

Markley - 26th

Weston - 2nd



UPCOMING EVENTS

CLUB CLOSED

September 2, 2024
September 6, 2024



Get To Know

Ms Olivia

Ms Olivia is our new program manager here at Paradise Canyon this year! This is her second year with BGC and she loves working with the students in program. In her free time she enjoys singing, playing volleyball, and paddle boarding. She is looking forward to working with all the new students here at Paradise Canyon!



CONTACT INFORMATION

Brittney Thliveris
Site Coordinator
Phone: (801) 372-2507
Email: paradisecanyon@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday - Thursday 4:00 - 4:30

The main focus of power hour will be to help members complete homework assignments, work on HYLE activities and also have the opportunity to work with program staff on assignments given throughout the week.

STEM Labs

Monday & Wednesday

K-3 3:30 - 4:00/4-5 4:00-4:30

Our STEM program offers students a variety of opportunities to engage in lessons that educate them on the scientific method and explore their creativity.

Students will get the opportunity to participate in STEM activities various days of the week!

Enrichment

Monday - Thursday 4:40 - 5:10

Each month students will get the chance to choose between different physical and creative activities! This month we are offering a dance club and a passport club that will teach students about cultures all around the world!

Social Emotional Learning

Tuesday & Thursday

Grades K-3 3:30-4:00, Grades 4-5 4:00-4:30

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills.



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Paradise Canyon Afterschool Program 2024-2025

September



**BOYS & GIRLS CLUBS
OF SOUTHERN UTAH**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Having A Positive Attitude	2 Club is Closed	3 Project Learn Social Emotional Learning - Positive Action (P): L 5 "Staying in the Positive Zone" L 12 "Self-Concept: Its Definition, Formation, and Importance" Dance Club / Passport Club	4 Project Learn STEM Dance Club / Passport Club	5 Project Learn Social Emotional Learning (B): L 7 "The Difference Between Being All Right and Not Being All Right" L 13 "Self-Concept: Its Definition, Formation, and Importance" Dance Club / Passport Club	6 Club is Closed
Practicing Positive Actions	9 Project Learn STEM Dance Club Passport Club	10 Project Learn Social Emotional Learning (P): L 12 "Giving Ourselves A Break" L 14 "Self-Concept: Its Definition, Formation, and Importance" Dance Club / Passport Club	11 Project Learn STEM Dance Club / Passport Club	12 Project Learn Social Emotional Learning (B): L 13 "How To Be Happier" L 15 "Self-Concept: Its Definition, Formation, and Importance" Dance Club / Passport Club	13 Smart Moves Creative Club Physical Club STEM Club
Pre-Survey	16 Project Learn STEM Dance Club Passport Club	17 Project Learn Social Emotional Learning (P): Pre-survey Dance Club / Passport Club	18 Project Learn STEM Dance Club / Passport Club	19 Project Learn Social Emotional Learning (B):-Pre-survey Dance Club / Passport Club	20 Smart Moves Creative Club Physical Club STEM Club
Choices and Consequences	23 Project Learn STEM Dance Club Passport Club	24 Project Learn Social Emotional Learning (P): L 16 "To Choose or Not to Choose" L 16 "Self-Concept: Its Definition, Formation, and Importance" Dance Club / Passport Club	25 Project Learn STEM Dance Club / Passport Club	26 Project Learn Social Emotional Learning (B): L 17 "Being A Good Egg" L 21 "Physical and Intellectual Positive Actions for a Healthy Self-Concept" Dance Club / Passport Club	27 Smart Moves Creative Club Physical Club STEM Club
Physical Health, Positive Actions	30 Project Learn STEM Dance Club Passport Club	1	2	3	4

Daily Schedule

Monday-Thursday

2:35 - 2:55 Check-in, Super Snack, Feeling check in
 3:00 - 3:25 Energy Boost
 3:25 - 4:10 K-3 (Social Emotional Learning L or STEM Labs), 4-5 (Power Hour)
 4:10 - 4:40 4-5 (Social Emotional Learning or STEM Labs), K-3 (Power Hour)
 Each get 45 minutes Power Hour and 30 minutes Positive Action, alternating
 4:40 - 5:10 Enrichment Clubs
 5:15 - 5:25 Group game
 5:30 - 5:45 Snack/Check-out

Friday

1:00 - 1:15 Check-in, Feelings check in
 1:20 - 1:35 Energy Boost
 1:40 - 2:10 Smart Moves
 2:15 - 2:35 Super Snack
 2:40 - 3:15 Fun Friday
 3:20 - 3:50 Rotation 1 (Creative)
 3:55 - 4:25 Rotation 2 (Physical)
 4:30 - 5:00 Rotation 3 (STEM)
 5:05 - 5:20 Group game
 5:20 - 5:30 Gratitude/PM Snack/check-out

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September Club & Activity Details

Message to Parents:

Our mission with clubs and activities is to give your child more opportunities for learning and interactive activities with their peers. The goal is to provide an environment that gives your child the opportunity of choice and integrate into new activities each month. There will be a new set of clubs and activities each month that will be posted on the calendar. For monthly clubs, it is the goal to build on each activity weekly, giving your child the opportunity to learn new skills every week! Every day except Fridays we spend time with students doing power hour for academic support. Your child has time during clubs to work on homework that they have been given during the school day and they receive assistance from all Boys and Girls Club staff. On Mondays and Wednesdays students are able to participate in a staff led activity for the purpose of social and emotional learning. This time is allotted for students to become more educated on life skills and emotional intelligence! I appreciate all of you entrusting us members of BGC to give your child the most enriching experience here at Paradise Canyon Boys and Girls Club.

If you have any questions or concerns please feel free to reach out to me!

~ *Brittney Thliveris* ~

Washington Site Coordinator

Creative Club: This is our opportunity to explore the students' creativity and explore fun topics that might peak new interests and hobbies!

Physical Club: This club is a time where we can vote and agree on a game or physical activity that will be fun for club members. It often leads to basketball games, kickball, four square or tag.

Smart Moves: This a Social Emotional Learning curriculum that utilizes actions and activities to identify club members emotions and feelings, and gives them choices to express them appropriately.

Fun Friday: This is a time for club members to challenge one another in games, races, drawing contests, or to spend time engaging in their favorite crafts. Free time helps us become better at choosing what we like.

BGC Mission: The mission of the Boys & Girls Clubs of Utah/Washington County is to inspire and enable all young people to realize their full potential as productive and responsible citizens and leaders.

Our Core Promise: To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives. To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

Our Guiding Principles: Safety, Integrity/Accountability, Commitment to Excellence, Youth-Centric Approach, Respect, Compassion, Reliability/Consistency.

Our Rules: 1. Respect Club members, staff and property. 2. Keep hands, feet, and body to yourself. 3. Use appropriate language. 4. Follow directions of Club staff. 5. Have Fun!

