

September 2024

Orem Jr High

765 N 600 W Orem, Utah 84057 | (801) 592-6312



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is

Happy Birthday



Happy Birthday to all our September birthday Members!

UPCOMING EVENTS

No Upcoming Events

CLUB CLOSED

September 2 - Labor Day



Do you know.... Boys and Girls Clubs History?

1860, The Good Will Club in Hartford, CT (Mary and Alice Goodwin and Elizabeth Hammersley)

1906, The Federated Boys Clubs-affiliates

1931, Boys Clubs of America

1956, 50th Anniversary and received a U.S. Congressional Charter

1972, Boys Club of Utah County found its beginnings

1987, BGC Utah County closed its doors

1990, Boys & Girls Clubs of America, Congress amended and reviewed the charter

1997, Boys and Girls Clubs of Utah County Reopened with a \$30,000 Grant and a grand opening with 3 boys!

2022, 17 Clubs, 6 Summer Programs, and growing to 33 Clubs in the fall

2023-24 Expanded to Heber Valley, Beaver, Milford, Minersville, Cedar City (Enoch), St. George

CONTACT INFORMATION

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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

PowerHour

Daily

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities through clubs designed to gain career ready skills, gain financial literacy, and much more.

PowerHour or our homework help time will help youth complete assignments and our HYLEA activities will help youth stay on top of their learning.

Social Emotional Learning (Prevention & Behavior)

Monday - Thursday

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All social emotional learning skills are taught through daily lessons and then integrated throughout the rest of programming.

Clubs

The Gathering Boys and Girls Club

The Arts & Design Club

Cosmetology Club

Sports Club

Music Club

Pixelation Club



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Orem Jr High Afterschool Program 2024-2025

September



BOYS & GIRLS CLUBS
OF UTAH COUNTY

| Social Emotional Learning Weekly Focus | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|---|
| Having a Positive Attitude | 2 LABOR DAY NO CLUBS | 3 CLUBS: • Homework & Literacy • Magic the Gathering • Art/Design | 4 Social Emotional Learning: SMART Moves CLUBS: • Homework & Literacy • Pixelation Club | 5 CLUBS: • Homework & Literacy • Art/Design • Cosmetology Club | 6 Social Emotional Learning: Positive Action (B) CLUBS: • Homework & Literacy • Art/Design • Music Club |
| Practicing Positive Actions | 9 Social Emotional Learning: Positive Action (P) CLUBS: • Homework & Literacy • Sports Club HYLA activities | 10 CLUBS: • Homework & Literacy • Magic the Gathering • Art/Design HYLA activities | 11 Social Emotional Learning: SMART Moves CLUBS: • Homework & Literacy • Pixelation Club HYLA activities | 12 CLUBS: • Homework & Literacy • Art/Design • Cosmetology Club HYLA activities | 13 Social Emotional Learning: Positive Action (B) CLUBS: • Homework & Literacy • Art/Design • Music Club HYLA activities |
| Expressing Our Feelings | 16 Social Emotional Learning: Positive Action (P) CLUBS: • Homework & Literacy • Sports Club HYLA activities | 17 CLUBS: • Homework & Literacy • Magic the Gathering • Art/Design HYLA activities | 18 Social Emotional Learning: SMART Moves CLUBS: • Homework & Literacy • Pixelation Club HYLA activities | 19 CLUBS: • Homework & Literacy • Art/Design • Cosmetology Club HYLA activities | 20 Social Emotional Learning: Positive Action (B) CLUBS: • Homework & Literacy • Art/Design • Music Club |
| Choices & Consequences | 23 Social Emotional Learning: Positive Action (P) CLUBS: • Homework & Literacy • Sports Club HYLA activities | 24 CLUBS: • Homework & Literacy • Magic the Gathering • Art/Design HYLA activities | 25 Social Emotional Learning: SMART Moves CLUBS: • Homework & Literacy • Pixelation Club HYLA activities | 26 CLUBS: • Homework & Literacy • Art/Design • Cosmetology Club HYLA activities | 27 Social Emotional Learning: Positive Action (B) CLUBS: • Homework & Literacy • Art/Design • Music Club HYLA activities |
| Choices & Consequences | 30 Social Emotional Learning: Positive Action (P) CLUBS: • Homework & Literacy • Sports Club HYLA activities | 1 | 2 | 3 | 4 |

Daily Schedule

Monday, Tuesday, Thursday, Friday

2:45 - 3:10 Check in & Snack;
Social Emotional Learning Positive Action (M), SMART Moves (TH)
3:15 - 4:15 Project Learn Clubs
4:30 Late bus dismissal; snack
4:30 - 5:30 HYLAs & Literacy
5:30 Dismissal; snack

Wednesday

1:45 - 2:10 Check in & Snack; Social Emotional Learning: Positive Action
2:15 - 3:15 Project Learn Clubs
3:00 Late bus dismissal; snack
3:20 - 4:20 Project Learn Clubs
4:25 - 5:30 HYLAs & Literacy
5:30 Dismissal; snack

Contact Info

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UTAH DEPARTMENT OF
WORKFORCE
SERVICES
CHILD CARE



September Club & Activity Details

Message to Parents:

Welcome to September! The Boys and Girls Clubs at Orem Jr High are excited to have everyone at Club! By way of reminder all youth must be registered and accepted into the club to attend, this is completed annually. Attendance last year does not guarantee attendance this year. A change this year is that snacks are served only to youth enrolled in BGC. Again, we encourage you to register your child into the Club and await for an acceptance email; once received they can attend.

Moving into September we have several club options open to club members. Please see below for club descriptions. Club members will sign up for their club during snack and are encouraged to attend the club for the entire month. This allows members a chance to really learn and gain experience with the club topic each month.

Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program – an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

SMART Moves - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

Project Learn Clubs:

Please see the September club offerings below.

Homework Help: A daily academic enrichment and support time where youth are provided help with homework assignments, engage in skill building HYLEA activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

Sports Club: Offered on Monday's club members take part in a variety of sports to get moving, learn skills, and develop sportsmanship.

Welcome to the Magic: Offered on Tuesday's, "The Gathering Boys and Girls Club", where young minds can explore strategy, creativity, and community in an exciting and supportive environment! Here, kids will have the opportunity to build their own Magic decks from a vast selection of donated cards, learning valuable skills like critical thinking, problem-solving, and good sportsmanship along the way. Best of all, they'll get to take their custom decks home, empowering them to continue their magical journey outside of the club. It's more than just a game—it's a place to grow, make friends, and be part of something truly special.

Pixelation Club: Let's get pixelated! This fun club engages creativity as members use their knowledge of color and shape to create original pixelated designs, scenes, and images. Offered on Wednesday's each week in September.

Cosmetology Club: Offered on Thursday's, this month the club members will have an opportunity to learn about the world of being a nail technician. They will have the opportunity to learn and practice nail care, creative design, and gain valuable skills towards a future career.



Art & Design: Offered Tuesday, Thursday, Friday, “The Arts & Design Club” (led by Ms. Lamb and Ms. Barney) is designed around hands-on art activities, crafts, and small lessons to help your creativity flourish. There will be activities surrounding different mediums and art forms such as clay and pottery, paper crafts, cyanotypes and pinhole cameras, jewelry making, textiles, and painting. Come join us to learn about different amazing artists, stretch your creative muscles, and learn hands-on crafts!

Music Club: Offered on Friday’s, club members will listen to, create, and express music in a variety of forms.



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