

September 2024

PANORAMA

301 N 2200 E, St George, UT 84790 | 801-372-4767



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is Positive Attitudes, Actions, Choices and Consequences.

Get To Know



Hello, my name is Yamilex and I am a St George native. My favorite color is orange and I enjoy reading and love Harry Potter. I am excited to start teaching our Club Members!

CONTACT INFORMATION

Bob Kendall, Site Coordinator
Phone: 801-372-4767
Email: panorama@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Grades 4-5 3:30-4:00
Grades K-3 4:00-4:30

We will be assisting with assigned homework. In addition we will provide math sheets, books for reading and we will often do trivia to help reinforce learning.

STEM Labs

Monday & Wednesday
K-3 3:30 - 4:00/4-5 4:00-4:30
Fridays - varies between 3:20-5:00

We are going to be making and using invisible ink, bubble painting, egg experiments, harmonica's, and genetic bracelets. It should be a really fun month exploring lots of topics!

Enrichment

Monday - Thursday 4:30 - 5:10

In September, we are offering dance, drawing, kickball and singing clubs. This will provide a variety of activities for club members and give them healthy outlets for all their stored up energy!

Social Emotional Learning (Prevention & Behavior)

Tuesday & Thursday/Grades K-3
3:30-4:00/Grades 4-5 4:00-4:30

This month we are talking about positive actions and attitudes, doing pre-surveys, and discussing choices and consequences. Social Emotional Learning's focus this year is to help club members understand their emotions and how their actions affect people around them.

Happy Birthday



August B-days: Hailie, Olivia, Adysen, Jerrum, Luciano, Scarlett, Tyson, Leah

September B-days: Kempton

UPCOMING EVENTS

September 16 - 20 we are conducting Positive Action pre-surveys to gauge how everyone learns this year. Please ask if you have questions about this.

CLUB CLOSED

September 2, 2024
September 6, 2024



www.facebook.com/bgcsouthutah



www.instagram.com/bgcsouthutah



Utah State Board of Education



Panorama Afterschool Program 2024-2025

September



**BOYS & GIRLS CLUBS
OF SOUTHERN UTAH**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Having A Positive Attitude	2 Club is Closed	3 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 5 "Staying in the Positive Zone" Grade 2 Manual: Lesson 12 "Self-Concept: Its Definition, Formation, and Importance" Kickball or Singing Club	4 Project Learn STEM Club Drawing or Dance Club	5 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 7 "The Difference Between Being All Right and Not Being All Right" Grade 2 Manual: Lesson 13 "Self-Concept: Its Definition, Formation, and Importance" Kickball or Singing Club	6 Club is Closed
Practicing Positive Actions	9 Project Learn STEM Club Drawing or Dance Club	10 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 12 "Giving Ourselves A Break" Grade 2 Manual: Lesson 14 "Self-Concept: Its Definition, Formation, and Importance" Kickball or Singing Club	11 Project Learn STEM Club Drawing or Dance Club	12 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 13 "How To Be Happier" Grade 2 Manual: Lesson 15 "Self-Concept: Its Definition, Formation, and Importance" Kickball or Singing Club	13 SMART Moves Fun Friday Creative Club Physical Club STEM Club Group Game Gratitude Club
Pre-Survey	16 Project Learn STEM Club Drawing or Dance Club	17 Project Learn Social Emotional Learning (P): Pre-survey Kickball or Singing Club	18 Project Learn STEM Club Drawing or Dance Club	19 Project Learn Social Emotional Learning (B):-Pre-survey Kickball or Singing Club	20 SMART Moves Fun Friday Creative Club Physical Club STEM Club Group Game Gratitude Club
Choices and Consequences	23 Project Learn STEM Club Drawing or Dance Club	24 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 16 "To Choose or Not to Choose" Grade 2 Manual: Lesson 16 "Self-Concept: Its Definition, Formation, and Importance" Kickball or Singing Club	25 Project Learn STEM Club Drawing or Dance Club	26 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 17 "Being A Good Egg" Grade 2 Manual: Lesson 21 "Physical and Intellectual Positive Actions for a Healthy Self-Concept" Kickball or Singing Club	27 SMART Moves Fun Friday Creative Club Physical Club STEM Club Group Game Gratitude Club
Physical Health, Positive Actions	30 Project Learn STEM Club Drawing or Dance Club	1	2	3	4

Daily Schedule

Monday-Thursday	Friday
2:35 - 2:55 Check-in, Super Snack, Feeling check in	1:00 - 1:15 Check-in, Feelings check in
3:00 - 3:25 Energy Boost	1:20 - 1:35 Energy Boost
3:30 - 4:00 K-3 (Social Emotional Learning - Positive Action) or STEM Labs), 4-5 (Power Hour)	1:40 - 2:10 Social Emotional Learning -Smart Moves
4:00 - 4:30 4-5 (Social Emotional Learning - Positive Action) or STEM Labs), K-3 (Power Hour)	2:15 - 2:35 Super Snack
4:30 - 5:10 Enrichment Clubs	2:40 - 3:15 Fun Friday
5:15 - 5:25 Group game	3:20 - 3:50 Rotation 1 (Creative) (4-5, K-1, 2-3)
5:30 - 5:45 Snack/Check-out	3:55 - 4:25 Rotation 2 (Physical) (2-3, 4-5, K-1)
	4:30 - 5:00 Rotation 3 (STEM) (K-1, 2-3, 4-5)
	5:05 - 5:20 Group game
	5:20 - 5:30 Gratitude/PM Snack/check-out

Contact Info

Bob Kendall, *Site Coordinator*
Email: panorama@bgcutah.org
Phone: 801-372-4767

Program Address: 301 N 2200 E, St George, UT 84790



www.facebook.com/bgcsouthutah



www.instagram.com/bgcsouthutah



Utah State Board of Education



September Club & Activity Details

Message to Parents: As we roll into September, we will be doing more hands-on projects to help club members improve their dexterity, spark their creativity, and bring out the curiosity that helps us all learn. We are also going to take advantage of the great weather here in our beautiful city and get outside to play some group games. It should be a great month of learning and growing.

Kickball club: Club Members will be able to expend some of the pent up energy they have from being in class all day by learning about kickball. We will go over all the rules and ways of play and spend some time actually playing the game. This has proven to be a very popular club at Panorama so you can expect to see this a couple times this year. This instills teamwork, competitiveness, agility, focus, quick-snap reflexes, and brings the understanding that being active is fun.

Singing Club: We will be teaching Club Members about different types of singing and how to do it. We will cover the basics of warming up and some techniques to help with finding pitch. We are also going to jump in and sing using the main club's karaoke machine! This should be a fun club to help members find their courage to perform in front of others. This club will build confidence, discipline, active listening, communication and creativity.

Drawing Club: We will be drawing illustrations from an instruction book. Club members will be able to pick their object that they want to draw, and spend time on the details. After a couple weeks of utilizing the instruction book, we will move to another object, drawing free-hand to see how our skills have improved. Drawing instills confidence, creativity, concentration, while assisting with improved communication, increased emotional intelligence as well as improving fine motor skills.

Dance Club: This is a throw-back from last year and the Club Members loved it! We will use "Just Dance" as a tool to teach various different kinds of dance. We will also be asking for volunteers to demonstrate what they learn! And of course, we are going to have a ton of fun doing it! Dancing helps improve teamwork, discipline, creativity, coordination, posture, spatial awareness, confidence and is a great form of physical activity.

STEM Club: Chemical reactions (ie: making snowflakes, invisible ink, possibly "slime") We love to get our hands dirty and do everything we can to experiment with messy stuff at the club. This enables club members to be deeply involved in the creation and exploration of our experiments. The skills they learn from being curious and inquisitive will be carried into their adult lives, which will enable them to learn effective ways to think and come to clear and concise conclusions.

Social Emotional Learning (Positive Action) - curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week.



Project Learn: This is dedicated time to cover school related topics, homework or read. Even if the kids don't have homework, we take this opportunity to strengthen their reading skills by reading to their buddy or to a staff member. Panorama Elementary has a reading competition that they run for the year and we work with teachers to ensure we are recording reading times for each student and turning it in to be recorded. We often work with the teachers to make sure that we are meeting the needs of students as a class and as individuals.

Fun Friday: This provides structured, free time with Club Members where they can choose what station they want to be at. We generally have a game table, a play-doh and slime station, craft table, painting or water-colors table, and sometimes we break out the cornhole and make an obstacle course for the adventurous ones! It's a good time to have "down-time" while still exercising their skills in working together, challenging themselves, as well as building sportsmanship and camaraderie with their peers.

Creative, Physical, STEM Clubs: These are our rotations where we split Club Members up into smaller groups so that they can experience doing some of our fun activities. Creative Club usually goes to the computer lab to play school-approved games which they love. Physical Club is where we go do something outside! If the weather permits we can go on nature walks, play basketball or treasure hunt. STEM Clubs on Fridays are generally the most fun because that's where we make a lot of the messy stuff! Our staff spends a little time each week visualizing what it was like to be between the ages of 6-12 and try to remember our curiosities and what we wanted to learn about, then we do it! And of course we solicit our Club Members about what interests them almost constantly to ensure we are meeting their curiosity needs as well.



www.facebook.com/bgcsouthutah



www.instagram.com/bgcsouthutah



Utah State Board of Education

